



**Briana, a 15-year-old girl, is requesting an IUD and does not have the consent of her parent. What do you do?**

- a. Tell the patient that she has to come back with a parent's consent.
- b. Inform the patient that you can and will perform the procedure, but must call a parent to notify them.
- c. Explain to the patient that you can perform the procedure without parental consent, but if she pays with her parent's insurance, they may receive an Explanation of Benefits.

**Answer: (c.) Explain to Briana that you can perform the procedure without parental consent, but if she pays with her parent's insurance, they may receive an Explanation of Benefits.**

**Michael is 14 and is requesting a chlamydia test. He doesn't want to tell his dad, who's in the waiting room. Does he need consent from his father?**

- a. Yes
- b. No

**Answer: No. Minors have the right to STI testing and treatment without a parent's consent.**





Remember, it's best practice in many cases for a provider to encourage teens to talk to their parents/guardians, even if consent is not required. Encouraging this dialogue can be an opportunity to set up successful parent/teen communication.



**Jade is 16 years old. Can she receive a pregnancy test AND prenatal care without informing her parents?**

- a. Yes
- b. No

**Answer: Yes. Minors have the right to pregnancy testing and prenatal care without parent/guardian consent.**

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**Which of these options below do not require parental consent?**

- a. HPV vaccine
- b. ADHD medication for a 13 year-old
- c. Inpatient mental health treatment
- d. Depo Provera contraceptive shot

**Answer: d. Depo Provera contraceptive shot. All other options require a parent's consent.**

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**Carlos is 14 years old and needs mental health care. Which of these statements is true for him?**

- a. He can consent to counseling without his parent’s knowledge or consent
- b. If he needs to, he can consent to depression medication without his parent’s consent
- c. If he needs to, he can get inpatient treatment without his parent’s consent.
- d. Actually, he needs to get his parent’s consent for any sort of mental health treatment.



**Answer: a. He can consent to counseling without his parent’s knowledge or consent, but all other services above require parent consent.**

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**Which of the following require parent/guardian consent?**

- a. Emergency care – a “life or limb” situation
- b. Any care for emancipated minors
- c. Most sexual health services
- d. Vaccines
- e. Outpatient mental health counseling
- f. Outpatient substance use treatment

**Answer: d. Vaccines are the only service on this list that require a parent’s consent.**



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