

2026 CONFERENCE ON ADOLESCENT HEALTH

IN-PERSON AGENDA

Friday, November 6

8–8:30 a.m.	Registration & Breakfast
8:30–10 a.m.	Workshops 90 minutes Medical Improv: A Skills Lab for Connecting with AYA Patients <i>Primary Care</i> Nikki Greet, MPA (she/her) <i>Senior Project Manager, University of Michigan Health, Michigan Medicine</i> Brittany Batell, MPH, MSW, CHES (she/they) <i>Plain Language Specialist and Project Manager, University of Michigan Health, Michigan Medicine</i> Parody for Prevention: Peer-Led Theatre for Sexual and Mental Health Education <i>Sexual & Reproductive Health</i> Shira Taylor PhD (she/her) <i>Executive Director, Theatre Making Impact (TMI)</i> Saif Hussain (he/him) <i>Peer Educator, TMI</i> Aleef Khan (he/him) <i>Peer Mentor, TMI</i> Sara Ahmed, PhD candidate (she/her) <i>Peer Mentor, TMI</i> Sarah Flicker, PhD (she/her) <i>Professor, York University</i> Building Communities Through Care: Effective Mass Care Events in Schools <i>School-Based & Community Health</i> Olga Corona, she/her, RN, BSN (she/her) <i>Clinical Manager RN, Rush University Medical Center</i> Kalin Wise, RN, BSN, MPH (she/her) <i>RN Program Coordinator, Rush University Medical Center</i>

	A Primer on Identification and Intervention in Early Psychosis and Psychosis Risk <i>Mental Health</i> Mallory Klaunig, PhD (she/her) <i>Assistant Clinical Professor, Dept. of Psychiatry, University of Michigan</i> Nadia Kreuzwieser (she/her) Beyond Burnout: Strengthening the Youth Worker Workforce Through Self-Care and Sustainability <i>Youth Engagement</i> Ronda Jackson, MS, MFT <i>Research Specialist, Public Policy Research Institute</i>
10–10:15 a.m.	Break
10:15–11:30 a.m.	Opening Remarks Ali Abazeed, MPH, MPP (he/him) <i>Chief Public Health Officer and Director, Detroit Health Department</i> The State of Adolescent Health in the U.S. <i>Keynote Presentation</i> Richard Chung, MD (he/him) <i>Professor and Senior Medical Director, University of Pennsylvania and Children's Hospital of Philadelphia</i>
11:30 a.m.– 12:15 p.m.	Lunch Service
12:15–1:45 p.m.	Lightning Sessions 15 minutes + 5 minutes of Q&A for each <u>Sexual & Reproductive Health</u> Lessons From A Statewide Sexual and Reproductive Health Program Shifting Over Time Amy Confair, MPH <i>Deputy Director of Family Planning, AccessMatters</i> Integrating Adolescent Perspectives in Contraceptive Design: Creating Tools to Support Patient-Centered Counseling Johanna (Jo) Taylor, MSN, APRN-CNP (she/her) <i>Nurse Practitioner, Nationwide Children's Hospital</i>

**Innovating in Adolescent Health:
Leveraging Design Thinking for Youth-Centered Solutions**

Mona Desai (she/her)

Sr. Research Manager, Children's Hospital Los Angeles

Mia Humphreys-Pozo (she/her)

Program Manager, Children's Hospital Los Angeles

Supporting LGBTQIA2S+ Adolescents

Alex Plum, MPH, MBA, FACHE (he/him)

CEO, The Corner Health Center

Patricia Wells, MD (she/her)

Medical Director, The Corner Health Center

School-Based & Community Health

**Implementing a Comprehensive Policy and Procedure for Screening for Social
Determinants of Health in a School-Based Health Center**

Susan Buechele, DNP, APRN, CPNP-PC, IBCLC (she/her)

Director, School-Based Health Center & Clinical Assistant Professor,

Loyola University Chicago, Marcella Niehoff School of Nursing

Rachel Hogue, MSW, LCSW (she/her)

Licensed Clinical Social Worker,

Loyola University Chicago, Marcella Niehoff School of Nursing

Teaching Trauma Literacy: Results from a High School Elective Pilot

Laura Gultekin, PhD, FNP-BC, RN (she/her)

Clinical Assistant Professor, University of Michigan

Becky Brent, MA, BS (she/her)

Health Teacher, Community High School

Before the Dorms:

Rethinking Meningitis Prevention Through Youth Leadership

Alicia Stillman, MBA, MPH (she/her)

Co-Executive Director, American Society for Meningitis Prevention

Mental Health

**Empowering Youth Athletes for Mental Health & Suicide Prevention:
The MJRF Champs Model**

Andre Criswell

Director, Board Member, Miles Jeffrey Roberts Foundation

The Silent Burden of Success: Mental Health in Student-Athletes

Tichina Jones-Carter (she/her)

Clinical Mental Health Counselor, Integrative Empowerment Group

	Ch-ch-ch-ch-changes: Clinical Applications of Music Therapy in Inpatient Adolescent Psychiatry Clara Teall, MA, MT-BC, NICU-MT (she/her) <i>Music Therapist, Michigan Medicine</i> John Steffenson, MSW, MT-BC (he/him) <i>Music Therapist, Michigan Medicine</i> TMI: Theatre Making Impact on Youth Sexual and Mental Health Shira Taylor PhD (she/her) <i>Executive Director, Theatre Making Impact (TMI)</i> Saif Hussain (he/him) <i>Peer Educator, TMI</i> Aleef Khan (he/him) <i>Peer Mentor, TMI</i> Sara Ahmed, PhD candidate (she/her) <i>Peer Mentor, TMI</i> Sarah Flicker, PhD (she/her) <i>Professor, York University</i> <u>Youth Engagement</u> Research is for Everyone: A Research Skill Building and Youth Empowerment Program Sona Jani, MPH (she/her) <i>Health Education Specialist, Mount Sinai Health System</i> Not Just a Game: Addressing Youth Sports Betting Risk in Massachusetts Odessa Dwarika, MA (she/her) <i>Chief Program Officer, Massachusetts Council on Gaming and Health</i> Engagement, Education and Exposure: Advancing Adolescent Wellbeing Through Structured Life Skills and Mentorship Programs Santina Fryer, MS, MPH (she/her) <i>Founder, GENTS&GLAM Community, Family and Youth Services Incorporated</i> Youth Empowerment Solutions (YES) Program: Centering Youth in Community Violence Prevention Kate Taelman, MPH, MAT <i>Research Area Specialist, Program Manager,</i> <i>Prevention Research Collaborative at the School of Public Health</i> Briana Scott, PhD <i>Postdoctoral Fellow, Institute for Firearm Injury Prevention</i>
1:45–2:15 p.m.	Snack Break

2–2:30 p.m.	“The Wrap” Live Podcast Taping
2:15–3 p.m.	Poster Presentations “Doomscrolling:” A qualitative analysis of stressing issues for youth, how they cope, and the role of social media Maddison Holder <i>Project Manager, Public Policy Research Institute, Texas A&M University</i> Emily Naiser, PhD <i>Associate Research Scientist, Public Policy Research Institute, Texas A&M University</i> Advancements in Adolescent Harm Reduction: Universal Naloxone Distribution Erika Lutins, MD (she/her) <i>Adolescent Medicine Fellow, Children’s Hospital of Philadelphia</i> Rose Sleppy, MD (she/her) <i>Children’s Hospital of Philadelphia, Resident Physician</i> Agency, Autonomy, and Emerging Adulthood in Serious Illness Amaavi Miriyagalla (she/her) <i>Medical Student, Renaissance School of Medicine at Stony Brook University</i> Artivism: Integrating Activism and Culturally Responsive Teaching in the Arts to Support Diverse Learners, Encourage Identity Exploration and Challenge Social Inequities Shia Milburn (she/they) <i>Master in Teaching Graduate Teacher Candidate, The Evergreen State College</i> Assessment of On-Campus Emergency Contraception Access at Columbia University Krithvi Rayarapu (she/her) <i>Emergency Contraception Access Co-Lead, Planned Parenthood Generation Action at Columbia University</i> Marlee Turner (she/her) <i>Emergency Contraception Access Co-Lead, Planned Parenthood Generation Action at Columbia University</i> Assessment of U.S. Youth Perceptions on Misinformation in the Media Alyssa Tisch (she/her) <i>Undergraduate Student, University of Michigan</i> Awareness to Policy: Youth-Led Strategies Can Protect Adolescents from Harmful Supplements Sananda Sudhakar (she/her) <i>Youth Advocate, STRIPED</i>

Changes in Youth Meeting the Aerobic Physical Activity Guideline, 2016–2017 to 2022–2023

Tiffany Chen, MSPH

Epidemiologist, Centers for Disease Control and Prevention

Fuel Team:

Peer-led Health Education on Fueling for Middle and High School Students

Tammy Chang, MD, MPH, MS (she/her)

Associate Professor, Department of Family Medicine, University of Michigan

Zea Moghtader-Trumbull (she/her)

Student, Skyline High School

Human Papillomavirus Vaccination and Sexual Behavior in Urban Adolescent Females

Leah Wilson

Clinical Research Coordinator, Adolescent Health Center

Learning with One Ear: Understanding Unilateral Hearing Loss in the Classroom Through Research and Personal Experience

Anatoli Nesvizhskiy (he/him)

Student, Ann Arbor Public Schools

Lifetime Underage Substance Use Pre- and Post-COVID-19 by Sex and Ethnicity

Grant Saba, BS (he/him)

Graduate Student, Eastern Michigan University

Samia Neeley, BS (she/they)

Graduate Student, University of Michigan

Osteopathic Medical Student–Led Education Improves Adolescent E-Cigarette Health Literacy

Anushree Ravi

Medical Student, Michigan State College of Osteopathic Medicine

Andrew Saad

Medical Student, Michigan State College of Osteopathic Medicine

PATCH's Accessibility + Inclusivity Audit: Now What?!

Erica Koepsel

Director of Youth Engagement, PATCH Program

Peer-to-Peer Depression Awareness Program: A Tier-1, Evidence-Based and Responsive Peer-Led Program to Support Student Mental Health in Schools

Stephanie Salazar, MPH

Manager, Outreach & Education Programs, Eisenberg Family Depression Center

Roman Salazar

Student, Ann Arbor Public Schools

3–3:15 p.m.	Break
3:15–4:20 p.m.	Breakout Sessions 50 minutes + 10 minutes of Q&A “Just don’t tell my mom...” Legal, Ethical, and Medical Challenges of Adolescent Confidentiality <i>Primary Care</i> Terrill Bravender, MD, MPH (he/him) <i>Professor & Division Director, Department of Pediatrics, University of Michigan</i> <i>Medical Director, Adolescent Health Initiative</i> Youth Voice to Systems Change: A Community of Practice Model for Adolescent SRH <i>Sexual & Reproductive Health</i> Celeste Krell-Colum (she/her) <i>Program Manager, Affirm</i> Daniel Marrufo <i>Program Assistant, El Rio - RHAP</i> Ana Fernandez <i>Program Assistant, El Rio - RHAP</i> Two Systems, One Mission: Schools and Local Government Transforming Youth Mental Health <i>School-Based & Community Health</i> Meaghan Elliott Geren, MPS (she/her) <i>Behavioral Health Data Analyst,</i> <i>Howard County Office of the Local Children’s Board</i> Kim Eisenreich, MA (she/her) <i>Administrator, Howard County Office of the Local Children’s Board</i> Kelsey Lineberger, MS HSM (she/her) <i>Coordinator of Behavioral Health Partnerships,</i> <i>Howard County Office of the Local Children’s Board</i> Caught in the Middle: Adolescent Mental Health and Dual-System Involvement <i>Mental Health</i> Kathleen Kruse, MD, MPH (she/her) <i>Medical Director, Nyman Family Unit for Child and Adolescent Mental Health and Wellness, Michigan Medicine</i> EmpowHER in Action: Addressing the Socioemotional Needs of Adolescent Girls in Highland Park, MI <i>Youth Engagement</i> Asari Offiong, PhD, MPH <i>Assistant Professor, University of Michigan</i> Payton Harvey <i>Graduate Student, University of Michigan School of Public Health</i>
5:30–7 p.m.	Evening Reception, Awards & AMPLIFY Art Exhibition

Saturday, November 7

8–8:30 a.m.	Registration & Breakfast
8:30–10 a.m.	Understanding Youth Experiences in Health Care: An Immersive Experience Lauren Vasquez, MS, CHES (she/ella) <i>Senior Program Specialist, Adolescent Health Initiative</i> Iman Saleem, MPH (she/her) <i>Program Specialist – Youth Engagement, Adolescent Health Initiative</i> Youth Panel Discussion: When the Manosphere Enters the Exam Room Jade Burns, PhD, RN, CPNP-PC (she/her) <i>Assistant Professor, University of Michigan School of Nursing</i>
10–10:15 a.m.	Break
10:15–11:05 a.m.	Welcome Back & Opening Remarks Youth Storytelling Neutral Zone
11:05–11:15 a.m.	Break
11:15 a.m.– 12:15 p.m.	Youth Co-Led Round Table Discussions
12:15–1 p.m.	Lunch Service
1–1:50 p.m.	Lightning Sessions 15 minutes + 5 minutes of Q&A for each <u>Behavioral Health and School-Based and Community Health</u> Parent-Adolescent Connection and Partial Hospitalization Treatment Outcomes for Adolescent Eating Disorder Recovery Sophia Su (she/her) <i>Undergraduate Researcher, University of Rochester, University of Michigan</i> Assessment of U.S. Youth Perspectives on Zero-Proof Alcohol Alyssa Tisch (she/her) <i>Undergraduate Student, University of Michigan</i> <u>Sexual and Reproductive Health and Mental Health</u> How a Youth-Led Initiative is Improving Midwest Reproductive Health Access Skylar Kanine, BA (she/her) <i>Program Coordinator, ICAN!</i>

	Youth Participatory Action Research on Teen Use and Nonuse of AI Chatbots for Emotional Wellbeing Evelyn Stansfield (she/her) <i>Student, Ann Arbor Community High School</i> Samantha Magee (she/her) <i>Researcher, Teen Wellbeing & AI study, Community High School</i> Kirra Molek (she/her) <i>Researcher, Teen Wellbeing & AI study, Community High School</i> Cypress Milligan (she/they/he) <i>Researcher, Teen Wellbeing & AI study, Community High School</i> Lincoln Fox (he/they) <i>Researcher, Teen Wellbeing & AI study, Community High School</i> Zia Walker (she/her) <i>Researcher, Teen Wellbeing & AI study, Community High School</i> Sam Grand (he/him) <i>Researcher, Teen Wellbeing & AI study, Community High School</i> Ronan Laporte (he/him) <i>Researcher, Teen Wellbeing & AI study, Community High School</i>
1:50–2 p.m.	Break
2–2:50 p.m.	Workshops 50 minutes Working With Youth in the Digital Age Lily Bertin <i>Cyber Safety/Wellness and Resilience Prevention Specialist, Washtenaw Area Council for Children</i> Robin Batten, MS, HS-BCP <i>Program Director, Washtenaw Area Council for Children</i> Insights from Caregiving Youth: Supporting Adolescent Well-Being Through an Experiential YCare Approach Maddox Steed, MSIO (he/they) <i>Intern, Global Neuro YCare</i> Hyunsuh (Angela) Choi (she/her) <i>Senior, Greenhills School</i> Adam Didouchevski (he/him) <i>Research Program Coordinator, Johns Hopkins MS Center</i> Melinda Kavanaugh, PhD, LCSW (she/her) <i>Founder, Global Neuro YCare</i>
2:50–3 p.m.	Closing Remarks