

## Health Rights for Teens

1. You have the right to be treated with respect regardless of race, skin color, place where you were born, religion, sex, age, sexual orientation, gender identity, gender expression, ability, immigration status, financial status, health status or parental status.
2. At this health center, you have the right to talk to your provider alone, without your parent or guardian in the room. We may encourage you to share what we talk about with a parent/legal guardian or a trusted adult.
3. You have the right for private information you share with our health center staff to remain confidential and not be shared without your permission (giving consent) except for in the cases listed below:
  - You tell us or we suspect that an adult is hurting you or someone sexually abused you.
  - You tell us that you want to hurt yourself.
  - You tell us you want to hurt someone else.
4. According to Illinois law, you have the right to the following services without the permission of a parent or legal guardian:
  - Pregnancy testing, prenatal care, and pregnancy services
  - Birth control information and contraceptives
  - Testing and treatment for sexually transmitted infections
  - Substance use treatment
  - Mental health outpatient counseling, if you are age 17 & older; for ages 12-16, up to 8 sessions.
5. You have the right to have your options for care explained to you.
6. You have the right to review your health center records.

If you have questions about your rights or feel you have been mistreated, please inform the health center staff.

*Some insurance plans may mail information about your visit to your house.  
Talk to your provider if you are using your family's insurance and want confidential care.*