

TEENS, PRIVACY, AND HEALTH

In Texas, you have the right to...

1 Be treated with respect, regardless of your race, religion, sex, age, sexual orientation, gender, abilities, and immigration, financial, health, or parental status.

2 Talk to your health-care provider alone, without your parent or guardian in the room. We may encourage you to share what you talk about with a legal guardian or a trusted adult.

3 Have your health information kept private, except when your parent or guardian has a legal right to access it or the law requires it to be shared, including if:

You tell us or we suspect that an adult is hurting or abusing you.

- You tell us that you want to hurt yourself or someone else.
- The law requires us to report certain sexual situations involving minors.
- The provider believes sharing information is necessary for your health or safety.
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4 Access the following services without the permission of a parent or legal guardian, in certain situations:

- Pregnancy testing and prenatal care (not including abortion)
- Birth control information and non-prescription contraceptives
- Testing and treatment for sexually transmitted infections (STIs)
- Counseling and treatment related to suicide prevention of substance use
- If you are 16 or older, inpatient or outpatient mental health counseling

If you use Medicaid or go to a Title X clinic, you can get contraception without a parent or guardian's permission. Title X clinics also offer extra confidentiality protections.

5 Have your options for care explained to you

Review your health center records

If you have questions about your rights or feel you have been mistreated, please inform the health center staff.

