



**Briana (she/her), a 15-year-old, is requesting an IUD and does not have the consent of her parent/legal guardian. The physician determines that without the IUD, probable health hazards would occur. What do you do?**

- a. Tell the patient that she must come back with a parent/legal guardian's consent.
- b. Inform the patient that you can and will perform the procedure but must call a parent/legal guardian to notify them.
- c. Explain to the patient that you can perform the procedure without parental/legal guardian consent, but if she pays with her parent/legal guardian's insurance, they may receive an

Explanation of Benefits (EOB).

**Answer: c. Explain to Briana that you can perform the procedure without parental/legal guardian consent as there is probable health hazards of not providing contraception (teenage pregnancy as patient is sexually active), but if she pays with her parent/legal guardian's insurance, they may receive an EOB.**

**Michael (they/them) is 14 and is requesting a chlamydia test. They don't want to tell their dad who's in the waiting room. Do they need consent from their father?**

- a. Yes
- b. No

**Answer: No. All minors have the right to consent to STI testing and treatment without a parent/legal guardian's consent. Florida law makes additional confidential protections for STI testing and treatment services for which this information cannot be shared with others directly or indirectly, such as sending a bill for services or an EOB to a parent or legal guardian without the minor's permission.**





*Remember, it's best practice in most cases for a provider to encourage teens to talk to their parents/guardians, even if consent is not required. Encouraging this dialogue can be an opportunity to set up successful parent/teen communication.*



**Jade (she/her) is 16 years old. Can she receive a pregnancy test AND prenatal care without informing her parent/legal guardian?**

- a. Yes
- b. No
- c. It depends on physician determination

**Answer: c. Minors may be able to consent to pregnancy testing without parent/legal guardian consent if they are married, pregnant, or a parent, or based on physician determination if probable health hazards would occur if these services were not provided. However, if she was pregnant, she could consent to**

**prenatal care as it is care related to the pregnancy.**



**Carlos (he/him) is 15 years old and needs mental health care. Which of these statements is true for him?**

- a. He can consent to counseling without his parent/legal guardian's knowledge or consent.
- b. If he needs to, he can consent to depression medication without his parent/legal guardian's consent.
- c. If he needs to, he can get inpatient treatment without his parent/legal guardian's consent.

d. Actually, he needs to get his parent/legal guardian's consent for any sort of mental health treatment.

**Answer: a. Minors 13 and older can consent on their own to outpatient mental health services as long as visits do not exceed two visits during a one-week period. Since he's 15, Carlos can consent to counseling without his parent/legal guardian's knowledge or consent but would still need a parent to consent for mental health**



**medications or inpatient mental health care. However, his mental health service provider *may* advise his parent of services provided or needed.**

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**Which of the following requires parent/legal guardian consent?**

- a. Emergency care – a “life or limb” situation
- b. Most sexual health services
- c. HPV Vaccine
- d. Prenatal care

**Answer: c. Vaccines (including HPV) are the only service on this list that requires a parent’s/legal guardian’s consent.**

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**Which of these options below do not require parental/legal guardian consent?**

- a. Obtaining an abortion for a 16-year-old
- b. ADHD medication for a 13-year-old
- c. Inpatient mental health treatment for a 13-year-old
- d. Substance use treatment for a 15-year-old

**Answer: d. Substance abuse treatment for a 15-year-old as minors of any age can consent to voluntary substance abuse treatment.**

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