

Health Rights for Teens

1. You will not be treated differently because of your race, skin color, place where you were born, religion, sex, age, sexual orientation, gender identity, disability, or health insurance.
2. You will be treated with respect by all health center staff.
3. If your parents are with you, we ask your parents to leave for part of your visit – this is your time to talk to us privately. We also encourage you to share with your parent/caregiver or another trusted adult in your life the information we discuss.
4. The private information you share with our health center staff will not be shared with other people without you saying it is okay (giving consent).
 - A. According to Iowa law, all teens can get the following services **without** the permission of his/her parent or legal guardian:
 - Pregnancy Testing and Prenatal Care
 - Birth Control Information and Contraceptives
 - Prevention, Testing, and Treatment of Sexually Transmitted Infections
 - Parents or Guardians **must** be notified of a **positive** HIV test
 - Prevention includes the HPV series and Hepatitis B vaccinations, and PrEP for HIV
 - Substance Use Treatment
 - B. We must share your private information (by law) when:
 - You tell our staff or we suspect that an adult is hurting you.
 - You tell our staff that you want to hurt yourself.
 - You tell our staff you want to hurt someone else.
 - You are **under** 12 years old and are sexually active.
5. We will work in partnership with you to determine the care you need. You will receive the best possible care and have your options for care explained to you.
6. You have the right to review your health center record.
7. If you have questions about your rights or feel you have been mistreated, please inform the health center staff.

*Some insurance plans may mail information about your visit to your house.
Talk to your provider if you are using your family's insurance and want confidential care.*