MICHIGAN MEDICINE
UNIVERSITY OF MICHIGAN

Michigan Medicine - Geriatrics Center
Turner Senior Wellness Program

Local Resources for Older Adults in Washtenaw County

This resource database provides a list and description of services available in Washtenaw County to older adults and their families. It is organized by types of assistance.

If you do not see the category you are looking for, use the Find function (CTRL+F) to search for keywords.

Michigan Medicine Geriatrics Center does not endorse any of the services listed on this website. It is intended to be as comprehensive as possible. We apologize in advance for any omissions or errors. Please contact us at (734) 998-9353 to suggest changes.

Types of Assistance

(Click on link for section desired.)

- Adult Day Care / Respite Services
- Counseling / Mental Health
- Education
- Emergency Services
- Financial Assistance
- Health Services – Alzheimer's Disease/Memory Loss
- Health Services – Dental
- Health Services – Geriatric Health Assessment
- Health Services – Health Care Organizations
- Health Services – Hearing and Speech Impairment
- Health Services – Hospice & Palliative Care
- Health Services – Hospitals
- Health Services – In Home Providers
- Health Services – Low Vision and Blindness
- Health Services – Outpatient Services
- Health Services - Prescription Assistance Programs
- Home Care
- Home Maintenance
- Housing – Independent/Assisted Living/Memory Care
- Housing – Nursing Homes
- Information / Referral / Advocacy
- Insurance Assistance
- Legal Assistance
- Meals
- Physical Fitness
- Senior Centers
- Support Groups
- Transportation
- Volunteer and Employment Opportunities

Covid-19 may affect hours and services; contact agencies directly for current information.

ADULT DAY CARE / RESPITE SERVICES - rev June 2022

Many assisted living and nursing facilities offer respite care based on availability.
Be sure to inquire at the specific facility.
Many home care agencies offer respite care in the home; also check with them.

AJ Lightfoot Adult Day Care Center
Address: 503 Miller Avenue, Ann Arbor, MI 48103
Phone: (734) 213-0566
Services: Provides recreational and therapeutic day services to dependent adults 55+, including those with Alzheimer's, dementia, Parkinson's & stroke. Can accommodate wheelchairs. Cannot accommodate smokers.
Hours: Tuesdays and Thursdays 9 am - 4 pm
Fees: Call for current rates.

American House Senior Living Residence
Website: www.americanhouse.com/carpenter
Address: 3470 Carpenter Road, Ypsilanti MI 48197
Phone: (734) 961-4578
Services: Short- or long-term with care coordination and available medical services.
Hours: Call for hours.
Fees: Call for current rates.

Area Agency on Aging 1B (Livingston/Washtenaw County)
Website: aaa1b.org/caregiver-resources/adult-day-programs/
Address: 29100 Northwestern Hwy., Suite 400, Southfield MI 48034
Phone: (248) 357-2255
Toll Free: (800) 852-7795
TTY: Michigan Relay (800) 649-3777
Fax: (248) 262-9971
Services: A directory of selected adult day care programs in Washtenaw County. For additional help finding an adult day or respite care program nearby, call the toll free number.
Hours: Information and assistance: Monday - Friday 8 am - 5 pm
Fees: Call programs for current rates and discounts. Some programs have eligibility requirements.

Catholic Social Services of Washtenaw County - Volunteer Caregiver Respite (VCR)
Website: www.csswashtenaw.org/seniors/volunteer-caregiver-respite
Phone: (734) 971-9781 press 8
Services: Trained volunteers provide in-home companionship visits for homebound Washtenaw County older adults, 2-4 hours per week. Clients must be at least 60 years old. No medical attention or assistance with toileting.
Hours: Scheduled visits of 2-4 hours per week.
Fees: No fee; donations accepted.

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Chelsea Retirement Community - Respite & Short Stay Programs
Website: umrc.com/communities/chelsea-retirement-community/respite-short-stay/
Address: 805 W. Middle Street, Chelsea Michigan 48118
Phone: (734) 385-1323
Services: provide assistance with everyday tasks in Glazier Assisted Living.
Hours: Stays from 30 days minimum up to 6 months.
Fees: Call for current rates.

Dottie Crim Adult Day Education Center - EHM Senior Solutions
Website: ehmss.org/services/adult-day-program/
Address: 200 Brecon Drive and 101 Brecon Drive, Saline MI 48176
Phone: (734) 429-1155
Email: marketing@ehmss.org
Services: Housed in the Memory Support Center and Brecon Village, Adult Day Care provides secure environments with specially trained staff to offer daily recreation, social support, and individually-based activities. Overnight respite is available.
Hours: Adult Day Services Monday – Friday; Respite & Overnight Services – 7 days a week.
Fees: Call for current rates. Hourly rates available.

Hillside Terrace
Website: www.hillsideterrace.net
Address: 1939 Jackson Avenue, Ann Arbor MI 48103
Phone: (734) 761-4451
Services: Respite care available. LGBT-friendly.
Hours: Based on availability.
Fees: Call for current rates.

Jewish Family Services of Washtenaw County - Caregiver Assessment, Respite, Education & Support (CARES)
Website: jfsannarbor.org/cares/
Address: 2245 S. State Street, Ann Arbor MI 48104
Phone: (734) 769-0209
Email: info@jfsannarbor.org
Services: Respite care includes COMPANION CARE -- meal preparation, companionship, household chores, errands and/or SKILLED CARE -- bathing, dressing, dementia care, chronic condition care.
Hours: Vary. Limited to 36 hours during a 90 day period.
Fees: No fee.

Jewish Family Services of Washtenaw County - Friendly Visitor Service **Suspended Due to COVID**
Website: jfsannarbor.org/transforming-aging
Address: 2245 S. State Street, Ann Arbor MI 48104
Phone: (734) 769-0209
Email: info@jfsannarbor.org
Services: Screened volunteers, matched and trained, meet once per month (or more if agreed upon) with older adults in their homes to participate in activities ranging from playing board games, sitting and chatting, taking walks or going on short outings.
Hours: Vary.
Fees: No fee.

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Linden Square Assisted Living Center - Respite Care
Website: linden-square-assisted-living-center-saline-michigan/
Address: 650 Woodland Drive East, Saline MI 48176
Phone: (734) 429-7600
Email: lindensquarealc@heritagepmi.com
Services: Adult Day Care ranges from a few hours to overnight and includes medication assistance, structured activities, snacks and/or meals, and quiet space as needed. Short term stays are available for a week or a few months.
Hours: Provided hourly to monthly.
Fees: Call for current rates. Offers limited free Respite Ministry through area churches.

PACE (Program of All-Inclusive Care for the Elderly) - Huron Valley
Website: www.HuronValleyPACE.org
Address: 2940 Ellsworth Road, Ypsilanti MI 48197
Phone: (734) 572-5777
Toll Free: (855) 483-7223
TDD/TTY: (800) 649-3777
Services: Adult Day program and respite care for enrolled participants. Eligibility is based on medical criteria. Must be 55+ or with disabilities and live in the service area. Transportation provided.
Hours: Varies according to services provided. Office: Monday - Friday 8:30 am - 5 pm
Fees: No cost if on Medicaid / Medicare. If on Medicare only, responsible for portion of cost. Call for additional information.

St. Louis Center
Website: stlouiscenter.org
Address: 16195 Old U.S. 12, Chelsea MI 48118
Phone: (734) 475-8430
Fax: (734) 475-0310
Email: mail@stlouiscenter.org
Services: Respite care for individuals 18+ with intellectual/developmental disability & cognitive impairment. Must meet admission criteria. Typical stays are 2-7 days.
Hours: Call for availability
Fees: Call for information.

St. Joseph's Village - Ann Arbor & Ypsilanti
Website: www.trinityhealthseniorcommunities.org/st-josephs-village
Address: 5341 McAuley Drive, Ypsilanti MI 48197
Phone: (734) 712-1610
Services: Respite care based on availability. Thirty (30) day minimum for independent or assisted living. Language services available for non-English speakers.
Hours: Office 8:30 am - 4 pm
Fees: Call for current rates.

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Silver Club Memory Programs - Michigan Medicine
Website: michmed.org/silver-club-memory
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor, MI 48105
Phone: (734) 998-9352
Fax: (734) 998-9340
Email: GerMedSilverClub@umich.edu
Services: Recreational and therapeutic day care services for older adults with mild and moderate memory loss. Activities include exercise, music, gardening, art and socialization. Interview required to determine eligibility. Early stage memory loss programs also available. Memory Care Cafe for individuals with dementia and their caregivers.
Hours: Monday through Friday 10 am - 3 pm. Early stage memory loss programs meet one day a week: call for information.
Fees: Hourly rates based on ability to pay; donations accepted.

Silver Maples of Chelsea
Website: silvermaples.org/living-options/short-stay/
Address: 100 Silver Maples Drive, Chelsea MI 48118
Phone: (734) 475-4111
Email: info@silvermaples.org
Services: Short term respite stays in The Meadows assisted living residence. Includes social and recreational activities, art, musical and intellectual interests. Based on availability.
Hours: One week minimum to several months. Office: Monday - Friday 8 am - 5 pm
Fees: Call for current rates; prepayment required with refunds as appropriate.

VA - Geriatrics and Extended Care & Program of Comprehensive Assistance for Family Caregivers (PCAFC)
Website: www.patientcare.va.gov/geriatrics.asp
Address: 2215 Fuller Road, Ann Arbor MI 48105
Phone: (734) 769-7101 Caregiver Support Coordinator
Toll Free: (855) 260-3274 Caregiver Support Line
Services: Offers Adult Day Health Care (ADHC) and Home or Nursing Home Respite Care for veterans. PCAFC offers up to 30 days of respite care per year.
Hours: Monday - Friday 8 am - 4:30 pm
Fees: Varies according to income and/or military service-connected disability.

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COUNSELING / MENTAL HEALTH - rev March 2021

988 Suicide and Crisis Lifeline
Website: 988lifeline.org 988lifeline.org/help-yourself/en-espanol
Toll Free or text: 988
Chat: 988lifeline.org/chat/
Services: Trained counselors are available to assess needs and connect callers with resources, and alert local emergency crisis teams, if necessary. Offers aid in Spanish / Español and resources for maternal mental health, Black mental health, Native Americans and Alaskan Natives and for individuals who are deaf, hard or hearing or who have hearing loss. Has specialized resources for individuals with neurodiversity, veterans, suicide attempt survivors, disaster survivors, loss survivors, LGBTQ+ individuals, and youth. Operates through the National Suicide Prevention Lifeline's network of more than 200 locally operated and funded crisis centers nationwide, including those in Michigan.
Hours: 24 Hours
Fees: No fee.

Ann Arbor Center for Independent Living (CIL)
Website: www.annarborcil.org
Address: 3941 Research Park Drive, Ann Arbor MI 48108
Phone: (734) 971-0277
Fax: (734) 971-0826
Email: info@aacil.org, info@liviingstoncil.org, info@monroecil.org
Services: The Center provides short-term individual counseling, skill-building classes, and independent living coaching for people with disabilities. Serves Washtenaw, Livingston and Monroe Counties.
Hours: Monday - Friday 8 am - 5 pm
Fees: No fee; donations accepted.

Ann Arbor Center for the Family
Website: www.annarborcenter.com
Address: 2395 Oak Valley Drive Suite 100, Ann Arbor MI 48103
Phone: Service/Intake (734) 995-5181 Alternate (734) 995-9010
Fax: (734) 995-9011
Services: Psychotherapy for individuals, couples, families, and groups; divorce and other mediation; and family business consultation.
Hours: Varies according to therapist
Fees: Varies. Some insurances accepted.

Catholic Social Services of Washtenaw County - Behavioral Health Counseling Services
Website: www.csswashtenaw.org/bhs/counseling
Address: 4925 Packard Road, Ann Arbor MI 48108
Phone: (734) 926-0155 Intake
Fax: (734) 971-2730
Services: Licensed social workers and psychologists provide assessment and short-term, solution focused therapy for individuals, couples, and families. Substance abuse assessment and treatment is also available. Provides psychiatric evaluation and medication monitoring when appropriate.

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Hours: Monday - Thursday 8:30 am - 9 pm; Friday 8:30 am - 5 pm; Saturday 8:30 am - 3 pm
Fees: Most insurance policies accepted, sliding scale available

Chelsea Behavioral Health - Clocktower Commons & Chelsea Hospital Behavioral Health
Website: chelsea-behavioral-health-clocktower-commons Outpatient
chelsea-behavioral-health Inpatient
Address: 350 N. Main, Chelsea MI 48118 Outpatient
775 S. Main, Chelsea MI 48118 Inpatient
Phone: (734) 593-5251 Outpatient (734) 593-5200 Inpatient
Fax: (734) 593-5255 Outpatient (734) 593-5205 Inpatient
Services: Outpatient and inpatient programs are available. Services include individual and family counseling as well as support groups. Behavioral Health Navigators serve the Chelsea, Dexter, Manchester, Stockbridge and Grass Lake communities
Hours: Call for hours.
Fees: Most insurance policies accepted.

Dawn Farm
Website: www.dawnfarm.org
Address: 315 N. Main, 1st Floor, Ann Arbor MI 48104 - Outpatient Services
6633 Stony Creek Road, Ypsilanti MI 48197
Spera (Detox) Recovery Center, 502 W. Huron, Ann Arbor MI 48104
Phone: (734) 821-0216 AA or (734) 485-8725 Ypsi or (734) 669-8265 Detox Intake
Email: info@dawnfarm.org
Services: Addiction treatment center providing assessments, case management, detox, residential services, and out-patient group/family/individual counseling to adolescents & adults.
Hours: Call for information.
Fees: Sliding scale, Medicaid.

Elder Abuse Hotline & Resources - Michigan - Dept. of Attorney General
Website: www.michigan.gov/ag/elder_abuse or www.michigan.gov/som/elder_abuse
Toll Free: (855) 444-3911 Report Abuse (800) 242-2873 Resources
Services: Call or complete a complaint form online to report suspected elder or vulnerable adult neglect, abuse or exploitation. AG site advises on how to document the situation.
Hours: 24 Hours
Fees: No fee.

EMU Community Behavioral Health Clinic (formerly ***EMU - Psychology Clinic*****)**
Website: www.emich.edu/psychology/psychologyclinic
Address: 1075 N. Huron River Drive, Ypsilanti MI 48197
Phone: (734) 487-4987 Older Adults & Caregivers (734) 627-7620 leave name & number
Fax: (734) 487-4989
Email: psychclinic_admin@emich.edu
Services: Comprehensive cognitive and neuropsychological assessments and group and/or individual psychotherapy are provided to the Ypsilanti community and surrounding areas. Speciality programming for caregivers and for older adults 60+ who have concerns about thinking, remembering or problem-solving.
Hours: Monday - Thursday 8:30 am – 7 pm; Friday 8:30 am – 4 pm

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Fees: $5 per group session, $10 per individual session; $200 for a full psychological assessment. Fees due at time of service.

Family Crisis Center of Washtenaw
Website: www.familycrisiscenterwashtenaw.org
Address: 2385 S. Huron Pkwy. Suite 2N, Ann Arbor MI 48104
Phone: (734) 660-7059
Services: Provides professional mental health assistance as well as resources to families, individuals, and couples. Holds small group sessions and workshops. Grief/loss support meetings are every Wednesday.
Hours: Call for hours.
Fees: Vary; call for information.

Hoarding Task Force of Washtenaw County % Synod Community Services
Website: htfwashtenaw.org
Address: 615 S. Mansfield, PO Box 980465, Ypsilanti MI 48198
Phone: (734) 340-5813
Email: hoarding@htfwashtenaw.org
Services: Provides Hoarding Behavior Assessments, counseling referrals, clutter assistance volunteer program, speakers and links to support groups for individuals.
Hours: Call for information.
Fess: Medicare and most insurances; some free or donation suggested on a sliding scale. Costs for code compliance are not covered.

Home of New Vision
Website: homeofnewvision.org
Address: 3115 Professional Drive, Ann Arbor MI 48104
Phone: (734) 975-1602
Fax: (734) 975-1604
Email: admin@homeofnewvision.org
Services: Various programs for those affected by substance abuse including recovery housing, recovery support program, and early intervention. Special programs include:

- ***The Engagement Center*** *is a* 24-hour crisis intervention facility providing a supervised, supportive setting for individuals with substance use and co-occurring disorders.
- ***The Assessment and Referrals Program*** serves clients referred from courts, Friend of the Court, Child Protective Services, Secretary of State, private attorneys, and other service agencies by performing psychosocial diagnostic assessments.
- ***Washtenaw Recovery Advocacy Project*** (under *Recovery Support Services*) - Seeks to save lives and to reduce the stigma surrounding Substance Use Disorders (SUD) through activities and events.
- ***Withdrawal Management Program*** (under *Clinical Services)* provides non-medical (sub-acute or social) detoxification in a safe, home-like environment.

Hours: Monday - Friday 9 am - 5 pm
Fees: Services covered by Medicare/Medicaid and other insurances.

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Kettles VA Medical Center *(VA Ann Arbor*) **– Mental Health**
Website: www.va.gov/ann-arbor-health-care/health-services/#mental-health-care
Address: 2215 Fuller Road, Ann Arbor MI 48103
Phone: (734) 845-3471
Toll Free: (800) 361-8387 Ext. 53471 Veterans Crisis Line (800) 273-8255 press 1
Services: General mental health, PTSD, substance use disorder, neuropsychology, geropsyschiatry (persons 50+), returning veterans program Military sexual trauma, suicide prevention, and women's mental health. Offers clinical videoconferencing.
Hours: Monday - Friday 8 am 4:30 pm; Mondays and Wednesdays until 6:30 pm;
Tuesdays and Thursdays until 8:30 pm
Fees: Covered by VA health care.

LGBT National Help Center - Senior Hotline
Website: www.glbthotline.org/senior.html
Toll Free: (888) 234-7243
Online Live Chat: Yes, Peer Support
Email: help@LGBThotline.orgl
Services: Provides anonymous and safe space where callers can speak on many different issues and concerns including, but not limited to, coming out issues, gender and/or sexuality identities, relationship concerns, bullying, workplace issues, HIV/AIDS anxiety, safer sex information, suicide, and more. Offers factual information and local resources for the senior community via the GLBTnearme.org national database.
Hours: Monday - Friday 4 pm - 12 am (midnight); Saturdays 12 pm - 5 pm
Fees: No fee.

Michigan Coalition to End Domestic & Sexual Violence (MCEDSV)
Website: mcedsv.org
Phone: (517) 347-7000
Toll Free: (855) VOICES4 (855) 864-2374
Fax: (517) 347-1377
TTY: (517) 381-8470
Text: (866) 238-1454
Online Live Chat: mcedsv.org/hotline/hotline-chat/
Email: voices4.email@mcedsv.org
Services: Develop and promote efforts to end domestic and sexual violence in Michigan. Resources include information on relationship violence and sexual violence in LGBT communities.
— UMOJA, or Unity, an anti-oppression group forms social connections & provides education.
— Survivor Law Clinic provides legal representation; education, technical support and training; and expert witness referrals.
Hours: 24 Hour hotline, chat and text
Fees: No fee.

Michigan Medicine - Geriatrics Center - Social Work and Community Programs
Website: medicine.umich.edu/dept/geriatrics-center/community-programs/social-work
Address: 4260 Plymouth Road, Ann Arbor MI 48109
Phone: (734) 764-2556
Fax: Clinic (734) 647-8535

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Services: Various therapy groups available to anyone in the community, individual counseling for Turner Geriatric Clinic patients.
Hours: Monday - Friday 8 am – 5 pm
Fees: Services reimbursed by Medicare and most insurances.

Michigan Medicine Hospital - Psychiatric Emergency Services – 24 Hour Crisis Center
Website: www.medicine.umich.edu/dept/psychiatric-emergency-service
Address: Michigan Medicine Hospital, 1500 E. Medical Drive, Floor B1, Room A240, Ann Arbor MI 48109 (use Emergency Dept. entrance)
Phone: (734) 936-5900 24 Hours (734) 996-4747
Services: Psychiatric Emergency Services (PES) provides crisis phone services and emergency/ urgent walk-in evaluations resulting in treatment recommendations; crisis intervention; screening for inpatient psychiatric hospitalization; and mental health information.
Hours: 24 Hours
Fees: Charges are the same as an ER Visit. Covered by insurance plans and Medicare.

Michigan Mental Health Networker
Website: mhweb.org
Email: networker@mhweb.org
Services: Provides alphabetic listings for agencies & therapists and for therapists by city. The "Bulletin Board Announcements" cover upcoming programs, offers of services, etc.
Hours: 24 Hours
Fees: No fee.

NAMI (National Alliance of Mental Health) Washtenaw County
Website: namiwc.org
Address: 1100 N. Main Street, Ann Arbor MI 48104
Phone: (734) 994-6611
Toll Free: (800) 950-NAMI (6264) Helpline Mondays - Fridays 10 am - 6 pm ET
Text: "NAMI" to 741-741 Crisis SMS Service
Email: office@namiwc.org info@nami.org Monday - Friday 10 am - 6 pm
Services: Offers support groups and educational programs plus advocates for mental health issues.
Hours: Mondays & Thursdays 9:30 am - 2:30 pm; Tuesdays 1 - 4 pm
Fees: No fee.

National Domestic Violence Hotline
Website: www.thehotline.org
Toll Free: (800) 799-SAFE (7233)
TTY Toll Free: (800) 787-3224
Video Phone: (855) 812-1011
Online Live Chat: Yes Chat
Services: Trained advocates talk confidentially with anyone experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship. Links to services for Native Americans and the deaf or hard of hearing. Provides information on Legal Help.
Hours: 24 Hours
Fees: No fee.

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THRIVE - Jewish Family Services of Washtenaw County
Website: thrivecounselinga2.com
Address: 2245 S. State Street, Suite 1100, Ann Arbor MI 48103
Phone: (734) 436-4249
Email: hello@ThriveCounselingA2.com
Services: Counseling services for individuals, couples and families.
Hours: Call for hours.
Fees: Many insurances, including Medicare, and employee assistance programs (EAP) accepted. Sliding scale available for uninsured.

Trans Lifeline
Website: www.translifeline.org
Toll Free: (877) 565-8860 hotline
Services: A trans-led organization that connects trans people to the community, support, and resources needed to survive and thrive. Provides Spanish / Español-speaking operators.
Hours: 24 Hours
Fees: No fee.

Trinity Health St. Joseph Mercy Ann Arbor - Behavioral [Health] Services
Website: www.stjoesannarbor.org/behavioral-health
Address: SJMAA Hospital, 5301 McAuley Drive, Ann Arbor MI 48197
Huron Oaks - 5401 McAuley Drive, Ann Arbor MI 48106 (Adult Partial Hospitalization)
Greenbrook Recovery Center - 5401 McAuley Drive. PO Box 995, Ann Arbor MI 48106
Phone: (734) 712-3456
(734) 786-2300 Outpatient Behavioral Health - 2006 Hogback Road, Suite 1, Ann Arbor MI 48105
(734) 712-2762 Inpatient Psychiatric Program
(734) 712-2020 Adult Partial Hospitalization
(734) 786-4900 Outpatient Chemical Dependency @ Greenbrook Recovery Center
(734) 786-2300 Psychological Testing - 2006 Hogback Rd Suite 1, Ann Arbor MI 48105
(734) 712-5850 Transition Clinic
Fax: (734) 712-5302
(734) 712-5455 Adult Partial Hospitalization @ Huron Oaks
(734) 786-4900 Outpatient Chemical Dependency @ Greenbrook Recovery Center
Services: Cognitive evaluation; mood, memory and behavior testing; social work counseling and assistance. Support to family members who are caregivers.
Hours: Varies by program; call for hours.
Fees: Covered by Medicare and most insurances.

University of Michigan - Eisenberg Family Depression Center - Depression Toolkit
Website: depressioncenter.org/outreach-education/community-education/depression-toolkit
Services: Information, tools, support, and resources for mental health journeys.
Hours: 24 Hours
Fees: No Fee

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Veterans Crisis Line
Website: www.veteranscrisisline.net or any VA website - top right corner
Toll Free; (800) 273-8255, press 1
TTY: 711 then (800) 273-8255
Text: 838255
Online Live Chat: Yes
Services: Counseling for veterans, family members and friends.
Hours: 24 Hours
Fees: No fee.

Washtenaw County - Community Mental Health - Access/Crisis (multiple languages)
Website: www.washtenaw.org/wccmh www.washtenaw.org/2936/Crisis-Services
Address: Adult Services Clinic, 555 Towner Street, Ypsilanti MI 48197
Adult Services Annex, 110 N. Fourth Avenue, Ann Arbor MI 48107
Persons with Intellectual/Developmental Disabilities, 2140 E. Ellsworth, Ann Arbor MI 48108
Phone: 24 Hours (734) 544-3050
Toll Free: 24 Hours (800) 440-7548
Fax: Ypsi (734) 544-6732
Services: Crisis planning, stabilization and support for substance abuse and mental health; Project Outreach (PORT) Services for the Homeless - crisis management and transition to mainstream services; OBRA Services for Older Adults - Nursing Home Screening and Services. Includes Crisis Residential Services (CRS), crisis housing intended as a short-term alternative to inpatient psychiatric services for individuals experiencing an acute psychiatric crisis; and Self-Determination / Choice Voucher program. Offers mobile crisis services for Washtenaw County residents.
Hours: Monday - Friday 8:30 am – 5 pm. Closed on holidays. 24 Hour hotlines.
Fees: Some insurances and based on ability to pay.

The Women's Center of Southeastern Michigan
Website: www.womenscentersemi.org
Address: 1100 Victors Way, Suite 10, Ann Arbor MI 48108
Phone: (734) 973-6779
Fax: (734) 973-6609
Email: info@womenscentersemi.org
Services: Personal counseling, job and financial coaching, divorce support, tax assistance, and community resource information.
Hours: Monday - Friday 9 am - 5 pm; other hours by appointment.
Fees: Insurance or based on ability to pay.

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EDUCATION - rev Nov 2021

Adult Learners Institute of Chelsea MI
Website: www.adultlearnersinstitute.org
Address: PO Box 134, Chelsea MI 48118
Phone: (734) 292-5540
Email: info@adultlearnersinstitute.org
Services: ALI provides a diverse selection of quality community-based learning experiences and camaraderie for adults in western Washtenaw County. ALI is a Lifelong Learning Institute (LLI) affiliated with the LLI Resource Network at RoadScholar. Programs are conducted in cooperation with Washtenaw Community College.
Hours: Leave message for call to be returned. Registration is by mail only.
Fees: Vary by course offered; assistance program available; some are no fee.

American Association of Retired Persons (AARP) - Driver Safety Program
Website: www.aarp.org/auto/driver-safety/ (also Spanish / Español and Chinese)
Address: 309 N. Washington Square, Suite 110 Lansing MI 48933
Toll Free: (517) 267-8931 (866) 227-7448 Call Center
TTY: National (877) 434-7598 (English) or (866) 238-9488 (Spanish / Español)
Email: miaarp@aarp.org
Online Live Chat: 24 Hours
Services: Offers live virtual (Zoom) & online classes. Call for dates & times or see schedules online.

- Smart DriverTEK™ - The latest high-tech safety features in cars
- Let's Talk Ride-sharing - Uber, Lyft and more
- Car Fit - Find the right vehicle fit
- Let's Talk About Our Loved One's Driving
- Smart Driver™ - Refresh driving skills

Hours: Monday – Friday 9 am – 5 pm
Fees: Vary by course offered; some are no fee.

Elderwise
Website: www.elderwiselearning.org/
Address: 4624 Packard Road, Ann Arbor MI 48108 (Red Cross Building)
Phone: (734) 340-4691
Email: elderwiselearning@gmail.com
Services: In-depth courses and interactive learning with peer teaching, plus social activities. Programs may include the arts, music, literature, history, gardening, and travelogues and presentations on medical, financial, and legal issues.
Hours: Monday – Friday 9 am – 5 pm
Fees: Varies according to program - $30/year membership fee, which can be prorated by term, entitles member to a discount on course fees; membership is not required for class enrollment.

GetSetUp - Michigan Department of Health & Human Services
Website: www.getsetup.io/partner/michigan
Toll Free: (888) 559-1614
Email: help@getsetup.io

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Services: Live online interactive classes for mental, physical and social health. Offers videos on setting up a profile, registering and 1:1 help.
Hours: Call for hours
Fees: No fee.

Jewish Family Services of Washtenaw County
Website: www.jfsannarbor.org/
Address: 2245 S. State Street, Ann Arbor MI 48104
Phone: (734) 769-0209
Email: info@jfsannarbor.org
Services: English as a Second Language and Citizenship classes.
Hours: Daytime, call for schedule.
Fees: No fee.

MSU Extension - Washtenaw County
Website: www.canr.msu.edu/washtenaw/
Address: 705 N. Zeeb Road, PO Box 8645, Ann Arbor MI 48107
Phone: (734) 997-1678
Fax: (734) 222-3990
Email: msue.washtenaw@county.msu.edu
Services: Free educational programs: Food & health, finances, agriculture, horticulture, natural resources, master gardener training, small business and physical & mental health topics. Open to Washtenaw County residents; currently (Oct. 2022) held online.
Hours: Monday & Wednesday 8 am - 3 pm; Tuesday & Thursday 9 am - 6 pm
Fees: Varies according to program; some have no fee.

Osher Lifelong Learning Institute at the University of Michigan - Michigan Medicine
Website: www.olli-umich.org/
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 998-9351
Fax: (734) 998-9340
Email: olli.info@umich.edu
Services: Lectures, study groups, shared interest groups, mIni classes, plus travel. Ages 50+. Currently (March 2022) most events offered via Zoom.
Hours: Monday – Friday 9 am – 5 pm
Fees: $25 annual membership fee. Additional fees vary by program; scholarships available; some events are free and open to the public.

Road Scholar (formerly ***Elderhostel*****)**
Website: www.roadscholar.org
Address: 11 Avenue de Lafayette, Boston MA 02111
Toll Free: (800) 454-5768
Fax: (877) 426-2116
Email: contact@roadscholar.org
Services: Educational field trips, excursions, and a variety of activities around the world. Offers Caregiver Grants or scholarships for respite and renewal.
Hours: Monday – Friday 9 am - 6:30 pm
Fees: Varies according to program; no membership fee.

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St. Joseph Mercy Health System - Classes & Events
www.stjoeshealth.org/classes
Services: Search by categories such as Exercise and Fitness, Healthier Living, Seniors, Weight and Healthy Lifestyle and/or by location to find classes of interest. Currently (March 2022) most classes are virtual and oriented toward surgeries.
Hours: Varies
Fees: No fee or minimal fee; varies according to class.

Turner Senior Wellness Program - Michigan Medicine
Website: michmed.org/tswp
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 998-9353
Fax: (734) 998-9340
Services Provided: Community and caregiver resources, health lectures, exercise classes, computer mentoring, cooking demonstrations, Gallery 55+ (art of artists 55+). Has an online library of Healthy Living topics.
Hours: Monday – Friday 9 am – 5 pm
Fees: Varies according to the program. Scholarships available. Some are free.

University of Michigan – Center for Education of Women+
Website: www.cew.umich.edu
Address: 330 E Liberty Street, Ann Arbor MI 48104
Phone: (734) 764-6005
Email: contactcew@umich.edu
Services: Workshop and programs: career development, building your financial future, work/life balance. Job search assistance: members of the surrounding community, men and women, students, faculty, and staff from the University of Michigan.
Hours: Tuesdays 1 - 4 pm; Wednesdays, Thursdays & Fridays 8:30 am - 4 pm
Fees: Fees apply to some programs.

Washtenaw Community College – Senior Focus
Website: www.wccnet.edu/personal-enrichment/seniors
Address: 4800 E Huron River Drive, Ann Arbor MI 48105
Phone: (734) 667-5060
Services: Community Enrichment at WCC offers classes that are requested by and designed for older adults. Classes meet at convenient sites, including community and senior centers, throughout Washtenaw County and are available to county residents 65+. Click on topics or location for information. Contact information is given for each participating location.
Hours: Monday – Friday 8 am – 5 pm
Fees: Varies according to program.

Washtenaw Community College - Emeritus Scholarship Program
Website: www.wccnet.edu/financial-aid/scholarships/emeritis
Address: Student Welcome Center, Student Center Bldg., 2nd Floor
4800 E Huron River Drive, Ann Arbor MI 48105
Phone: (734) 973-3543
Fax: (734) 677-5408

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Email: info@wccnet.edu
Services: For Washtenaw County residents 65+. Covers tuition for non-credit and credit classes and some fees for credit classes. Scholarship does not apply to mandatory fees.
Hours: By phone: Monday – Thursday 8 am – 7 pm; Fridays 8 am - 5 pm; Saturdays 9 am - 1 pm Fridays 9 a.m. - 4 p.m. Hours may vary with the academic year schedule.
Fees: No fee or tuition for most classes, if space is available.

Washtenaw Literacy
Website: www.washtenawliteracy.org (available in multiple languages)
Address: 5577 Whittaker Road, Ypsilanti MI 48197
Phone: (734) 337-3338
Email: info@washtenawliteracy.org
Services: One-on-one and group tutoring for adults in various locations for basic literacy skills, educational attainment training and jobs and workforce literacy. Also offers English as a Second Language (ESL) tutoring, test preparation, computer literacy, financial literacy and more. Available to Washtenaw county adults who live, work, or volunteer in Washtenaw County. Currently (March 2022) offered virtually using various platforms.
Hours: Monday – Friday 9 am – 5 pm
Fees: No fee.

Check with local public school districts to discover inexpensive, discounted or free community education classes, events and programs

Washtenaw County schools contact information given below.

Ann Arbor Public Schools	(734) 994-2300 ext. 0	drago@a2schools.org
Chelsea District Schools	(734) 433-2208	chelseacommed@chelsea.k12.mi.us
Dexter Community Schools	(734) 424-4180	no department email
Lincoln Consolidated Schools	(734) 484-7007	no department email
Manchester Community Schools	(734) 428-9711	no department email
Milan Area Schools	(734) 439-5272	no department email
Saline Area Schools	(734) 401-4023	no department email
Whitmore Lake Public Schools	(734) 449-4461 ext. 3057	wlcrinfo@wlps.net
Ypsilanti Community Schools	(734) 221-1200	no department email

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EMERGENCY SERVICES - rev June 2021

Aid in Milan (AIM)
Website: www.aidinmilan.org
Address: 89 W. Main Street, MIlan MI 48160
Phone: (734) 439-8420
Email: info@aidinmilan.org
Services: Rent and utility crisis intervention, help with prescriptions/Rx, emergency food pantry plus personal care and house cleaning items, groceries and meals delivered for seniors, and winter clothing. Generally reserved for residents of Milan School District, with proof of residency and income. Emergency Food available during regular office hours..
Hours: Monday & Thursday - Friday 9 am - 3 pm; Tuesdays 12 pm - 5 pm; closed Wednesdays
Fees: No fee.

American Red Cross - Southeast Michigan
Website: www.redcross.org/local/michigan or www.redcross.org
Address: 7800 Outer Drive W., Suite 205, Detroit MI 48235
Blood, Platelet & Plasma Donation Center: 4624 Packard Road, Ann Arbor MI 48108
Phone: (313) 833-4440 Military family emergency (877) 272-7337
Toll Free: (800) RED-CROSS 733-2767
Services: Works to meet immediate needs after an emergency or disaster; provides shelter, food, personal and other emergency supplies, plus health and mental health services. In addition, provides emergency communication services between the military and a soldier's family. Smartphone apps available; also works with Amazon Alexa.
Hours for Blood Donations: Find A Drive by zip code
Fees: No fee.

Ann Arbor Thrift Shop
Website: www.annarborthriftshop.org
Address: 3500 Washtenaw Avenue, Suite K, Ann Arbor MI 48104
Phone: (734) 662-6771
Services: Takes referrals from social service case workers on behalf of local residents who need emergency aid for clothing, housing, utility bills, medical or dental care, car repair or transportation.
Hours: Tuesday & Thursday - Friday 10 am - 4 pm; Saturday 10 am - 1 pm
Fees: No fee.

Catholic Social Services of Washtenaw County - Food Pantry
Website: csswashtenaw.org/family-children/cssw-food-pantry/
Address: Northside Community Center**,** 815 Taylor, Ann Arbor MI 48105
Phone: (734) 662-4462
Services: In partnership with Food Gatherers, distributes groceries and personal care items to low-income families and individuals on a monthly and/or emergency basis. Referrals to other agencies for clothing and other critical services are provided as needed. Must live in Washtenaw County and meet the low-income poverty levels.
Hours: Tuesdays 2 - 5:30 pm; Thursdays 10 am - 2:30 pm;
Fees: No fee. Food donations are accepted.

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Emmanuel Lutheran Church - Food Pantry & Clothes Closet
Website: https://www.emmanuelypsi.org/calendar
Address: 201 N. River Street, Ypsilanti MI 48198 Clothes Closet - Education Hall, N. Entrance
Phone: (734) 482-7121
Email: info@EmmanuelYpsi.org
Services: A drive-thru Food Pantry is open year-round except for Thanksgiving Day and Christmas Eve**.** Clothes Closet is open for bag of free clothes once a month on Wednesdays, weather permitting**.** Curbside service will be available on days with inclement weather. No referrals necessary for food or clothing.
Hours: Food Pantry - Wednesdays & Thursdays 3 - 3:45 pm
Clothes Closet - Wednesdays 9 - 10:30 am
Fees: No fee.

Faith in Action (FIA) - Chelsea & Dexter - Food Pantry
Website: www.faithinaction1.org
Address: 603 S. Main Street, Chelsea MI 48118 7275 Joy Road, Dexter MI 48103
Phone: (734) 475-3305 Chelsea (734) 426-7002 Dexter Food Pantry
Services: Food for 3–5 days. Clothing available: no residency requirement but limited to every 2 weeks & no more than 12 times per year. Household and other supplies not purchasable with food stamps; and financial assistance for rent and utilities: must be low income and live within the Dexter and Chelsea School Districts. Medical equipment closet.
Hours: Chelsea: Mondays, Tuesdays, Thursdays 9 am - 4 pm; Wednesdays 9 am - 7 pm;
Fridays 10 am - 2 pm; Dexter Food Pantry: Wednesdays 12 - 7 pm
Fees: No fee.

Food Gatherers - Find Food
Website: www.foodgatherers.org/foodresources
Services: Provides a Food Map and ~~list~~ calendars of food and meal sites within Washtenaw County. There are also separate Food Lists for Ann Arbor, Ypsilanti, outside of AA/Ypsi & Open Now sites. Website available in English, Spanish / Español, Arabic and Chinese (Simplified).
Phone: (734) 761-2796
Email: info@foodgatherers.org
Hours: Vary by site.
Fees: No fee.

Friends in Deed
Website: www.friendsindeed.info/
Address: 1196 Ecorse Road, Ypsilanti MI 48198
Phone: (734) 484-4357 Helpline
Furniture Line: (734) 484-7607 Tuesday - Friday 9:30 am - 12:30 pm
Fax: (734) 484-5335
Email: Helpline@FriendsInDeedMI.org and Furnitureline@FriendsinDeedMi.org
Services: Provides furniture, transportation assistance and utility shut-off help. Information and referrals for housing, health and employment-related needs, childcare, clothing, prescriptions/Rx, and medical needs. Focuses on unmet needs for Washtenaw County residents, such as those that other human services agencies cannot meet.
Hours: Monday - Friday 9:30 am - 2 pm Helpline Document drop-off by appointment.
Fees: No fee.

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GracesList.org
Website: GracesList.org
Services: Lists emergency services and other social services by geographic region worldwide. The most listings for Ann Arbor are in the categories of Education, Emergency, Health, Homeless Shelters, Housing – including domestic violence and women's shelters, and Meals.
Hours: 24 Hours
Fees: No fee to access information online

House by the Side of the Road
Website: www.housebythesideoftheroad.org
Address: 2051 S. State Street, Ann Arbor MI 48104
Phone: (734) 769-4085
Email: housebyroad@gmail.com
Services: Free clothing and small household items available to people in need.
Hours: By appointment only.
Fees: No fee.

Housing Access for Washtenaw County (HAWC)
Website: www.housingaccess.net
Address: 100 Arbana Drive, Ann Arbor MI 48103
Phone: (734) 961-1999
Email: HAWC_Washtenaw@usc.salvationarmy.org
Services: Central intake or single point of entry for all emergency shelters and housing resources that are available to serve residents experiencing homelessness in Washtenaw county.
Hours: Monday - Friday 8:30 am - 5:30 pm Call Center
Fees: No fee.

Kettles VA Medical Center (*VA Ann Arbor)* **- Homeless Veterans**
Website: www.va.gov/ann-arbor-health-care/health-services/#social-programs-and-services
Address: 2215 Fuller Road, Ann Arbor MI 48105
Phone: (734) 845-5058
Toll Free: 24 Hours (877) 424-3838
Online Live Chat: Yes
Services: Combines HUD housing vouchers with VA supportive services to help Veterans who are homeless (HUD-VASH), and their families (SSVF), find and sustain permanent housing. Also provides support for community employment (HVCES), compensated work therapy (CWT), and dental and/or health care (HCHV) for homeless veterans.
Hours: Varies; call.
Fees: No fee.

Kiwanis Club of Ann Arbor - Foundation Voucher Program
Website: a2kiwanisfoundation.org/voucher-program/ and www.kiwanissale.com
Address: 100 N. Staebler at Jackson (1 mile west of Zeeb) Ann Arbor MI 48103
Phone: (734) 665-0450
Services: Social workers trained by Kiwanis may bring clients to the Thrift Sale to shop. Ann Arbor Kiwanis sells used furniture, household goods, and clothing.
Hours: Thursday 9:15 - 10:15 am; building closes at 11 am (Voucher Services by appointment with caseworkers trained by Kiwanis.)

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Fees: No fee w/voucher. Merchandise as priced.

Lions of Michigan Foundation - Emergency Disaster Relief Program
Website: www.lmsf.net/index.php/programs/emergency-disaster-relief-fund
Address: 5730 Executive Drive, Lansing MI 48911
Phone: (517) 887-6640
Fax: (517) 887-6642
Email: info@lmsf.net
Services: Provides help for people victimized by floods, forest fires, tornadoes, and other natural disasters. Funding may be provided for food, clothing, shelter and other personal needs.
Hours: Call for information.
Fees: No fee.

Manchester Community Resource Center
Website: manchestercrc.org
Address: 710 E. Main, Riverside Intermediate School, PO Box 433, Manchester MI 48158
Phone: (734) 428-7722
Email: manchestercrc@sbcglobal.net or info@manchestercrc.org
Services: Assistance includes Medicare issues, respite care referrals, emergency services and more. Older Adults can meet with a Senior Resource Advocate from Catholic Social Services. Serves the Village of Manchester and surrounding townships: Freedom, Bridgewater, Sharon and Manchester. Call for appointment.
Hours: Office & Food Pantry - Monday - Thursday 9 am - 3 pm
Fees: No fee.

Manchester Family Services, Inc.
Address: PO Box 471, Manchester MI 48158
Phone: (734) 428-7183
Services: Vouchers given any time for food, rent, and utility assistance. Location for food pick up varies each month. Must call in advance to participate in the food program and live in Freedom, Manchester, Bridgewater, or Sharon Townships. Based on need.
Hours: Food pantry available 3rd Wednesday each month 1 - 3 pm
Fees: No fee.

Michigan Department of Human Services - Adult Protective Services
Website: www.michigan.gov/mdhhs/adult-protective-services
Toll Free: (855) 444-3911
Services: Call to report adults 18+ of being abused, neglected or exploited. Caller can remain anonymous.
Hours: Call for hours
Fees: No fee.

Peace Neighborhood Center
Website: www.peaceneighborhoodcenter.org
Address: 1111 N. Maple Road, Ann Arbor MI 48103
Phone: (734) 662-3564
Email: info@peaceneighborhoodcenter.org

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Services: Provides emergency aid for food, rent and unexpected expenses plus regular food assistance. Coordinates with other agencies to provide services.
Hours: Monday - Friday 9:30 am - 5:30 pm
Food Pantry (fruits & vegetables only): Fridays, 10 am - 12 pm (September - June)
Fees: No fee.

Poison Control Center aka National Capital Poison Center
Website: www.poison.org
Toll Free: (800) 222-1222
Services: Telephone guidance for poisoning emergencies. Provides guided online help via webPOISONCONTROL.org website.
Hours: 24 Hours
Fees: No fee.

SOS Community Services - Food Pantry & Housing Crisis Center
Website: www.soscs.org
Address: Resource Center, 114 N. River Street, Ypsilanti MI 48198
Phone: Food Pantry (734) 484-9945 Housing via HAWC (734) 961-1999
Office (734) 485-8730 Resource Center & Utility Assistance (734) 484-5411
Fax: Office (734) 485-8739
Email: info@soscs.org
Services: Information and referral services, short-term crisis counseling, financial assistance (when funds available), eviction prevention, utility assistance (based on shut-off notification), bus tokens. Must be a Washtenaw County resident for some services. Housing assistance -- Rapid Re-Housing with rental assistance up to 12 months -- provided via referrals from Housing Access for Washtenaw County (HAWC). Food is available weekly. Personal care items and meats from Pantry for eligible residents by appointment.
Hours: Monday - Friday 9 am - 5 pm; Tuesdays 9 am - 6:30 pm
Resource Center: Walk-in hours are **temporarily suspended due to COVID**.
Food Pantry: Tuesdays 1 - 6:30 pm; Wednesdays 9 am - 1 pm
Fees: No fee.

SafeHouse Center
Website: www.safehousecenter.org (also Spanish / Español)
Address: 4100 Clark Road, Ann Arbor MI 48105
Phone: 24-Hour Helpline (734) 995-5444 uses Language Line for interpreters as needed
Office (734) 973-0242
Fax: (734) 973-7817
TTY: Helpline (734) 973-2227
Email: info@safehousecenter.org
Services: Provides safety, support, legal advocacy, and resources for survivors (female, male & LGBT) of sexual assault and domestic violence and their children**.** Has a 20-room, 50-bed emergency shelter, limited to a 35 day stay. Must be a survivor of an intimate partner of domestic violence to use the services. All domestic violence services are confidential.
Hours: Monday - Friday 8 am - 5 pm for counseling and legal advocacy.
Fees: No fee.

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Saline Area Social Service
Website: salinesocialservice.com
Address: 1259 Industrial Drive, Saline MI 48176
Phone: (734) 429-4570
Email: info@salinesocialservice.com
Services: Has a food pantry and provides special items such as soap, deodorant and feminine hygiene products to clients monthly. Provides temporary emergency financial aid for car repairs, clothing, energy bills, prescription/Rx co-pays, and rent to residents of Saline Area School District. Must provide ID & meet income guidelines.
Hours: Mondays 10 am - 6 pm; Tuesday - Thursday 10 am - 2:30 pm. Non-food emergency aid by appointment only.
Fees: No fee.

Salvation Army - Ann Arbor MI
Website: centralusa.salvationarmy.org/washtenaw
Address: 100 Arbana, Ann Arbor MI 48103
Phone: (734) 668-8353
Email: salarmya2@gmail.com
Services: Food, fuel, clothing, and shelter provided during an emergency. Call to make appointments; application must be picked up in person. Eligibility determined on an individual basis. Must be a Washtenaw County resident.
Hours: Monday - Friday 9 am - 4 pm
Food Pantry Tuesdays & Thursdays 9:30 - 11:30 am and 1 - 3 pm
Fees: No fee.

Shelter Association of Washtenaw County (SAWC) - Delonis Center
Website: www.annarborshelter.org
Address: 312 W. Huron Street, Ann Arbor MI 48103
Phone: Office (734) 662-2829
Fax: (734) 996-3022
Email: shelterassociation@ewashtenaw.org
Services: Provides temporary shelter and supportive services to homeless adults on a walk-in or appointment basis. Employment assistance, substance abuse evaluations, mental health assessments, meals, health care, referrals for clothing, transportation assistance, and networking to other community resources are offered to clients 18+, drug-free, and sober. Washtenaw County residents served first; all others will be on a 30-day wait list pending availability. Also offers a Medical Recuperative Care program by referral. Winter program November - March.
Hours: 24 Hours
Fees: No fee.

Staples Family Center - Salvation Army of Washtenaw County
Website:-centralusa.salvationarmy.org/washtenaw/provide-housing
Address: 336 Packard Street, Ann Arbor MI 48108
Phone: (734) 961-1999 (HAWC)
Services: A drug-free homeless shelter of 36 beds. Phone screening required.
Hours: 24 Hours
Fees: No fee.

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St. Thomas Catholic Church - St. Vincent de Paul Outreach
Website: sta2.org/church/ministries/outreach/
Address: Parish Office Bldg., 530 Elizabeth Street, Ann Arbor MI 48104
Phone: Office (734) 761-8606 Ext. 2901
Email: vdepaul530@gmail.com
Services: Provides help with rent, security deposits, utility bills, sometimes medical supplies, and information on local resources. Parishioners call the number above; other Washtenaw County residents must have social workers request assistance.
Hours: Monday - Friday 8 am - 6 pm (office, closed 12-1 pm)
Fees: No fee.

State of Michigan - Department of Health and Human Services - Assistance Programs
Website: www.michigan.gov/mdhhs/AssistancePrograms
Address: MDHHS Washtenaw County Office, 22 Center Street, Ypsilanti MI 48198
Phone: (734) 481-2000
Fax: (734) 481-8386
TTY: 711
Services: The Emergency Relief Program provides immediate help to individuals or families facing conditions of extreme hardship or for emergencies that threaten health and safety. Through direct financial assistance and contracts with a network of non-profit organizations, it helps low-income households meet emergency needs such as heat & utilities, home repairs, relocation assistance, home ownership services, and burial. Designed for low-income households which occasionally need help when unexpected emergency situations arise, not for chronic difficulties. Includes migrant and refugee assistance. Must meet eligibility requirements.
Hours: Monday - Friday 8 am - 5 pm excluding state holidays
Fees: No fee.

University of Michigan. Department of Psychiatry - Psychiatric Emergency Services
Website: www.medicine.umich.edu/dept/psychiatry/psychiatric-emergency-service
Address: Michigan Medicine Hospital, 1500 E. Medical Center Drive, Floor B1, Room A240; Ann Arbor MI 48109 (use Emergency Department entrance)
Phone: (734) 936-5900 24 Hours (734) 996-4747
Services: Offers assistance with psychological emergencies, including suicide prevention. Provides psychiatric evaluations, referrals to inpatient treatment facilities and mental health referral information. Evening phone calls are forwarded to Psychiatric Emergency Services at Michigan Medicine.
Hours: 24 Hours
Fees: Patient's insurance is billed for services. If uninsured, other billing agencies may be considered.

Veterans Haven of Hope House - Salvation Army of Washtenaw County
Website: centralusa.salvationarmy.org/washtenaw/provide-housing/
Address: 809 Henry Street, Ann Arbor MI 4810
Phone: (734) 961-1999 (HAWC)
Services: Provides 7 beds for male veterans and 4 beds for male, female or veterans with families at Staples Family Center.
Hours: 24 Hours
Fees: No fee.

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Washtenaw County - Community Mental Health - Access/Crisis (multiple languages)
Website: www.washtenaw.org/wccmh www.washtenaw.org/2936/Crisis-Services
Address: Adult Services Clinic, 555 Towner Street, Ypsilanti MI 48197
Adult Services Annex, 110 N. Fourth Avenue, Ann Arbor MI 48107
Persons with Intellectual/Developmental Disabilities, 2140 E. Ellsworth, Ann Arbor MI 48108
Phone: 24 Hours (734) 544-3050
Toll Free: 24 Hours (800) 440-7548
Fax: Ypsi (734) 544-6732
Services: Crisis planning, stabilization and support for substance abuse and mental health; **Project Outreach (PORT) Services for the Homeless** - crisis management and transition to mainstream services; **OBRA Services for Older Adults - Nursing Home Screening and Services**. Includes **Crisis Residential Services (CRS**), crisis housing intended as a short-term alternative to inpatient psychiatric services for individuals experiencing an acute psychiatric crisis; and **Self-Determination / Choice Voucher program**. Offers mobile crisis services for Washtenaw County residents.
Hours: Monday - Friday 8:30 am – 5 pm. Closed on holidays. 24 Hour hotlines.
Fees: Some insurances and based on ability to pay.

Ypsilanti Thrift Shop
Website: www.ypsithriftshop.org
Address: 14 S. Washington Street, Ypsilanti MI 48197
Phone: (734) 483-1226
Services: Provides housewares; toys & books; clothing for men, women & children; jewelry, and small appliances. Vouchers accepted from area agencies and must be signed by the Thrift Shop social worker.
Hours: Mondays & Fridays 1 - 4 pm; Tuesdays 12 - 6 pm; Wednesdays & Thursdays 10 am - 4 pm;
Saturdays 11 am - 2 pm
Fees: Cash and vouchers accepted.

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FINANCIAL ASSISTANCE - rev March 2021

In addition to entries in this section relating to financial assistance for prescription or Rx co-pays or coverage, there is a section Health Services - Prescription Assistance Programs that has more information on discount drug cards or coupons, prescription assistance organizations, coverage for the uninsured or under-insured, and drug company programs.

AARP Foundation - TaxAide
Website: www.aarp.org/money/taxes/aarp_taxaide/locations.html
Services: Provides free tax preparation in Washtenaw County via appointment for Drop-Off services. Register online or call the site. Also offers free coaching help from IRS-certified tax counselors for Preparing Taxes Online. Income restrictions for filing via OnlineTaxes.
Preparation services for 2022 were held at

- ***Chelsea Senior Center***, 512 Washington Street, Chelsea MI (734) 475-9242
- ***Housing Bureau for Seniors*** (734) 998-9341
  - 3621 S. State Street, Door #710, Ann Arbor MI
- ***Milan Senior Center*****,** 45 Neckel Court, Milan MI (734) 508-6229
- ***Saline Area Senior Center***, 7190 N Maple Road, Saline MI (734) 429-9274
- ***Ypsilanti District Library***
  - *Michigan (Downtown),* 229 W Michigan Ave, Ypsilanti MI (734) 482-4110
  - *Whittaker Road,* 5577 Whittaker Road, Ypsilanti MI (734) 482-4110

American Association of Daily Money Managers (AADMM)
Website: secure.aadmm.com
Address: 174 Crestview Drive, Bellefonte, PA 16823-8516
Phone: (814) 357-9191
Fax: (814) 355-2452
Email: info@aadmm.com
Services: Daily Money Managers deliver essential personal financial services to seniors and older adults, people with disabilities and others. Search the directory to find a money manager locally and/ or who works remotely and who specializes in seniors and older adults.
Fees: Vary with services provided.

Ann Arbor Thrift Shop
Website: www.annarborthriftshop.org
Address: 3500 Washtenaw Avenue, Suite K, Ann Arbor MI 48104
Phone: (734) 662-6771
Services: Takes referrals from social service case workers on behalf of local residents who need emergency aid for clothing, housing, utilities, medical or dental care, transportation, or other needs.
Hours: Tuesday, Thursday - Friday 10 am - 4 pm; Saturday 10 am - 1 pm
Fees: No fee.

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B&B Payee Services
Website: www.bbpayeeservices.org
Address: PO Box 980295, Ypsilanti MI 48198
Phone: (734) 480-1347
Fax: (734) 480-1327
Email: info@bbpayeeservices.org
Services: A non-profit organization provides budgeting, bill payment, reports, maintenance of benefits (federal fiduciary services), conservator services & financial management assistance.
Hours: Call for hours
Fees: Vary by service; Social Security & VA determine flat rates for clients as does the Probate Court; others pay $55/per hourly, prorated.

BenefitsCheckUp - National Council on Aging
Website: www.benefitscheckup.org (also Spanish / Español)
Services: Finds benefits programs for seniors with limited income and resources. Search by zip code for information on: medication/Rx, food and nutrition, income assistance, health care, housing and utilities, discounts, tax relief, transportation, education, employment, veterans, and other assistance such as legal aid for civil matters. From the National Council on Aging.
Hours: 24 Hours
Fees: No fee.

Consumers Energy - Payment Plans & Assistance
Website: www.consumersenergy.com/residential/programs-and-services/payment-assistance
Toll Free: (800) 477-5050
Toff Free Fax: (800) 363-4806
TTY: 711
Services: Offers programs for emergency and ongoing assistance including senior citizens.

- ***Consumers Affordable Resource for Energy (CARE) plan*** - a portion of the monthly bill is paid and past due balances are gradually forgiven for on-time payments.
- ***Shut-Off Protection Plan*** - monthly payments of estimated usage plus payments on past due balance
- ***Winter Protection Plan*** - pay partial charges during winter months

Hours: Monday - Friday 7 am - 6 pm; Saturdays 8 am - 2 pm
Fees: Varies according to service**.**

Department of Veterans Affairs - Washtenaw County
Website: washtenaw.org/959/Veterans-Affairs (multiple languages)
Address: 2155 Hogback Road, Ann Arbor MI 48108
Phone: (734) 973-4540
Fax: (734) 973-4560
Services: Help offered to apply for federal, state and local veterans' pensions and benefits including financial assistance for food, housing, medical costs, transportation and utilities. Acts as liaison with the Michigan Veterans Trust Fund, which has emergency funds for assistance with employment and burial expenses.
Hours: 8:30 am - 12 pm & 1 - 5:30 pm (Public)
Closed for Lunch 12 - 1 pm; Closed Fridays - Sundays & Holidays
Fees: No fee.

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DTE - Energy Efficiency Assistance (EEA)
Phone: (734) 544-3008 Washtenaw Co. OCED (734) 358-8100 Habitat for Humanity HV
Website: dteenergy.com/home/save-energy/residential/incentives+and+programs/limited+income
Services: Home energy visits may result in the installation of energy-efficient products. Contact these groups serving Washtenaw County:

- ***CLEARCorps Detroit*** (313) 924-4000
- ***Habitat for Humanity Huron Valley*** (734) 358-8100
- ***Matrix Human Services*** (313) 526-4000 ext. 1310
- ***Oakland Livingston Human Service Agency*** (248) 209-2761
- ***THAW*** (800) 866-THAW / (313) 226-9465
- ***Washtenaw County Office of Community and Economic Development*** (734) 544.3008

.**Hours:** Call for hours.
Fees: Varies according to service**.**

Faith in Action (FIA) – Chelsea & Dexter
Website: www.faithinaction1.org
Address: St. Joseph Mercy Chelsea, Faith in Action Bldg., 603 S. Main Street, Chelsea MI 48118
Phone: (734) 475-3305
Services: Financial help with heat, electric, water, and rent when shut-off notice or notice to quit/ eviction is received. Social work staff negotiate with utility companies and landlords to clarify expectations. Free medical equipment closet. Available only to residents of Chelsea and Dexter School Districts.
Hours: Call for hours.
Fees: No fee. Income eligibility requirements.

Friends in Deed
Website: www.friendsindeed.info
Address: 1196 Ecorse Road, Ypsilanti MI 48198
Phone: (734) 484-4357 (Helpline) or (734) 484-7607 (Furniture)
Fax: (734) 484-5355
Email: Helpline@FriendsInDeedMi.org
Services: Financial help or referrals for unmet needs of Washtenaw County residents such as transportation. Works with other social service agencies to prevent utility shut off.
Hours: Monday - Friday 9:30 am - 2 pm (Helpline); Tuesday - Friday 9:30 - 12:30 (Furniture)
Fees: No fee.

GreenPath Financial Wellness
Website: www.greenpath.com
Address: 2470 Collingwood St., Detroit, MI 48206 and 36500 Corporate Drive, Farmington Hills, MI 48331and c/o People Driven Credit Union, 24333 Lahser, Southfield, MI 48033
Toll Free: (800) 550-1961
Services: Non-profit company provides confidential credit reports, money management assistance, debt consolidation, foreclosure prevention, mortgage and reverse mortgage counseling.
Hours: Call for hours and in-person appointments.
Fees: Varies according to service.

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Habitat for Humanity - Huron Valley - Critical Home Repair & Weatherization
Address: 2805 S. Industrial Hwy., Suite 100, Ann Arbor MI 48104
Website: www.h4h.org/criticalhomerepair
Phone: (734) 263-2317
Fax: (734) 215-9843
Services: Provides assistance with pre- and post-energy audits; roof, refrigerator and water heater replacement; furnace tune-up or replacement; and additional home repairs. Based on need and available funding.
Hours: Phone only; currently closed to the public.
Fees: No fee.

Health Well Foundation
Website: www.healthwellfoundation.org
Address: Head Office PO Box 4133, Gaithersburg, MD 20878
Call Center PO Box 220410, Chantilly, VA 20153
Toll Free: (800) 675-8416
Fax: (800) 282-7692
Email: Grants@HealthWellfoundation.org
Services: A non-profit organization for improving access to care for America's underinsured. Assists with copays, premiums, deductibles and out-of-pocket expenses including travel. Eligibility is determined by financial, medical, and insurance information. Apply online or via automated phone system.
Hours: Monday - Friday 9 am - 5 pm.
Fees: No fee.

Hope Clinic
Website: thehopeclinic.org
Address: 518 Harriet Street, Ypsilanti MI 48197
Phone: (734) 484-2989
Email: info@thehopeclinic.org
Services: Provides limited financial help for prescription co-pays, transportation to medical appointments, or help with other emergency financial needs including food.
Hours: Monday - Friday 9 am – 5 pm; Saturdays 8:30 am - 12 pm
Emergency Food bag: Monday - Friday 9 am - 5 pm
Food Pantry: Tuesday - Wednesday & Friday - Saturday By appointment
Fresh Produce (Farm Stand, 454 Harriet Street): Monday & Wednesday 4 - 6 pm
By appointment or during Food Pantry appointment
Meals (carryout): Daily, except Wednesdays, 5 - 6 pm
Walk up groceries (no dairy, meat or personal items) Farm Stand, 454 Harriet Street:
Monday 9:30 am - 12 pm; Thursday 12:30 am - 3 pm; Saturday 11 am - 12:30 pm
Grocery delivery: Wednesday or Friday 1 - 4 pm By reservation
call Monday - Thursday 9 am - 4 pm by the day before
Fees: No fee.

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Housing Bureau for Seniors - Michigan Medicine
Website: www.uofmhealth.org/hbs/housing-bureau-seniors-home
Address: 3621 S. State Street, Door #710, Ann Arbor, MI 48108
Phone: (734) 998-9339
Fax: (734) 998-5878
Email: housingbureauseniors@umich.edu
Services: Offers support and resources for older adults in search of sustainable housing. Staff social workers conduct assessments, provide appropriate information and offer decision-making tools to help find and maintain stable, affordable living arrangements. Through the Foreclosure Prevention, Housing Counseling and Elder Eviction Prevention programs, HBS provides resources and helps find community support systems for those planning or making housing transitions, and/or those handling housing-related crises.
Hours: Monday - Friday 8:30 am - 5 pm
Fees: No fee. Donations accepted.

Jewish Family Services of Washtenaw County
Website: www.jfsannarbor.org/
Address: 2245 S. State Street, Suite 200, Ann Arbor MI 48104
Phone: (734) 769-0209
Fax: (734) 769-0224
Email: info@jfsannarbor.org
Services: Through its Community Assistance program, helps Washtenaw County residents access a variety of emergency community funds, based on those programs' income and asset guidelines.
Hours: Monday - Thursday 9 am – 5 pm; Friday 9 am – 3 pm
Fees: No fee.

Manchester Family Services, Inc. (MFS, Inc.)
Address: 17000 Bethel Church Road, PO Box 471, Manchester MI 48158
Phone: (734) 428-7183
Email: manchesterfamilyservice@gmail.com
Services: Emergency aid for residents of Manchester School District. Can provide food or help with rent, utility payments, and medical bills.
Hours: Monday – Friday 9 am - 4 pm
Fees: No fee.

MiCafe - ELM (Elder Law of Michigan, Inc.)
Website: elderlawofmi.org/micafe
Toll Free: (877) 664-2233
Services: Assists in applying for SNAP (Supplemental Nutrition Assistance Program - USDA) benefits. Also assists seniors to apply for, or connect with, utility assistance, housing, medical assistance, prescription drugs and other community programs.
Hours: Monday - Friday 9 am - 3 pm
Fees: No fee.

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Michigan Ability Partners (MAP) - Representative Payee
Website: www.mapagency.org/payee
Address: 3810 Packard Road, Suite 260, Ann Arbor MI 48108
Phone: (734) 975-6880
Fax: (734) 975-2956
Email: info@mapagency.org
Services: Provides financial management assistance. Helps participants increase money management skills, build and maintain credit, and achieve financial stability.
Hours: Monday - Friday 8:30 am - 12 pm and 1:30 - 4:30 pm
Fees: Typically flat rate as set by Social Security, currently $43 per month.

Michigan Department of Health & Human Services - Assistance Programs
Website: www.michigan.gov/mdhhs/Assistance Programs
Services: Information on various programs -- cash, food, water, refugee assistance, emergency relief, home/utilities/burial, and housing. Links to specific programs in each area.
Hours: 24 Hours
Fees: No fee.

Michigan Medicare/Medicaid Assistance Program, Inc. (MMAP)
Website: www.mmapinc.org
Address: Services offered at various locations
Toll Free: (800) 803-7174
Services: Assists all Medicare beneficiaries in choosing a Medigap plan and/or Part D plan for prescription/Rx coverage, applying for Extra Help through Social Security, applying for Medicaid, getting a Medigap Subsidy, and understanding medical bills.
Hours: 9 am - 4:30 pm
Fees: No fee.

Michigan Parkinson Foundation
Website: www.parkinsonsmi.org
Address: 30400 Telegraph Road, Suite 150, Bingham Farms MI 48025
Phone: (248) 433-1011
Toll Free: Michigan (800) 852-9781
Email: info@parkinsonsmi.org
Services: Assists Michigan residents who have Parkinson's disease and who meet financial criteria obtain relief for medication/Rx costs and respite care. Can help find sources of funding for medication/Rx costs.
Hours: Monday - Friday 8:30 am - 5 pm
Fees: No fee.

National Kidney Foundation of Michigan, Inc.
Website: www.nkfm.org
Address: 1169 Oak Valley Drive, Ann Arbor MI 48108
Phone: (734) 222-9800
Toll Free: Michigan (800) 482-1455
Fax: (734) 222-9801
Email: info@nkfm.org

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Services: The Bob Meyer Emergency Fund provides one-time help of up to $100 for urgent needs. Payments are made to vendors, as an eGift card, or a gift card sent to a social worker. Common uses for emergency funds include: transportation to dialysis, utility bills, food, prescription/Rx co-pays, medical equipment, and moving. A social worker must recommend the applicant. The NKFM offers SNAP application assistance for those 60+ in English by calling (313) 259-1574 ext. 3160 or by emailing snap@nkfm.org. For assistance in another language, contact MIBridges Language Assistance Services at (517) 241-2112.
Hours: Monday - Friday 9 am - 5 pm
Fees: No fee.

SOS Community Services - Food Pantry & Housing Crisis Center
Website: www.soscs.org
Address: 114 N. River Street, Ypsilanti MI 48198
Phone: Food Pantry (734) 484-9945 Housing (734) 961-1999 Office (734) 485-8730
Resource Center (734) 484-5411 for Utility Assistance
Fax: (734) 485-8739
Email: info@soscs.org
Services: Information and referral services, short-term crisis counseling, financial assistance (when funds available), eviction prevention, utility assistance (based on shut-off notification). Must be a Washtenaw County resident for some services. Housing assistance provided via referrals from Housing Access for Washtenaw County (HAWC). Food for 3 meals per person in household up to 12 times a year. Personal care items and meats from Pantry for eligible residents by appointment only.
Hours: Monday - Friday 9 am - 5 pm;
Resource Center: Mondays 9 am - 1 pm; Thursdays & Fridays 9 am - 4 pm
Food Pantry: Tuesdays 1 - 6:30 pm; Wednesdays 9 am - 1 pm
Fees: No fee.

Saline Area Social Service
Website: salinesocialservice.com
Address: 1259 Industrial Drive, Saline MI 48176
Phone: (734) 429-4570
Email: info@salinesocialservice.com
Services: Short-term help with prescriptions/Rx co-pays, car repair, food and personal items, rent, and utility bills. For help other than food, must live in the Saline School District or work in Saline and meet household income criteria. Non-food emergency aid by appointment only.
Hours: Mondays 10 am - 6 pm; Tuesday - Thursday 10 am - 2:30 pm. Non-food emergency aid by appointment only.
Fees: No fee.

Salvation Army - Ann Arbor
Website: centralusa.salvationarmy.org/washtenaw
Address: 100 Arbana, Ann Arbor MI 48103
Phone: (734) 668-8353
Email: salarmya2@gmail.com
Services: Emergency financial assistance – Food, clothing, and information on shelter provided during an emergency. Call to make an appointment; application must be picked up in person; eligibility determined on an individual basis. Food and nutrition programs. Must be a Washtenaw County resident.

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Hours: Monday - Friday 8 am - 4 pm
Food Pantry: Tuesdays & Thursdays 9:30 - 11:30 am & 1 - 3 pm
Fees: No fee.

SilverBills, LLC
Website: www.silverbills.com
Address:300 West 57th Street, 40th Floor, New York NY 10019
Toll Free: (800) 825-1924
Fax Toll Free: (866) 817-8198
Email: info@silverbills.com
Services: A bill management service for seniors at a flat rate of $10-$99/month depending on the number of bills handled. Regular communication does not require a computer and can be conducted via phone, email, text, fax or videoconference. Requires 30 day cancellation notice.
Hours: Monday - Friday 9 am - 7 pm; Saturday-Sunday 10 am - 4 pm
Fees: Flat monthly fee..

Social Security Administration - Medicare Part D & SSI
Website: www.ssa.gov/benefits/medicare/prescriptionhelp/ & www.ssa.gov/benefits/ssi/
Address: 3971 Research Park Drive, Suite A, Ann Arbor MI 48108
Toll Free: (877) 402-0825 Ann Arbor (800) 772-1213 National
TTY: (800) 325-0778 National
Toll Free Fax: (734) 929-6463
Services: Enrolls financially-eligible Medicare beneficiaries in Part D Extra Help to assist with prescription/Rx costs; enrolls financially-eligible seniors and younger disabled people in Supplemental Security Income.
Hours: Monday - Tuesday & Thursday - Friday 9 am - 4 pm; Wednesdays 9 am - 12 pm
Fees: No fee.

Social Security Administration - Representative Payee Program
Website: www.ssa.gov/payee/
Toll Free: (800) 772-1213
TTY Toll Free: (800) 325-0778
Services: Provides benefit payment management for beneficiaries incapable of managing their Social Security or Supplemental Security Income (SSI) payments. Appoints a suitable representative payee who manages the payments on behalf of the beneficiaries. Generally, family or friends serve as payees. When friends or family members are not able to serve as payees, SSA looks for qualified organizations. SSA also offers the option to advance designate up to three individuals who could serve as payee if the need arises.
Hours: Regular business hours.
Fees: Organizational payees receive the lesser of 10% or $43/month.

State of Michigan - Department of Health and Human Services - Assistance Programs
Website: www.michigan.gov/mdhhs
Address: MDHHS Washtenaw County Office, 22 Center Street, Ypsilanti MI 48198
Phone: (734) 481-2000
Fax: (734) 481-8362
Services: Handles applications for Medicaid, State Emergency Relief, and other state financial programs - cash, food, medical, home & burial assistance. Must meet income limits.

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Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.

Synod Community Services - Special Needs Trust
Website: synodhelps.org/trust/
Address: 615 S. Mansfield Street, PO Box 980465, Ypsilanti MI 48198
Phone: (734) 483-9363
Email: info@staging.synodhelps.org
Services: Offers professional money management including trust administration, representative payee for Social Security benefits, and bill pay services for the elderly, addicted, and disabled.
Hours: Regular business hours.
Fees: Typically flat rate as set by Social Security. Other services billed at hourly rate.

United Way of Washtenaw County - Financial Stability Program
Website:-www.uwwashtenaw.org/financialstability
Address: 2305 Platt Road, Ann Arbor MI 48104
Phone: office (734) 971-8200
Toll Free: 24 Hours call 211 or (800) 552-1183
Fax: (734) 971-6230
Online Live Chat: Yes
Email: liveunited@uwwashtenaw.org
Services: Offers free financial coaching to help budget, reduce debt, repair / build credit and create a financial safety net for emergencies. Partners with SingleCare for Rx/prescription discounts.

- ***TrustPlus* Free Financial Coaching** (also Spanish / Español)
- ***SingleCare* - Discount Prescriptions via Discount Card** (offers home delivery)

Hours: Monday - Friday 8 am - 4:30 pm
Fees: No fee.

United Way of Washtenaw County - Volunteer Income Tax Assistance (VITA)
Website: www.uwwashtenaw.org/free-tax-preparation
Phone: 211
Toll Free: (800) 552-1183
Services: A national IRS-sponsored program pairs certified volunteers with taxpayers to file accurate tax returns for free. Income restrictions apply. Appointment scheduling begins late January. May also file at home at no cost at MyFreeTaxes.com, a free self-filing tool. MyFreeTaxes.com screens for eligible credits and deductions through TaxSlayer software. Any issues? Reach the 2-1-1 staffed helpline at (866) 698-9435.
Hours: Daytime, evening and weekend appointments available during tax season..
Fees: No fee.

University of Michigan Credit Union - Financial Wellness Program
Website: www.umcu.org/Resources/Financial-Wellness
Address: Administrative office: 340 E. Huron, Suite 100, Ann Arbor MI 48104 (+ branches)
Phone: (734) 662-8200
Toll Free: (800) 968-8628
Fax: (734) 996-4522
Email: umcu@umcu.org

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Services: Financial Wellness Program offers workshops on budgeting, debt reduction, home buying, preventing fraud and other topics. Must be a University of Michigan Credit Union member; open an account for $5.
Hours: Currently online via WebEX.
Fees: No fee.

Washtenaw County - Healthy Michigan Plan (Medicaid)
Website: www.washtenaw.org/1877/Healthy-Michigan-Plan-Medicaid (multiple languages)
Address: Washtenaw Health Plan, 555 Towner Street, Ypsilanti MI 48198
plus others - see complete list at www.healthcarecounts.org/washtenaw-county/

- ***St. Joseph Mercy Ann Arbor & Chelsea*** - St. Joseph Mercy Health Financial Assistance Programs
- ***Michigan Medicine, Ann Arbor*** - Michigan Medicine - Patient Financial Counselors
- ***Packard Health*** - Packard Health - Insurance Enrollment Assistance
- ***Manchester Community Resource Center*** - (734) 428-7722 or Email: info@manchestercrc.org
- ***Faith in Action - Chelsea*** **& Dexte**r www.faithinaction1.org/programs-services/

Phone: Ypsi (734) 544-6700 or Washtenaw Health Plan (734) 544-5030
Fax: Ypsi (734) 544-6705
Email: l-wchdcontact@washtenaw.org
Services: Assists in applying for expanded Medicaid. Must be a Michigan resident and not in or qualified for Medicare. Ypsi has Spanish / Español, Arabic & French in-person interpretation services available.
Hours: Ypsi Monday – Friday 9 am – 4 pm
Fees: No fee.

Washtenaw County - WHP (Washtenaw Health Plan - Plan B)
Website: www.washtenaw.org/1878/Plan-B-Information (multiple languages)
Address: 555 Towner Street, Ypsilanti MI 48198
Phone: (734) 544-3030
Toll Free: (866) 291-8691
Fax: (734) 544-6704
Services: Health coverage which provides medical care at reduced prices, some on a sliding scale, to low-income county residents. WHP members can receive limited outpatient mental health services through Catholic Social Services (CSS) and Jewish Family Services (JFS). Limited yearly benefit for certain types of medical equipment and supplies. Includes immunizations and a discount prescription/ Rx drug program for County residents of all ages who have limited, exhausted, or no prescription/Rx drug coverage.
Hours: Monday – Friday 9 am - 4 pm
Fees: No fee for membership.

World Medical Relief - Local Programs
Website: www.worldmedicalrelief.org/local-programs
Address: 21725 Melrose Avenue, Southfield MI 48075
Phone: (313) 866-5333
Fax: (313) 866-5588
Email: info@worldmedicalrelief.org

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Services: Facilitates the distribution of surplus medical resources where they are needed. Goods are distributed in a non-discriminatory manner without regard to race, color, gender, religion, nationality or political beliefs.

- ***Affordable Prescriptions Program*** - Available for financially-qualified individuals 18+. Financial guidelines: low/medium income as determined by federal guidelines and are uninsured or underinsured. Must have no or insufficient prescription/Rx coverage; not enrolled in Medicaid. May qualify with Medicare Part D.
- ***Medical Supply Service*** *(metro Detroit)* - Must have a referral from a social service agency or prescription/Rx from a licensed healthcare professional.
- ***Durable Medical Equipment Program*** *(metro Detroit)* - Must have a doctor's prescription/Rx and the ability to pick up medical equipment from the Southfield warehouse.

Hours: Call for business hours.
Fees: $ 8.30 per 30-day prescription/Rx. DME handling fee.

Ypsilanti Thrift Shop
Website: www.ypsithriftshop.org
Address: 14 S. Washington Street, Ypsilanti MI 48197
Phone: (734) 483-1226
Services: Exchange vouchers for clothing and household items from the store. Agency social workers must first contact the shop's Director of Social Services at (734) 483-3932 for approval. One voucher per client every six months.
Hours: Mondays & Fridays 1 - 4 pm; Tuesdays 12 - 6 pm; Wednesdays & Thursdays 10 am - 4 pm; Saturdays 11 am - 2 pm Donations accepted Tuesdays, Thursdays & Saturdays
Fees: Cash and vouchers accepted.

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HEALTH SERVICES - ALZHEIMER'S DISEASE / MEMORY LOSS - rev May 2021

Alzheimer's Association - Greater Michigan Chapter
Website: www.alz.org/gmc www.alz.org
Toll Free: 24 Hour (800) 272-3900 (Helpline)
Fax: (734) 369-2816
TTY: 24 Hour (866) 403-3073 (Helpline)
Services: Provides a 24 hour helpline, care consultation and resource referral, support groups, message boards, publications and newsletters pertaining to Alzheimer's disease, educational programs, professional training, a speakers' bureau, a resource library with free lending opportunities, SafeReturn® (A nationwide identification, support and enrollment program that provides assistance when someone with Alzheimer's or a related dementia wanders and becomes lost), and opportunities for clinical trials. Provides multiple language services.
Hours: Helpline available 24 Hours
Fees: Varies according to service – most are offered at no cost.

Kettles VA Medical Center (*VA Ann Arbor*) **- Specialty Care - Neurology**
Website: www.va.gov/ann-arbor-health-care/health-services/#specialty-care
Address: 2215 Fuller Road, Ann Arbor MI 48105
Phone: (734) 769-7100
Toll free: (800) 361-8387
TTY: (800) 361-8387 Ext. 711
Services: Veterans requiring evaluation of dementias and movement disorders are seen in the Neurology Clinic, which is staffed by the University of Michigan Medical Center. A referral is required from the patient's primary care provider.
Hours: Monday-Tuesday & Thursday-Friday. Call for hours.
Fees: Varies according to income and/or military service-connected disability.

Michigan Medicine - Geriatrics Specialty Clinic - Cognitive Disorders Clinic
Website: www.uofmhealth.org/our-locations/eaahc-geriatrics-specialty
Address: East Ann Arbor Health and Geriatrics Center, 4260 Plymouth Road, Ann Arbor MI 48109
Phone: (734) 764-6831
Toll free: (877) 865-2167
TTY: (800) 649-3777
Fax: (734) 647-8535
Services: Provides diagnosis and management of people with memory loss, cognitive impairment due to Alzheimer's and related disorders, and other neurodegenerative diseases. Physician's referral required.
Hours: Monday - Friday 8 am - 5 pm
Fees: Varies according to insurance.

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Michigan Medicine - Michigan Alzheimer's Disease Center (MADC)
Website: alzheimers.med.umich.edu
Address: 2101 Commonwealth Blvd., Suite D, Ann Arbor MI 48105
Phone: (734) 936-8803
Email: UM-Ask-MADC@med.umich.edu
Services: The MADC, part of the Department of Neurology, provides information on Alzheimer's disease and related disorders to people 50+ experiencing memory changes. Promotes care and wellness for individuals / families affected by memory loss. Participation in research studies available.
Hours: Monday - Friday 8 am - 5 pm
Fees: No fee. Stipend may be offered for participation in research studies.

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Covid-19 may affect hours and services; contact agencies directly for current information.

HEALTH SERVICES – DENTAL rev July 2022

Community Dental Center
Website: dent.umich.edu/patient-care/community-dental-center
Address: 406 N. Ashley Street, Ann Arbor MI 48013
Phone: (734) 998-9640 outgoing message with voicemail option
Fax: (734) 998-9647
Email: CDCcontact@umich.edu
Services: A non-profit program, jointly sponsored by the City of Ann Arbor and the University of Michigan Dental School, offering comprehensive dental care to the community.
Hours: Monday - Thursdays 8 am - 5 pm; Fridays 8 am - 1 pm
Fees: Most dental insurance is accepted, including Medicaid. There is a tiered fee structure for services by pre-doctoral dental students.

Hope Clinic - Dental Clinic
Website: www.thehopeclinic.org/dental-clinic/
Address: 518 Harriet Street, Ypsilanti MI 48197
Phone: (734) 484-2989 outgoing message & voicemail options only
Services: Provides limited dental treatment to low income children and adults without dental insurance or the ability to pay for dental care. If not seen at the clinic before, call or visit the website to find out when the next new patient sign-up day will be. Eligibility guidelines are based on family size and income. Proof of income, photo ID, and Covid-19 vaccination card are required during new patient sign-up.
Hours: Monday - Friday 9 am - 12 pm and 1 - 5 pm
Fees: Does not accept patients with any dental insurance.

My Community Dental Center - Ypsilanti
Website: www.mydental.org/clinic-location/ypsilanti/
Address: 111 N. Huron Street, Ypsilanti MI 48197
Phone: (734) 480-4250
Fax: (734) 480-4160
Toll Free: (877) 313-6232 New patient registration
Services: Offers access to quality dental care for all. Offers services for Washtenaw County (see below). Dental clinic staff speak Arabic and Mandarin. Telephone translation available for other languages.
Hours: Monday - Thursday 8 am - 4:30 pm; Fridays 8 am - 2 pm
Fees: My Dental Care insurance offered, Medicaid accepted, veteran discounts up to 30%, CareCredit financing options.

University of Michigan - Dental School
Website: www.dent.umich.edu/patient-care
Address: 1011 N. University, Ann Arbor MI 48109
Phone: Dental Student appts. (734) 763-6933 Dental Faculty appts. (734) 764-3155
Community Clinic (734) 998-9640 Graduate General Dentistry appts. (734) 764-15~~6~~32
Toll Free: (888) 707-2500 Special Care Clinic
Services: Comprehensive dental care provided by students, graduate students and expert dentists.

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Speciality Clinic treats patients 16+ with disabilities including dementia; progressive neurologic conditions; and physical disabilities that limit mobility, vision, or hearing.
Hours: Call for hours.
Follows the academic schedule for holidays and semester breaks.
Fees: Most major insurances accepted.

Washtenaw County Dental Clinic
Website: www.washtenaw.org/Dental-Clinic
Address: Haab Health Building, 111 N. Huron Street, Ypsilanti MI 48197
Phone: (734) 480-4250
Toll Free: (877) 313-6232 Patient registration
Services: Dental services for adults who are uninsured and low income or who are enrolled in Medicaid. Dental clinic staff speak Arabic and Mandarin. Telephone translation available for other languages. A program in partnership with Saint Joseph Mercy Health System, the Washtenaw Health Plan, Washtenaw County and My Community Dental Centers.
Hours: Call for Information.
Fees: Sliding scale for the uninsured. Reduced fees for uninsured veterans. Call for more information.

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HEALTH SERVICES – GERIATRIC HEALTH ASSESSMENT - rev June 2022

Kettles VA Medical Center *(VA Ann Arbor)* **- Geriatrics and Extended Care Program**
Website: www.patientcare.va.gov/geriatrics.asp
Phone: (734) 769-7100 (Kettles Center) (734) 222-7600 (Packard)
Address: Kettles VA Medical Center, 2215 Fuller Road, Ann Arbor MI 48105
Packard Road Clinic - 3800 Packard Road, Suite 120, Ann Arbor, MI 48108
Services: Kettles Center specialists evaluate and treat conditions and diseases of the brain, spine, and nervous system, including headache, stroke, Alzheimer's disease, epilepsy, Parkinson's disease and other conditions. Packard Road offers consultation, evaluation, and treatment for confused thinking, memory problems and more.
Hours: Monday - Friday 8 am - 4:30 pm
Fees: Varies according to income and/or military service-connected disability.

Michigan Medicine - Geriatrics Center Clinics
Website: medicine.umich.edu/dept/dgpm/geriatrics-center-clinics
Address: East Ann Arbor Health and Geriatrics Center, 4260 Plymouth Road, Ann Arbor MI 48109
and West Ann Arbor Health Center Parkland Plaza, 380 Parkland Plaza, Ann Arbor MI 48103
Phone: (734) 764-6831 Careline: (734) 764-6831 24 Hours
Toll free; (877) 865-2167
Fax: (734) 647-8535
Services: Provides comprehensive, multidisciplinary geriatric assessment as well as ongoing primary care, transitional care and specialty care for elderly patients. The **Neurology Cognitive DIsorders Clinic** provides diagnosis and management for people with memory loss, cognitive impairment due to Alzheimer's disease and related disorders, and other neurodegenerative disorders that affect memory and thinking. Includes a Chinese Clinic with a Chinese-speaking physician and a Chinese language interpreter.
Hours: Monday - Friday 8 am - 5 pm
Fees: Varies according to insurance.

Trinity Health IHA Senior Health Services
Website: ihacares.com/locations/iha-senior-health
Address: 5361 McAuley Drive, Ypsilanti MI 48197
Phone: (734) 712-9968
Fax: (734) 222-3106
Services: Provides support to aging adults and caregivers by offering a comprehensive assessment, developing a plan and making connections to local resources. An IHA Senior Health visit may be beneficial for general aging concerns, questions about memory loss, concerns about falling, consideration of change in living situation, assistance with advance care planning and concerns about depression or isolation. No ongoing care. Requires referral from a health provider.
Hours: Monday - Friday 8 am - 5 pm
Fees: Covered by Medicare and most insurances.

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Trinity Health St. Joseph Mercy Ann Arbor & Chelsea Hospitals - Neurosciences
Website: www.stjoeshealth.org/find-a-service-or-specialty/neurosciences/
Address: 5301 McAuley Drive, Ypsilanti MI 48197 (Ann Arbor)
775 S. Main Street, Chelsea MI 48118
Phone: (734) 712-3456 Ypsilanti (Ann Arbor) (734) 593-6000 Chelsea
Services: Neurological treatment and care of Alzheimer's disease and dementia, cognitive disorders, and Parkinson's disease.
Hours: Monday - Friday 8 am - 5 pm
Fees: Covered by Medicare and most insurances.

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HEALTH SERVICES – HEALTH CARE ORGANIZATIONS - rev April 2021

Alzheimer's Association – Greater Michigan Chapter
Website: www.alz.org/gmcwww.alz.org
Toll Free: 24 Hour (800) 272-3900
TTY: 24 hour (866) 403-3073
Online Live Chat: Ask a Librarian
Services: Provides a 24 hour helpline, care consultation & resource referral, support groups, message boards, publications and newsletters pertaining to Alzheimer's disease, educational programs, professional training, a speakers bureau, a resource library with free lending opportunities, MedicAlert® + SafeReturn® (A nationwide identification, support and enrollment program that provides assistance when someone with Alzheimer's or a related dementia wanders and becomes lost), and opportunities for clinical trials. The Alzheimer's Association provides multi-lingual services.
Hours: -24 Hour helpline
Fees: Varies according to service – most are offered at no cost.

American Cancer Society Michigan
Website: www.cancer.org www.cancer.org/about-us/local/michigan.html
Address: PO Box 10069, Detroit MI 48210
Toll Free: National (800) 227-2345 24 Hours
Online Live Chat: Yes
Services: Offers access to clinical trials, extensive information regarding cancer prevention, cancer treatments, and cancer facts and figures.
Hours: Helpline 24 Hours..
Fees: Fees vary according to service – most are offered at no cost.

American Diabetes Association
Website: www.diabetes.org
Address: PO Box 7023, Merrifield VA 22116
Phone: (248) 433-3830
Toll Free: National (888) DIABETES (342-2383)
Email: ADAMI@diabetes.org Michigan
askada@diabetes.org or Preguntas@diabetes.org (Spanish / Español)
Services: Provides information and other services to people with diabetes, their families, health professionals and the public. Advocates for the rights of people with diabetes.
Hours: National Helpline Monday - Friday 8:30 am - 8 pm ET
Fees: Fees vary according to service; most are offered at no cost.

American Heart Association - Detroit
Website: www.heart.org/en/affiliates/michigan/detroit www.heart.org
Address: 27777 Franklin Road, Suite 1150, Southfield MI 48034
Phone: (248) 936-5800
Toll Free: National (800) 242-8721
Fax: (248) 936-5784

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Services: Offers information and resources pertaining to heart disease and stroke, CPR and ECC certification, classes on healthy lifestyle management, as well as advocacy and fundraising efforts. Affiliated with the American Stroke Association.
Hours: Monday - Friday 8 am - 10 pm & Saturday 10 am - 6 pm
Fees: Varies with program/service.

American Lung Association
Website: www.lung.org
Toll Free: National (800) 586-4872 press 2
TTY: (800) 501-1068
Services: Offers information and resources pertaining to lung cancer disease, lung disease, COPD, tuberculosis, asthma, tobacco use, and clean air.
Hours: Monday - Friday 8 am - 10 pm; Saturday - Sunday 10 am - 6 pm
Fees: Varies according to program.

American Red Cross of Southeast Michigan
Website: www.redcross.org/local/michigan or www.redcross.org (also Spanish / Español)
Address: 7800 Outer Drive W., Suite 205, Detroit MI 48235
Blood. Platelet & Plasma Donation Center - 4624 Packard Road, Ann Arbor MI 48108
Phone: (313) 833-4440
Toll Free: 24 Hours (866) RED-CROSS (733-2767)
Services: Trains the community in First Aid, CPR, Babysitting, Pet First Aid, and Aquatics. Holds blood drives.
Fees: Varies according to class or program.

American Stroke Association
Website: www.stroke.org
Address: 27777 Franklin Road, Suite 1150, Southfield MI 48034
Phone: (248) 936-5800
Toll Free: National (888) 4-STROKE (478-7653)
Services: Offers information and resources pertaining to stroke warning signs, prevention, treatment and certification, and recovery information. Affiliated with the American Heart Association.
Hours: Monday - Friday 8:30 am – 4:30 pm;
National Monday - Friday 8 am - 10 pm; Saturday - Sunday 10 am - 6 pm
Fees: Varies with program or service.

Arthritis Foundation - Great Lakes Region - Michigan
Website: www.arthritis.org
Address: 888 W. Big Beaver, Suite 305, Troy MI 48084
Phone: (947) 282-2955
Toll Free: Helpline(800) 283-7800
Email: Michigan@arthritis.org
Services: Offers support for more than 100 types of arthritis and related conditions. Provides public health education; does advocacy, public policy, and legislation; leads and funds research to improve the quality of life for those living with arthritis.
Hours: Regular business hours; returns messages the next business day
Fees: Varies according to program.

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The Association for Frontotemporal Degeneration
Website: theaftd.org
Toll Free: (866) 507-7222
Email: info@theaftd.org
Services: Links to resources on managing FTD, general support, research & clinical trials, and publications.
Hours: Call for hours.
Fees: No fee.

Greater Detroit Agency for the Blind and Visually Impaired (GDABVI)
Website: www.gdabvi.org
Address: 16625 Grand River Avenue, Detroit MI 48227
Phone: (313) 272-3900
Fax: (313) 272-6893
Email: information@gdabvi.org
Services: Provides services that increase self-reliance, productivity and dignity for persons with severe vision loss. Offers in-home rehabilitation services to adults and seniors, and community education programs on eye health and safety. Eligibility: Adults, age 60+ (age limit is flexible) who are blind or visually impaired.
Hours: Monday - Friday 8:30 am - 4:30 pm
Fees: No fee.

Huntington's Disease Society of America (HDSA) - Michigan Chapter
Websites: www.hdsa.org (multiple languages) michigan.hdsa.org
Address: 1221 Bowers Street, PO Box 1091, Birmingham MI 48012
Phone: (989) 832-4170
Toll Free: MI Chapter Helpline (800) 909-0073 National Helpline (800) 345-HDSA (4372)
Email: HDSAinfo@hdsa.org
Services: Works to promote and support research and medical efforts, to assist people and families affected by Huntington's Disease, and to educate the public and health professionals about Huntington's disease. Sponsors several online support groups including a group in Royal Oak, MI.
Hours: The HDSA-MI social worker will return all phone calls left on the Chapter Helpline voicemail or to emails sent to sforbes@hdsa.org.
Fees: No fee for support groups that operate throughout Michigan.

Lewy Body Dementia Association
Website: www.lbda.org
Toll Free: (800) 539-9767
Services: Education, research, support and resource materials on LBD.
Hours: Call for hours.
Fees: No fee.

Mesothelioma Prognosis Network
Website: www.mesotheliomaprognosis.com
Toll Free: (833) 595-1804
Online Live Chat: Yes

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Services: Provides free information and resources to those affected by mesothelioma cancer. A patient advocate helps find treatment grants and explore mesothelioma trust funds and VA benefits claims. Online monthly support group.
Hours: Call for information
Fees: No fee.

Michigan Parkinson Foundation
Website: www.parkinsonsmi.org
Address: 30400 Telegraph Road, Suite 150, Bingham Farms MI 48025
Phone: (248) 433-1011
Toll Free: (800) 852-9781
Fax: (248) 433-1150
Email: info@parkinsonsmi.org
Services: Educates and supports people with Parkinson's and related disorders, their loved ones and physicians/allied health professionals. Provides support groups for people with PD and their families. Lists exercise groups in each county. Links to various state and national organizations and resources.
Hours: Monday - Friday 8:30 am – 5 pm or leave voicemail
Fees: Varies according to program.

National Alliance on Mental Illness -- NAMI Michigan
Website: www.namimi.org www.nami.org
Address: 401 S. Washington Suite 104, Lansing MI 48933
Phone: (517) 485-4049
Toll Free: (800) 950-NAMI (6264) Helpline Mondays - Fridays 10 am - 6 pm ET
Text: NAMI to 741741
Email: info@namimi.org info@nami.org
Services: Grassroots mental health organization works to raise awareness and provide support and education to those in need.
Hours: Monday - Friday 9 am - 4 pm Helpline Monday - Friday 10 am - 6 pm ET
Fees: No fee.

National Kidney Foundation of Michigan, Inc.
Website: www.nkfm.org
Address: 1169 Oak Valley Drive, Ann Arbor MI 48108
Phone: (734) 222-9800
Toll Free: Michigan (800) 482-1455
Fax: (734) 222-9801
Email: info@nkfm.org
Services: Works to prevent chronic kidney disease and its leading causes: diabetes, obesity, and high blood pressure -- through education and research. Promotes organ and tissue donation.
Hours: Call for hours.
Fees: No fee.

National Multiple Sclerosis Association - Michigan Chapter
Website: www.nationalmssociety.org/Chapters/MIG www.nationalmssociety.org
Address: 29777 Telegraph Road (Onyx Office Building), Suite 1651, Southfield MI 48034
Phone: (248) 351-2190
Toll Free: (800) 344-4867

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Fax: (248) 350-0029
Services: Educates, provides support and information on living with MS. The national website also includes links to research studies.
Hours: 9 am - 7 pm phone support
Fees: No fee.

National Osteoporosis Foundation
Website: www.nof.org
Toll Free: (800) 231-4222
Email: info@nof.org
Services: Dedicated to preventing osteoporosis and broken bones, promoting strong bones for life and reducing human suffering through programs of public and clinician awareness, education, advocacy and research. Includes information on Paget's disease.
Hours: Call for hours
Fees: No fee.

Washtenaw County Medical Society
Website: wcms-mi.org
Address: 5 Research Drive, Suite C, Ann Arbor MI 48103
Phone: (734) 668-6241
Fax: (734) 668-8928
Services: Offers a physician directory and answers inquiries regarding medical and public health programs in the community. Covers Michigan medical legislation efforts.
Hours: Monday - Friday 9 am - 5 pm
Fees: No fee.

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HEALTH SERVICES – HEARING AND SPEECH IMPAIRMENT - rev Sept 2021

Caption telephones are free to those experiencing hearing loss.
Consult an audiologist or contact your telephone company for more information.

AT&T Accessibility
Website: www.att.com/features/accessibility
Toll Free Disability & Aging Center Support: (800) 772-3140
DACS TTY: (800) 651-5111
DACS Hours: Monday - Friday 9 am - 9 pm ET & Saturdays 11 am - 8 pm
Toll Free National Center for Customers with Disabilities: (866) 241-6568 *for wireless customers*
NCCD TTY: (866) 241-6567
NCCD Hours: Monday - Friday 10 am - 10 pm ET
TTY Relay Services: 711
Online Live Chat: For each, scroll to bottom of screen - wireless, U-Verse TV, DirecTV
Services:

- Closed captioning for U-Verse TV and DirecTV customers**.**
- Wireless rate plans for customers unable to effectively communicate over voice networks. Plans provide data-only access to AT&T's network and typically include real-time text messaging, email, Internet access, and video calling or multimedia messaging (when not restricted by device). *Not for use on tablets*.
- Customers using a TTY will receive a discount for local and toll calls, based on need. Offers TTY-compatible phones.
- AT&T Lifeline offers low income customers a discount on their monthly land or wireless/mobile/ cell phone bill.
- Directory Assistance Exemption Program for 411 calls.

Hours: see above
Fees: Varies, discounted services.

Comcast / Xfinity - Accessibility Support Center
Website: www.xfinity.com/support/articles/accessibility-services
Toll Free: (855) 270-0379
Online Live Chat: Yes support.xfinity.com/accessibility_chat
Email: accessibility@comcast.com
Services: Assistance with closed captioning and obtaining operator services and directory assistance exemptions for those with disabilities (as verified by a physician). Provides Braille bills, channel lineups, and Xfinity User Guides plus large-button Xfinity remotes.
Hours: Daily 8 am - 11 pm
Fees: Varies with services.

Deaf and Hearing Interpretive Services, Inc.
Website: www.dhisonline.org
Address: 25882 Orchard Lake Road, Suite 100, Farmington Hills MI 48336
Phone: (248) 473-1888
TTY: (248) 473-1875
Fax: (248) 474-7938
Email: info@dhisonline.org

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Services: Provides assistance obtaining interpreters (including bilingual and bicultural), assistive devices, advocacy, support groups and counseling, information and referral, and individual client assistance. Serves deaf individuals in southeastern Michigan or older adults with hearing loss.
Hours: Monday - Friday 9 am – 5 pm
Fees: Fee varies according to service; also based on ability to pay.

Deaf Health Clinic at Dexter Health Center - Michigan Medicine
Website: www.uofmhealth.org/our-locations/deaf-health
Address: 7300 Dexter-Ann Arbor Road, Suite 110, Dexter MI 48130
Phone: (734) 426-2796
Video Phone: (810) 355-2743
Email: deafhealth@med.umich.edu and deafmentalhealth@med.umich.edu
Services: Provides in-person primary care, and deaf mental health services by ASL-signing physicians or social workers. Also provides video mental health services.
Hours: Call for appointments.
Fees: Varies according to insurances.

Eastern Michigan University - Speech and Hearing Clinic
Website: www.emich.edu/coe/clinical-services/speech-hearing-clinic.php
Address: 135 Porter Building, EMU Campus, Ypsilanti MI 48197
Phone: (734) 487-4410
Services: Speech and hearing services, including audiology testing and hearing aid evaluation and fitting, provided by graduate students under direct supervision of faculty and staff.
Hours: Monday - Thursday 8:30 am - 5 pm; Friday 8:30 am - 4 pm
Fees: No fee.

Hearing Loss Association of America, Ann Arbor Chapter
Websites: hearinglossa2.weebly.com/ (Ann Arbor) www.hearingloss-mi.org/ (Michigan)
www.hearingloss.org/ (National)
Email: hearinglossannarbor@gmail.com info@hearingloss-mi.org
Services: HLAA offers assistance and resources for people with hearing loss and their families. Monthly meetings, with **CART** (Communication Access Realtime Translation) services, offer socialization and education at AA Center for Independent Living, 3941 Research Park Dr., Ann Arbor, MI 48108.
Hours: 4th Tuesday 7-9 pm. Contact pamcg86@yahoo.com for more information.
Fees: No fee; $15 annual membership fee for national association.

Lions Hearing Center of Michigan
Website: www.lhcmi.org
Address: Lions Hearing Center – Eastern Michigan, 4201 St. Antoine, 5E-UHC, Detroit, MI 48201
Phone: (517) 887-6640 x14, Executive Director; (313) 577-5182, Hearing Screenings.
Email: info@lhcmi.org info@lmsf.net
Services: Provides hearing screening and testing services plus hearing aids to all individuals, regardless of age or income. Provides hearing screening services to any senior program, community center or living facility in the region. Screenings are offered on location and at no cost to participants. Offers follow-up care and evaluation through the Michigan Ear Institute www.michiganear.com/
Hours: Varies, call for information.
Fees: Billed to insurance. Hearing aids discounted for people with limited financial resources.

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Michigan Assistive Technology Loan Fund (MATLF) - United Cerebral Palsy of Michigan
Website: www.ucpmichigan.org/assistivetech
Address: c/o United Cerebral Palsy of MI, 1325 S. Washington Avenue, Lansing MI 48910
Phone: (517) 203-1200
Toll Free: (800) 828-2714 x2 (Lansing office)
Fax: (517) 203-1203
Email: MATLFund@mi-ucp.org
Services: Fund provides low interest loans for the purchase of assistive technology. Must be a resident of Michigan and have a disability or be 65+. Loans available via MSU Federal Credit Union, which requires $5 to join by opening a savings account.
Hours: Monday - Friday 8:30 am – 5 pm
Fees: Varies, low-interest loans available.

Michigan Dept. of Civil Rights (MDCR) - Division on Deaf, DeafBlind and Hard of Hearing
Website: www.michigan.gov/mdcr/
Address: Cadillac Place, 3054 W. Grand Blvd., Suite 3-600, Detroit MI 48202
Phone: (313) 437-7035
Toll Free Voice/TTY: (313) 437-7035
Fax: (313) 456-3721
Email: DODDBHH@michigan.gov
Services: The office will assist deaf and hard of hearing persons with referrals to public or private agencies dealing with specific problems or concerns including technical support, information and referral, accommodations, and interpreters.
Hours: Monday - Friday 8 am – 5 pm
Fees: No fee.

Michigan Medicine - Geriatrics Center - Community Programs
Website: medicine.umich.edu/dept/geriatrics-center/community-programs
Address: Turner Senior Resource Center, 2501 Plymouth Road, Suite C, Ann Arbor MI 48109
Phone: (734) 998-9353
Fax: (734) 998-9340
Services: Quarterly hearing loss education groups offered. Call for specific topics, dates and times.
Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.

Michigan Medicine - Otolaryngology-Head and Neck Surgery - Division of Otology-Neurotology
Website: medicine.umich.edu/dept/otolaryngology/clinical-divisions/division-otology-neurotology
Address: 1500 E. Medical Center Drive, Ann Arbor MI 48109
Phone: (734) 936-8051
Services: The Michigan Hearing department provides hearing assessment plus hearing aid evaluation and dispensing, fitting and tuning.
Hours: Varies by location.
Fees: Varies based on services and insurance coverage.

Michigan Online Interpreter System - Michigan Bureau of Professional Licensing
Website: interpreter.apps.lara.state.mi.us
Phone: (517) 241-0199

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(734) 998-9353

Covid-19 may affect hours and services; contact agencies directly for current information.

Email: BPLHelp@michigan.gov
Services: Online directory listing all Qualified Interpreters holding the Michigan Certification that is required to work in the state.
Hours: 24 Hours
Fees: No fee to search; interpreter fees vary by services.

T-Mobile Accessibility
Website: www.t-mobile.com/responsibility/consumer-info/accessibility-policy
Toll Free: Accessibility Customer Care (833) 428-1785
TTY: (877) 296-1018
Online Live Chat: No
Services: Provides a TTY device and phone specifically for customers who request it, offers data-only mobile plans --including unlimited texting, to hearing-impaired customers. Has real-time texting (RTT) and text-to-911 service.
Hours: TTY and Customer Care daily 7 am - 3 am
Fees: Varies according to service.

Verizon - Accessibility Resource Center
Website: www.verizon.com/about/accessibility/
Toll Free: Wireless National Accessibility Customer Service Center (888) 262-1999
TTY: Videophone (508) 251-5301
Email: vccd@verizon.com
Online Live Chat: Yes Contact Us
Services: Offers text-to-911, Braille / large print / audio bills and ŧ TTY support for its phones, and real-time texting (RTT) for people who don't use voice. Also provides Video calling / chat.
Hours: Wireless customers Monday - Friday 8 am - 5 pm
FIOS and traditional customers 8:30 am - 5 pm
Fees: Varies by service.

Note: Other mobile / wireless carriers may also support those with hearing and speech impairments.

Best Cell Phones for Hearing Impaired Seniors for 2022 - SeniorLiving.org

Over-the-Counter (OTC) Hearing Aids

5 Ways Over-the-Counter Hearing Aids Are Different From Prescription Ones (October 2022) - AARP.org

Hearing Aids and Personal Sound Amplification Products: What to Know (August 2022) - FDA.gov

Over-the-Counter Hearing Aids (August 2022) **-** National Institute on Deafness and Other Communication Disorders

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HEALTH SERVICES – HOSPICE & PALLIATIVE CARE - rev July 2022

Explanation:

Hospice — Hospice care involves a team-oriented approach to expert medical care, pain management, and emotional and spiritual support for people facing a life-limiting illness or injury. It is appropriate when it is not possible to cure an illness or a patient chooses not to undergo certain treatments. Hospice must be ordered by a physician and is generally provided in the patient's living environment. It may also be provided in an inpatient hospital setting.

Palliative Care — Palliative care is focused on providing relief from the symptoms and stress of a serious illness and to help patients understand their choices for medical treatment. The goal is to improve quality of life for both the patient and the family. One's primary care physician can provide information about palliative care specialists and will continue to be involved in the patient's care.

A specially-trained team of doctors, nurses and other specialists work together with a patient's other doctors to provide medical, social, emotional and practical support. It is appropriate at any age and at any stage in a serious illness, and it can be provided along with curative treatment. Palliative care may be provided in a hospital, outpatient clinic or in the home.

Questions About Hospice Care (Checklist from National Caregivers Library, 2p.)

Arbor Hospice
Website: www.arborhospice.org
Address: 2366 Oak Valley Drive, Ann Arbor MI 48103 Admin
Phone: (734) 662-5999 Admin
Toll Free: (888) 992-CARE (2273) 24 Hours
Fax: (734) 662-2330 Admin
Toll Free Fax: Referrals (888) 466-7578
Email: WebContact@arborhospice.org
Services: Provides palliative and hospice care to seriously ill patients and their families throughout southeastern Michigan. Care is provided by a team of trained caregivers in patient homes, hospitals, nursing homes and assisted living facilities, as well as at The Residence of Arbor Hospice, Saline. Participates in the "We Honor Veterans" program. A variety of grief support groups are offered to patient families and the community. A Community Health Accreditation Partner (CHAP) accredited hospice agency.

- ***NorthStar Palliative Care***

Website: **www.arborhospice.org/our-care-services/palliative-care/**
Toll Free: (877) 227-8823
Fax: (734) 929-3294

- ***The Residence of Arbor Hospice*** **(at EHM Senior Solutions)**

Address: 440 W. Russell Street, Suite 100, Saline MI 48176
Phone: (734) 662-5068
Fax: (734) 662-5518

Neysha Reviere
tswp.info@umich.edu
(734) 998-9353

Covid-19 may affect hours and services; contact agencies directly for current information.

Fees: Typically covered by Medicare, Medicaid, and other insurances. If someone doesn't have the insurance coverage or financial means to pay for our services, Arbor Hospice will provide care regardless.

Grace Hospice
Website: www.ghospice.com/
Address: 1194 Oak Valley Dr, Suite 80A. Ann Arbor MI 48108
Phone: (734) 975-0499
Toll Free Fax: (855) 618-6650
Services: A team of doctors, nurses, social workers, counselors, hospice aides, chaplains, and trained volunteers work together focusing on the patient's physical, psychological, or spiritual needs. Serves veterans via a "We Honor Veterans" partnership. Offers a bereavement program. A Community Health Accreditation Partner (CHAP) accredited hospice agency.
Fees: Medicare, Medicaid, and other insurances.

Hospice of Michigan - NorthStar Care Community
Website: www.hom.org
Address: 2366 Oak Valley Drive, Ann Arbor MI 48103
Toll Free: (888) 247-5701 24 Hours
Services: Hospice care is provided in the home, at the hospital, in assisted living, or at the nursing home. Serves Washtenaw County through Arbor Hospice. A member of "We Honor Veterans." Provides support groups. A Community Health Accreditation Partner (CHAP) accredited hospice agency.
Fees: Medicare, Medicaid, and other insurances. Provides care for all—regardless of age, diagnosis, or ability to pay.

The Jewish Hospice & Chaplaincy Network (JHCN)
Website: jewishhospice.org/
Address: 6555 W. Maple Road, West Bloomfield MI 48322
Phone: (248) 592-2687 24 Hour Crisis Line
Fax: (248) 592-2688
Email: info@jewishhospice.org
Services: Provides a combination of palliative care, hospice care, life enrichments and bereavement care to Jewish patients, families and caregivers in southeast Michigan. Partners with hospices, hospitals, assisted living communities and health care agencies.
Fees: No fee; funding comes from donations and grants**.**

Kettles VA Medical Center (*VA Ann Arbor*) **- Home & Community Care Programs - Palliative & Hospice Care**
Website: www.va.gov/ann-arbor-health-care/health-services/#specialty-care
Address: 2215 Fuller Road, Ann Arbor MI 48105 (multiple languages)
Phone: (734) 769-7100
Toll Free: (800) 698-2411 National
TTY: 711
Services: Offers inpatient palliative care consultation, an outpatient palliative care clinic and home hospice care.
Fees: Covered under VA benefits. May also be covered by Medicaid or Medicare.

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Michigan Medicine - Palliative Care
Website: www.uofmhealth.org/conditions-treatments/home-care/palliative-care
Addresses & Phone: UM Hospital (via page) or at these clinics

- ***East Ann Arbor Health and Geriatrics Center - Adult Palliative and Supportive Care Clinic*** (734) 764-6831
- ***Rogel Cancer Center Symptom Management and Supportive Care Program*** (877) 907-0859 Available only for U-M Rogel Cancer Center patients
- ***Chelsea Health Center - Palliative and Supportive Care Clinic*** (734) 475-1321

Services: Help patients with chronic conditions or life-limiting illnesses enhance their quality of life and stay independent and symptom-free for as long as possible. Palliative care delivered by an interdisciplinary team of nurses, physicians, social workers, chaplains, pharmacists and others who focus on advanced disease management.
Fees: Medicare, Medicaid, and other insurances.

Promedica Hospice & Palliative Care **(**formerly ***Heartland*****)**
Website: www.promedicahospice.org/find-an-agency/promedica-hospice-ann-arbor/
www.promedicapalliativecare.org
Address: 1300 Eisenhower Place, Suite 1390, Ann Arbor MI 48108
Toll Free: (877) 329-1001
Toll Free Fax: (800) 878-9657
Email: annarbor@heartlandhospice.com
Services: Provides hospice and palliative care in homes, skilled nursing centers, and assisted or independent living facilities.
Fees: Medicare, Medicaid, and other insurances. Provides hospice care for all—regardless of the ability to pay or insurance coverage.

SouthernCare Hospice
Website: www.southerncarehospice.com
Address: 1965 Boardman Road, Unit B, Jackson MI 49202
Phone: 24 Hours (517) 788-6838
Toll Free: 24 Hours (866) 546-3733
Services: Provide physical, emotional and spiritual resources and grief support for families as well as palliative care. Provides personal care and grief support. Participates in "We Honor Veterans**."**
Fees: Covered by Medicare, Medicaid and other private insurance.

Trinity Health at Home (*was St. Joseph Mercy Home Care and Hospice)* Southeast Michigan
Website: trinityhealthathome.org/st-joseph-mercy-home-care-and-hospice
Address: 34505 W. 12 Mile Road, Suite 100, Farmington Hills MI 48331
Phone: (734) 343-7500
Toll Free: Michigan (855) 559-7178
Fax: (866) 754-4220 New patient referrals
Services: The hospice program provides support, comfort and care for patients with serious, possibly terminal illnesses. Gives psychological, emotional, social and spiritual support for patients and their families. Its community-based palliative care program provides relief from the symptoms and stress of a serious illness, while patients are still receiving curative treatment. Community Health Accreditation Partner (CHAP) accredited. Provides language assistance for non-English speakers.
Fees: Medicare, Medicaid, and other insurances.

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HEALTH SERVICES – HOSPITALS - rev June 2022

Chelsea Hospital
Website: www.stjoeshealth.org/location/chelsea-hospital
Address: 775 S. Main Street, Chelsea MI 48118
Phone: (734) 593-6000
Services: Has an Emergency Center with a Senior Emergency Department. A joint venture of St. Joseph Mercy Health System and University of Michigan Health.

Kettles VA Medical Center (*VA Ann Arbor*)
Website: www.va.gov/ann-arbor-health-care/
Address: 2215 Fuller, Ann Arbor MI 48105
Phone: (734) 769-7100
Toll Free: (800) 361-8387

Trinity Health St. Joseph Mercy Ann Arbor Hospital
Website: www.stjoeshealth.org/location/trinity-health-ann-arbor-hospital
Address: 5301 McAuley Drive, Ypsilanti MI 48197
Phone: (734) 712-3456 (734) 712-3000 Emergency
Services: Has an Emergency Center with a Senior Emergency Department.

University Hospital - Michigan Medicine, University of Michigan
Website: www.uofmhealth.org/our-locations/university-hospital
Address: 1500 E. Medical Center Drive, Ann Arbor MI 48109
Phone: (734) 936-4000
Services: Offers Survival Flight (800) 822-2233 to transport critically ill and injured patients; non-emergency dispatch (734) 936-6035

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HEALTH SERVICES - IN HOME PROVIDERS - Jan 2022

Nurses plus physical, occupational, and speech therapists are available through Skilled Home Health Care agencies which are listed under Home Care.

Canton Foot and Ankle Specialists
Website: cantonfoot.com
Address: 43050 Ford Road, Suite 150, Canton MI 48187
Phone: (734) 981-7800
Services: Offer Saturday appointments for homebound people in Ann Arbor area. No referrals necessary.
Hours: Saturday appointments for the homebound.
Fees: Accepts Medicare and other insurance. Patients without a referral must pay in full at time of service.

Dr. Leo Santoro, Jr., DPM
Website: docsantoro.weebly.com
Address: 2440 W. Stadium Blvd., Ann Arbor MI
Phone: (734) 665-1215
Services: Home visits are available for podiatry services in much of Washtenaw County – call for specific areas. No physician referral required.
Hours: Monday - Friday 9 am - 5 pm
Fees: Accepts Medicare and PPO insurance..

Eye Travel
Website: eyetraveldoc.com
Phone: (248) 376-6046
Services: Provides eye tests and offers an optical shop for frame selection.
Hours: Call for hours.
Fees: Vary based on service.

Hear to There Audiology
Website: www.heartothereaudiology.com
Address: 2370 E Stadium Blvd, #1026, Ann Arbor MI 48104
Phone: (734) 489-9395
Services: Delivers hearing health care and hearing aids in the home or living facilities within 25 miles of Ann Arbor.
Hours: Tuesdays & Wednesdays 3 - 7 pm; Fridays 9 am - 7 pm; Saturdays 9 am - 2 pm
Call for additional availability.
Fees: Accepts Medicare only; other patients file claims; costs given on Appointments page.

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Kettles VA Medical Center (*VA Ann Arbor*) **- Home & Community Based Care**
Website: www.va.gov/GERIATRICS/pages/Home_and_Community_Based_Services
Address: 2215 Fuller Road, Ann Arbor, MI 48105
Phone: (734) 769-7100 or 845-3664
Services: Provides home-based primary care, remote monitoring, and veteran-directed care.
Hours: 8 am - 4:30 pm
Fees: Covered under VA benefits. May also be covered by Medicaid or Medicare.

Mature Vision: Mobile Eye Care Clinic
Website: mobileicare.com
Phone: (313) 737-6289
Services: Offers primary eye care, contact lenses, optical services (glasses), and treats eye diseases in private homes, private businesses, and various living facilities – nursing homes, skilled nursing, assisted living, rehabilitation and hospice.
Hours: Call for hours.
Fees: Accepts Medicare, Medicaid and vision insurance.

Michigan Medicine - HouseCalls
Website: homecare.med.umich.edu/HouseCalls
Phone: (734) 477-7256
Services: An interdisciplinary team of nurse practitioners, a care manager, and a pharmacist care for patients who are homebound or have limited mobility. This includes care management visits, and regular care through transitions of care visits, one-time assessments and urgent visits. Referral required.
Hours: Call for hours.
Fees: Varies with service.

Semma Podiatry (House Calls Only) - Nationwide Food and Ankle
Website: www.nationwidefootandankle.com/semma-podiatry--house-calls-only-
Phone: (248) 956-0177
Services: Offers house calls for podiatry services.
Hours: Monday - Friday 8 am - 5 pm
Fees: Accepts insurance.

Senior Counseling Services, LLC
Website: www.senior-counseling-services-llc
Address: 37899 W. 12 Mile Road, Suite 130, Farmington Hills MI 48334
Phone: (248) 476-2229
Fax: (248) 476-4434
Services: In-home mental health counseling for seniors, homebound, and disabled individuals in southeast Michigan. Provides supportive counseling for family members and caregivers. Assists with resources and referrals. “In-home” includes senior residences and assisted living facilities. Due to COVID-19, now offering only telehealth appointments.
Hours: Office Monday - Friday 9 am – 5 pm; Confidential voicemail and fax available 24 Hours.
Fees: Bills Medicare; accepts some insurances and private pay.

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Visiting Counselors LLC
Website: www.seniorcounselinginhome.com
Address: Box 971961 Ypsilanti, MI 48197
Phone: (734) 635-7004
Services: Provides social work services and psychotherapy for a range of mental health needs. Specializes in gerontology and rehabilitation counseling. Due to COVID-19 is now primarily telehealth; do make occasional home visits.
Hours: Call for hours.
Fees: Bills Medicare and other insurance as well as accepts private pay patients.

Visiting Physicians Association (VPA)
Website: www.visitingphysicians.com
Address: 1194 Oak Valley Drive, Suite 80-B, Ann Arbor MI 48108
Phone: (734) 975-5000
Fax: (734) 975-0376
Services: Offers physician care, laboratory services, mobile x-rays and ultrasounds.
Hours: Monday - Friday 8:30 am - 4:30 pm; staff available 24 Hours.
Fees: Accepts Medicare and other insurances. Private pay patients not accepted.

Voiage Dental / Voiage Portable Dentistry
Website: www.voigagedental.com (may need to search web for "voiage dental")
Address: 26024 Pontiac Trail, South Lyon MI 48178
Phone: Office 248-486-4848 Coordinator Cell 248-931-4828
Fax: (855) 778-2780
Email: VoiageDental@gmail.com
Services: Elisa M. Ghezzi, DDS, PHD provides dental care for residents of assisted living facilities in the Detroit Metropolitan area. She specializes in mobile geriatric dental care for medically and cognitively impaired patients.
Hours: Call office for appointment or consultation.
Fees: Fee-for-service; submits bills to dental insurance for patient reimbursement and bills patient.

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HEALTH SERVICES – LOW VISION AND BLINDNESS - rev Oct 2021

American Council of the Blind
Website: www.acb.org
Toll Free: (800) 424-8666
Email: info@acb.org
Services:

- Publishes the *ABC Braille Forum* in text, braille, large print, NLS-style cartridge and podcast.
- Provides ten live streams including Community Events via the ABC Radio Community Channel and old-time radio shows from the 1920s to 1950s on the Treasure Trove stream.
- *The Audio Description Project* - A webpage listing movies; described DVDs; broadcast television; performing arts; plus museums, parks, exhibits and tours. The site includes separate and master lists of titles from a variety of streaming services. The site is searchable; updates are available via email.

Hours: Call for hours.
Fees: $10 annual membership fee; no charge to join as a Friend, listen to streams or search The Audio Description Project.

AT&T Accessibility - Vision
Website: about.att.com/sites/accessibility/vision
Toll Free Disability & Aging Center Support: (800) 772-3140
DACS TTY: (800) 651-5111
DACS Hours: Monday - Friday 9 am - 9 pm ET & Saturdays 11 am - 8 pm
Toll Free National Center for Customers with Disabilities: (866) 241-6568 *for wireless customers*
NCCD TTY: (866) 241-6567
NCCD Hours: Monday - Friday 10 am - 10 pm ET
TTY Relay Services: 711
Toll Free National Center for Customers with Disabilities: (866) 241-6568 *for wireless customers*
Services:

- Talking guide for DirecTV; video description for U-Verse TV; U-Verse app provides access to verbal and motion feedback for visually impaired users.
- Wireless rate plans for customers unable to effectively communicate over voice networks. Plans provide data-only access to AT&T's network and typically include real-time text messaging, email, Internet access, and video calling or multimedia messaging (when not restricted by device). *Not for use on tablets*.
- Customers using a TTY will receive a discount for local and toll calls, based on need. Offers TTY-compatible phones.
- AT&T Lifeline offers low income customers a discount on their monthly land or wireless/mobile/ cell phone bill.
- Directory Assistance Exemption Program for 411 calls.
- Bills available in large print or Braille.
- AT&T basic email works with screen readers and browsers.

Hours: see above
Fees: Varies, discounted services.

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Comcast / Xfinity - Accessibility Support Center
Website: www.xfinity.com/support/articles/accessibility-services
Toll Free: (855) 270-0379
Email: accessibility@comcast.com
Online Live Chat: Yes, at support.xfinity.com/accessibility_chat
Services: Assistance with video description on non-X1 TV boxes, using voice guidance on X1 boxes, and obtaining operator services & directory assistance exemptions for the disabled (as verified by a physician). Provides braille bills, channel lineups and Xfinity User Guides plus large-button Xfinity remotes.
Hours: Daily 8 am - 11 pm
Fees: No fee.

Detroit Radio Information Services (DRIS)
Website: wdet.org/dris/
Address: DRIS, c/o WDET 101.9 FM Detroit, 4600 Cass Avenue, Detroit MI 48201
Phone: (313) 577-3322 Monday - Friday 7 am - 12 pm
Email: dris@wayne.edu
Services: Radio Reading/Audio Information Service for people with disabilities from WDET 101.9 FM and Wayne State University. Volunteers read verbatim from more than100 local and national newspapers and magazines each week. Special interest materials include this week's grocery and department store ads, senior citizen issues, hobbies, and literature. Rehabilitation programs focus on topics like adjustment, employment, education and legislation. Specially built radio receivers are loaned free of charge to qualified applicants. Applicants must be registered with a Library for the Blind and Physically Handicapped or certified by a qualified healthcare provider such as doctor, social worker or rehabilitation counselor.
Hours: 24 Hours.
Fees: No fee.

Greater Detroit Agency for the Blind and Visually Impaired
Website: www.gdabvi.org
Address: 16625 Grand River Avenue, Detroit MI 48227
Phone: (313) 272-3900
Fax: (313) 272-6893
Email: Information@gdabvi.org or rehabilitation@gdabvi.org
Services: Adult services include vision rehabilitation therapy, orientation and mobility therapy, community programs and education, and information and referral. Covers Washtenaw County.
Hours: Call for hours.
Fees: No fee.

Kettles VA Medical Center (*VA Ann Arbor*) **- Visual Impairment Service Team (VIST)**
Website: www.va.gov/ann-arbor-health-care/programs/visual-impairment-services-team-vist/
Address: 2215 Fuller Road, Ann Arbor MI 48105
Phone: (734) 845-3934
Services: Veterans with low vision or blindness may consult the visual impairment services team for adaptive equipment and training. Referral needed. Support group and community activities available.
Hours: Call for appointment; contact primary care physician at the VA for more information.
Fees: Varies based on eligibility for benefits.

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Lions of Michigan Foundation - Lions Clubs of Michigan - Lions International
Website: www.lmsf.net www.lionsofmi.com www.lionsclubs.org/
Address: 5730 Executive Drive, Lansing MI 48911
Phone: (517) 887-6640
Fax: (517) 887-6642
Email: info@lmsf.net lions@lionsofmi.com
Services: Programs provide assistance for the purchase of eyeglasses, hearing aids, health-related services, scholarships or educational needs.
Hours: Monday - Friday 8 am - 4:30 pm
Fees: Varies based on club in local area; low vision aids and canes are usually free for individuals who have financial need.

Michigan Bureau of Services for Blind Persons (BSBP)
Website: www.michigan.gov/BSBP
Address: 702 W. Kalamazoo Street / PO Box 30007 / Lansing Michigan 48909
Cadillac Place, 3038 W. Grand Boulevard, Suite 4-450, Detroit MI 48202
Phone: Lansing (517) 241-1086 Detroit (313) 456-1646
Toll Free: (800) 292-4200
TTY: (888) 864-1212 or (517) 241-1092
TTY Toll Free: (888) 864-1212
Fax: Lansing (517) 335-0254 Detroit (313) 456-1645
Services: Provides vocational rehabilitation services, independent living services for those 55+, and a BSBP Training Center for the blind. It sponsors the Braille and Talking Book Library. Also provides information and referral including a link to Technology Related to Blindness and Visual Impairment.
Hours: Call for hours.
Fees: No fee.

Michigan Council of the Blind and Visually Impaired (an American Council of the Blind affiliate)
Website: www.michigancouncilottheblind.org acb.org
Phone: (206) 666-3696
Email: info@michigancouncilottheblind.org
Services: Offers resources and forums. Provides MCBVI radio www.mcbviradio.com/ online.
Hours: Leave voicemail for return call.
Fees: $10 annual membership fee. No fee to listen to radio online..

Michigan Medicine - Kellogg Eye Center
Website: www.kellogg.umich.edu
Address: 1000 Wall Street, Ann Arbor MI 48105
Phone: (734) 763-8122 appts. (734) 764-4190
Services: Provides diagnostic evaluation and treatment through various clinics and locations. Offers recommendations for optical aids and appliances as well as occupational therapy services.

- ***Low Vision and Visual Rehabilitation Service*** (734) 764-5106
- ***Living With Low Vision*** support group meets 2nd Wednesday from 1 - 3 pm.

Hours: Monday - Friday 8 am - 5 pm
Fees: Varies based on insurance coverage and service..

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(734) 998-9353

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Michigan Secretary of State
Website: www.michigan.gov/sos
Address: 295 N. Maple Road, Ann Arbor MI 48103
4675 Washtenaw Avenue, Ypsilanti MI 48108
1113 M-52 Chelsea MI 48118
Toll Free: (888) 767-6424 Mondays - Fridays 8:30 am - 5 pm
Fax: (734) 528-0925
Services: State identification cards, standard and enhanced, are free for Michigan residents who are legally blind or 65+. Renewals may be done online or via self-service stations.
Hours: Washtenaw County offices Monday & Thursday 9 am - 6 pm; Tuesday, Wednesday, Friday 9 am - 5 pm. No offices close for lunch. Appointments for office visits may be made online.
Fees: Varies, standard ID free for legally blind or those 65+.

National Federation of the Blind - Michigan
Website: www.nfbmi.org nfb.org
Email: nfb@nfb.org
Services: Provides advocacy, education, research, free white canes, and free Braille slates/styluses.

- NFB Newsline® - Audio news service for anyone who is blind, low-vision, deafblind, or otherwise print-disabled. Offers access to more than 500 publications, emergency weather alerts, job listings, and more. Access via touch tone phones, smartphone apps, online, and via email. May need certification from the regional Library for the Blind and Physically Handicapped. **Toll Free:** (866) 504-7300 or **Email**: nfbnewsline@nfb.org

Hours: Call for hours.
Fees: No fee.

Turner Senior Wellness Program - Michigan Medicine
Website: michmed.org/tswp
Address: 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 998-9353
Fax: (734) 998-9340
Services: Offers low vision resources and a Low Vision Support Group which meets the fourth Wednesday 1 - 2:30 pm.
Hours: Monday - Friday 9 am - 5 pm
Fees: No fee.

Verizon - Accessibility Resource Center
Website: www.verizon.com/about/accessibility/
Toll Free: Wireless National Accessibility Customer Service Center (888) 262-1999
FIOS & Traditional customers (800) 974-6006
TTY: (508) 251-5301
Email: vccd@verizon.com
Online Live Chat: Yes Contact Us
Services: Offers free 411/directory assistance (with physician verification), text to 911, Braille / large print / audio bills and audio manuals for its products. Also provides Video calling / chat.
Hours: Wireless customers Monday - Friday 8 am - 5 pm
FIOS & Traditional customers Monday - Friday 8:30 am - 5 pm
Fees: Varies by service.

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Washtenaw Library for the Blind and Physically Disabled at the Ann Arbor District Library
Website: www.aadl.org/wlbpd
Address: Downtown AADL**,** 343 S. Fifth Avenue, Ann Arbor MI 48104
Phone: (734) 327-4224
Toll Free: (888) 460-0680
Email: wlbpd@aadl.org
Services: Loans books, magazines, videos in alternative formats, and audiobooks in cartridges or for download; connects participants to the NFB newsline (local and national newspapers), and the Braille and Audio Reading Download (BARD) site. Materials and a talking book machine are shipped free to the home. A collection of assistive technologies is available at the Downtown AADL facility. The following libraries in Washtenaw County serve as WLBPD demonstration sites for machines and materials: Chelsea, Dexter, Manchester, Milan, Northfield Township, Saline, and Ypsilanti. For individuals who are certified as unable to read or use standard print materials. Apply through local libraries and some senior centers. *Note that most libraries have large print, audio materials (CDs and downloads), and ebook downloads (where fonts can be enlarged) available for patrons.*
Hours: Daily 10 am - 8 pm. Check AADL locations for current hours.
Fees: No fee.

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HEALTH SERVICES – OUTPATIENT SERVICES - rev July 2022

Hope Clinic
Website: thehopeclinic.org
Address: 518 Harriet Street, Ypsilanti MI 48197
Phone: (734) 481-0111 Medical Clinic (734) 436-1186 Eye Exams
Email: info@thehopeclinic.org communitysightprogram@gmail.com
Services: Provides free primary care to uninsured and underinsured patients and free medications/ Rx to qualified patients. Area hospitals partner with Hope to provide discounted lab and radiology services for qualified patients. Provides SBIRT (Screening, Brief Intervention, and Referral to Treatment) assessments, screening for substance use, depression and anxiety. Behavioral health services are available on a limited basis. Also offers free vision screening and glasses.
Hours: Monday - Friday 9 am - 4 pm; Saturdays 8:30 am - 12 pm
Fees: No or discounted fees; varies by service.

Michigan Medicine - Turner Geriatric Clinic and Geriatrics Center Clinics
Website: medicine.umich.edu/dept/geriatrics-center
Address: 4260 Plymouth Road, Ann Arbor MI 48109 (East Ann Arbor)
380 Parkland Plaza, Ann Arbor MI 48103 (West Ann Arbor, Parkland)
Phone: Appts. (734) 764-6831 Social Work (734) 764-2556
Toll Free: Appts. (877) 865-2167
Fax: (734) 647-8535
Services: Comprehensive primary care and geriatric assessments for adults 70+ staffed by teams of physicians, nurses, social workers, pharmacists, and medical assistants. Specialty clinics with varying age eligibility also available at East Ann Arbor in the following areas: cognitive disorders, foot care, endocrinology and diabetes care, gastroenterology, incontinence, mobility enhancement, movement disorders, neurogenetic disorders, palliative care, physical therapy, psychiatry, rheumatology, and transitional care. Chinese clinic at East Ann Arbor. Laboratory at both sites and pharmacy at East Ann Arbor. Geriatric psychiatry also at West Ann Arbor, Parkland (734) 998-7380.
Hours: Call for hours.
Fees: Varies according to service, Medicare and most insurances accepted.

Packard Health
Website: www.packardhealth.org
Address: 2650 Carpenter Road, Ann Arbor MI 48108 (Main)
1915 Pauline Blvd., Ann Arbor MI 48103 (Packard Health West)
200 Arnet St., Suite 150 (first floor), Ypsilanti MI 48198 (Packard Health Ypsilanti)
Phone: Packard Health Main (734) 971-1073
Packard Health West (734) 926-4900
Packard Health Ypsilanti (734) 985-7200
Fax: Packard Health Main (734) 971-8545
Packard Health West (734) 926-4901
Packard Health Ypsilanti (844) 215-8479
Services: Offers a full range of services such as primary and mental health care services, health promotion, and chronic disease management for the uninsured. Assistance with obtaining medication/ Rx and transportation for medical appointments is available when a financial need is demonstrated. Has free language assistance via qualified interpreter services and written translation to patients who

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have limited English proficiency. The practice is open to all individuals. Clients must call, use their patient portal, or an online web form to make an appointment.
Hours: Monday - Friday 8 am - 12 pm & 1 - 5 pm.
Packard Main Saturdays 8 am - 12 pm (in-person only)
Fees: Most major insurances are accepted; private fees are established on a sliding fee basis.

Trinity Health Primary Care - Ypsilanti (was *St. Joseph Mercy Neighborhood Family Health)*
Website: hacares.com/locations/mi/ypsilanti/trinity-health-neighborhood-primary-care-ypsilanti
Address: Haab Health Building, 111 N. Huron Street, Suite 200, Ypsilanti MI 48197
Phone: (734) 547-7977
Fax: (734) 572-4855
Services: Offers primary health care services, internal medicine, care management, and some in-office testing and procedures, and lab services.
Hours: Monday 8 am - 5 pm; Tuesday ~~8~~ 7 am - 7 pm; Wednesday & Thursday 8 am - 7 pm;
Fridays 7 am - 5 pm; Saturdays 8 am - 12 pm
Fees: Varies per service. All insurances accepted, including Medicare, Medicaid, Washtenaw Health Plan, and VA Healthcare.

Washtenaw County Health Department Clinics
Website: www.washtenaw.org/1131/Clinics (multiple languages)
Address: Human Services Building, 555 Towner Street, Ypsilanti MI 48198
Phone: (734) 544-6700
Fax: (734) 544-6705
Email: health@washtenaw.org
Services: Routine immunizations plus sexual health and tuberculosis clinics and screenings.
Hours: See specific clinic.
Fees: Varies per service. Some free tests. Medicaid and BCBS of Michigan accepted. No private insurance.

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HEALTH SERVICES - PRESCRIPTION ASSISTANCE PROGRAMS - March 2022

Rx Discount Savings Cards and/or Coupons
Prescription Assistance Help
Prescription Programs for the Uninsured or Under-Insured
Drug / Pharmaceutical Company Programs

In addition to Medicare options, there are other medication benefits available. They may be offered by commercial companies, states, and / or drug companies. Some have income limits and most are free. They fall into three categories listed below. Note that all hours listed are for telephone contact. Websites are available 24 Hours.

Also, search the agencies listed under the Financial Assistance section since many help with or provide guidance for Rx / prescription assistance.

Rx Discount Savings Cards and/or Coupons

Prescription card companies provide Rx discount savings cards, Rx coupons or both; either will provide discounts for prescription medications. One card or coupon may be used multiple times for the same or different medications at one or several pharmacies. Most discount cards or RX coupons may be ***printed, texted, or emailed.*** *Some require enrollment in the program. The cards or coupons are free to use,* ***even for non-citizens****, but may not always be used along with prescription insurance. Most cards and coupons are accepted in large chain pharmacies although some are accepted only at specific pharmacies. Check with local or community pharmacies to see if they participate in any discount card or coupon programs.*

Note that a phone number or email address is needed to get card or coupon via text or email. Name and address is required to get a physical card mailed.

Note that some pharmacies will not accept discount cards / coupons for certain drug classes such as controlled substances, including opioids.

AARP Rx Discount Program - Optum Rx
Toll Free: (877) 442-7718
Website: aarppharmacy.com
Services: Available to all; but AARP members may get their card in virtual wallets and get home delivery. May be used for any family member. Search results appear from lowest to highest price. Cannot be used with Medicare Part D.
Hours: 24 Hours
Fees: AARP membership required to get home delivery.

America's Pharmacy
Website: www.americaspharmacy.com
Toll Free: (888) 495-3181

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Smartphone app: Yes
Requires enrollment: No
Services: Search by drug name to find cost at nearby pharmacies. Provides a drug discount card to use at participating pharmacies for both human and pet medications. Drug prices set by participating pharmacies. Can not be used with Medicaid or with Medicare co-pays.
Hours: Monday - Friday, 8 am - 8 pm
Fees: No fee.

Ann Arbor/Ypsilanti Regional Chamber - A2Y Rx Plus Card
a2ychamber.org/benefits-3/savings/a2y-rxplus-card/
Phone: (734) 665-4433
Toll Free: (800) 223-2146 Rx Helpline (877) 321-6755 Customer Service
Smartphone app: No
Requires enrollment: No
Services: A prescription savings coupon/card offered to local residents. Scroll to bottom of page to search medications and/or pharmacies. Cannot be used with any other plan.
Hours: Monday - Friday 9 am - 5 pm A2Y office 24 Hours for toll free numbers
Fees: No fee

Discount Drug Network - Optum Perks
Website: www.discountdrugnetwork.com
Toll Free: (877) 537-5537 (877) 422-7718
Email: support@discountdrugnetwork.com
Smartphone app: No
Requires enrollment: No
Services: Search by zip code and get results grouped by national pharmacies, grocery stores, and other independent pharmacies with the best local price. Must give name, address, & email to get physical card.
Hours: Daily 7 am - 7 pm
Fees: No fee

Good Rx
Website: www.GoodRx.com (also Spanish / Espanõl and French)
Toll Free: (855) 268-2822
Smartphone app: Yes
Requires enrollment: No
Services: A free price comparison website for drugs, including pet medications. Searching by drug shows a discount or coupon and allows it to be printed, texted or emailed. May be used for pet medications. May be used instead of insurance.
Hours: Monday - Sunday 9 am - 8 pm
Fees: No fee for searching or accessing basic discounts or coupons**.** May enroll in ***Good Rx Gold*** by monthly subscription for more savings.

Health Well Foundation
Website: healthwellfoundation.org (also Spanish / Espanõl)
Toll Free: (800) 675-8416
Email: grants@healthwellfoundation.org
Smartphone app: Yes

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Requires enrollment: Yes
Services: Covers prescription copays; health insurance premiums; deductibles and out-of-pocket expenses; and travel costs. Reimburses costs or provides a pharmacy card. Eligibility depends on disease, medication, household income, and is limited to treatment in the United States. Participants must have health insurance. Also assists individuals with Acute Myeloid Leukemia.
Hours: Monday - Friday 9 am - 5 pm
Fees: No fee

MI Health / MiRx (My Prescription) Card
Website: www.mihealth.org/mirx/
Toll Free: (800) 259-8016 Rx Hotline 24 Hours (answered by Magellan)
(866) 755-6479 press 2 then 1 Help in applying (may have long wait time)
Smartphone App: No
Requires enrollment: Yes
Services: Free discount card/coupon for residents with no prescription drug coverage. Income limits apply. Has a searchable list of pharmacies: www.mihealth.org/mirx/Pharmacy
Hours: Monday - Friday 8 am - 7 pm
Fees: No fee

Michigan Rx Card
Website: michiganrxcard.com
Toll Free: (877) 321-6755
Smartphone App: No
Requires enrollment: No
Services: In partnership with the Michigan Association of Counties and the Michigan Academy of Physician Assistants, offers a free discount card/coupon to use for Rx not covered by health insurance or Medicare Part D. May be used instead of insurance if cost is less than copay. Note: Pharmacies in Washtenaw County are limited — the only recognizable one is RiteAid.
Hours:

Needy Meds Drug Discount Card
Website: www.needymeds.org (also Spanish / Espanõl)
Toll Free: (800) 503-6897
Email: info@needymeds.org
Smartphone App: Yes
Requires enrollment: No
Services: Offers searchable databases of drugs, pharmacies and prescription assistance programs. Provides a drug discount card — using printer or via text, email, or mail — or a smartphone app, to use at participating pharmacies. Name, address, email & SASE required to receive a physical card. Has drug cost calculator for pharmacies by zip code or address.
Hours: Monday - Friday 8 am - 8 pm
Fees: No fee

Rx for Miracles - Rx Pharmacy Coupon
Website: www.rx4miracles.org
Smartphone App: Yes
Requires enrollment: No

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Services: Provides free Rx savings coupons via text, email, or a free physical card for brand name and generic medications. Must give name, address, & email to get physical card via mail. Open to everyone; benefits Children's Miracle Network hospitals. Site includes a link for searching Medication Pricing by drug name and zip code. www.rx4miracles.org/medication-pricing.php
Hours: 24 Hours
Fees: No fee

Rx Saver
Website: www.rxsaver.com (also Spanish / Español)
Toll Free: (855) 569-6337
Smartphone app: Yes
Requires Enrollment: No
Services: Search by drug name to see discounted price from multiple pharmacies and to print coupon. Coupon is limited to pharmacy named on it. Cannot be combined with insurance or Medicare/Medicaid. Can also be used for all over-the-counter (OTC) items at www.rxsaver.com/blog/how-to-use-rxsaver-card-on-over-the-counter-medications
Hours: Monday - Friday 8 am - 7 pm
Fees: No fee

ScriptSave WellRx
Website: www.wellrx.com
Toll Free: (800) 407-8156
Smartphone app: Yes
Requires Enrollment: Only to manage medications, alerts, etc.
Services: Search for any FDA approved medication to find prices in the geographic area. One card covers a household. Can be used in Puerto Rico and Guam and for pet medications. Provide email to get price alerts.
Hours: Monday - Friday 9 am - 8 pm
Fees: No fee

Single Care Pharmacy
Website: www.singlecare.com/
Toll Free: (844) 234-3057
Email: support@singlecare.com
Smartphone app: Yes
Requires Enrollment: Optional to receive extra discounts.
Services: Gives search results in order from lowest cost to highest. Coupon valid only at the pharmacy named. Provides extensive information on the drug named. Keep scrolling to find the "Home Delivery" button. Single Care partners with GeniusRx for delivery of select medications transferred to them.
Hours: Daily 24 Hours (except major holidays)
Fees: No fee.

In addition to the general discount card or coupon programs listed above,

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individual stores have Rx discount or reward programs. See the listings below.

Michigan Drug Prices - Retail Discount Drug Programs
Website: michigandrugprices.com/Home/RetailDiscountDrugPrograms
Toll Free: (800) 642-3195 Medicaid Beneficiary Support
Toll Free TTY: 711 or (800) 649-3777 and ask for the number above
Email: MDHHSPharmacyServices@michigan.gov or BeneficiarySupport@michigan.gov
Services: Lists select retail pharmacies which offer discounted pricing on a large range of generic equivalents and brand name prescription drugs. Drug discount cards, retail drug discount programs, and other programs may offer substantial savings from retail prices.
Hours: 24 Hours

Costco - Pharmacy and Mail Order Pharmacy
Website: www.costco.com/home-delivery
Phone: (800) 607-6861 Costco pharmacy agent
Fax: (800) 633-0334
Email: webpharmacy@costco.com
Smartphone app: Yes
Requires enrollment: Yes
Services: In-store pharmacy service available to non-members and discounts available to members. Drug prices available in smartphone app and includes prices at other select pharmacies. Mail Order Pharmacy limited to Costco members and includes free standard shipping vis USPS. Expedited shipping available.
Hours: Monday - Friday 8:00 am - 10:00 pm; Saturdays 12:30 pm - 5:00 pm
Fees: No fee for in-store service; discounts and mail order with membership card

CVS - Extra Care Pharmacy & Health Rewards®
Website: www.cvs.com/extracare-cvs/rxrewards
Smartphone app: Yes
Requires enrollment: Yes
Services: Members of the free ExtraCare Rewards program may join this program and earn up to $50 Pharmacy & Health ExtraBucks Rewards® for filling prescriptions, etc. at 1-3 credits each. Rewards reset at the end of each calendar year. Pet medications are included. CVS Pharmacy at Target customers may request a Target merchandise coupon in lieu of receiving ExtraBucks Rewards. Offers optional paid membership in its **CarePass** program which provides free delivery of prescriptions, free shipping (with limitation), and discounts on CVS Health® brand products.
Hours: contact local CVS pharmacy
Fees: No fee.

Kroger Rx Savings Club - powered by GoodRx
Website: www.krogersc.com
Toll Free: (855) 912-6346
Requires Enrollment: Yes
Services: Free, $3 or $6 for common prescriptions. Also offers $4 (30 day) and $10 (90 day) supplies of medications; no insurance needed.
Hours: Monday - Friday 9 am - 9 pm; Saturdays & Sundays 10 am - 5 pm
Fees: Membership fee for individuals or family.

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Meijer - Select Free Prescriptions and MPerks Pharmacy Rewards
Website: www.meijer.com/services/pharmacy/free-prescriptions.html
www.meijer.com/services/pharmacy/pharmacy-rewards.html?
Phone: contact local Meijer pharmacy
Smartphone app: Yes
Requires enrollment: Yes
Services: ***Free*** - Select antibiotics are free; not valid with other offers. ***Rewards*** - Earn 1 credit for filling 5 prescriptions and then redeem digital reward. Includes pet medications.
Hours: contact local Meijer pharmacy
Fees: No fee

RiteAid - Rewards 65+ Program and accepts various discount cards / coupons
Website: www.riteaid.com/pharmacy/services
Smartphone app: Yes
Toll Free: (800) 748-3243
TTY: 711
Requires enrollment: Yes, for Rewards 65+ program
Services: Free consultation with a pharmacist. Offers translation services in 170 languages and labels in 12 languages, large type, or Braille. Has talking caps (with free speaker device).
Hours: contact local RiteAid pharmacy
Fees: No fee

Sam's Club - RxSavings Program (powered by America's Pharmacy)
Website: www.samsclub.com/pharmacy/rxsavings
Smartphone app: Yes
Requires enrollment: No
Services: Members automatically qualify for this program. Show membership card at pharmacy to get discounts. Cannot be used with other cards / coupons, vouchers, insurance or government programs like Medicare. Discounts apply to immunizations, diabetic supplies and select pet medications. Does not provide discounts on controlled substance medications. In-store interpreting services available for multiple languages. Online drug search www.samsclub.com/pharmacy/rxsavings results also show prices at nearby pharmacies for comparison. In-store pharmacy services available for non-members.
Hours: contact local Sam's Club pharmacy
Fees: Membership fee.

Walgreens Prescription Savings Club
Website: www.walgreens.com/psc/prescription-savings-club
Toll Free: (866) 922-7312 memberships
Smartphone app: Yes
Requires Enrollment: Yes
Services: Individual or family memberships available. Family membership Includes pet medications. Offers $5/$10/$15 (30 day) and $10/$20/$30 (90 day) supplies of select generic medications. Cannot be used with insurance or other pharmacy benefit programs.
Hours: contact local Walgreens pharmacy
Fees: Yes, for membership.

Walmart Prescription Program

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Website: www.walmart.com/cp/pharmacy/
Phone: contact local Walmart pharmacy
Smartphone app: Yes
Requires Enrollment: No for $4 Rx; Yes for Walmart+
Services:

- ***$4 Prescriptions*** - Offers $4 (30 day) and $10 (90 day) supplies of medications; no insurance needed.

Hours: contact local Walmart pharmacy
Fees: No additional fee for $4 Prescription program.

Prescription Assistance Help

These are organizations, companies and websites that help find prescription assistance for individuals. Usually patients must be U.S. citizens or residents.

BenefitsCheckUp - National Council on Aging (NCOA)
Website: benefitscheckup.org (also Spanish / Espanõl)
Toll Free: (800) 794-6559
Requires enrollment: Yes, for personalized assistance
Services: Helps individuals find prescription benefits online using zip code or complete personal information.
Hours: Monday - Friday 9 am - 5 pm
Fees: No fee

Medicine Assistance Tool - Pharmaceutical Research and Manufacturers of America (PhRMA)
(formerly ***Partnership for Prescription Programs (PPA)*****)**
Website: medicineassistancetool.org
Phone: (571) 350-8643
Requires enrollment: Yes, to screen for individual assistance.
Services: Online tool to find prescription assistance resources from various biopharmaceutical industry programs. The Patient Resources section at the bottom of the page links to Medicine Cost Information which lists select drug companies, specific medicines for which they offer assistance, and links to company websites for more information. Also provides information / links for prescription discount Savings Cards, and under Additional Resources lists government agencies, various disease-specific organizations, and other resources for prescription assistance.
Hours: Normal business hours
Fees: No fee

Needy Meds
Website: www.needymeds.org (also Spanish / Español)
Toll Free: (800) 503-6897
Email: info@needymeds.org
Requires Enrollment: No
Services:

- Offers searchable databases of drugs, pharmacies and prescription assistance programs.

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- Provides a drug discount card — using printer or via text, email, or mail — or a smartToll Free app, to use at participating pharmacies.
- Has drug cost calculator for pharmacies by zip code or address.

Hours: Monday - Friday 8 am - 8pm.
Fees: No fee

Patient Access Network - PAN Foundation
Website: www.panfoundation.org
Toll Free: (866) 316-7263
Requires enrollment: Yes
Services: Help insured people living with life-threatening, chronic and rare diseases with the out-of-pocket costs for their prescribed medications through 12-month renewable grants. Grants cover reimbursement for out-of-pocket medication costs, including co-pays, health insurance premiums, and transportation costs associated with medical care. Search by disease fund or medication for open grant opportunities.
Hours: Monday - Friday 9 am - 7 pm
Fees: No fee

Patient Advocate Foundation (PAF) - Co-Pay Relief
Website: copays.org www.patientadvocate.org (available in multiple languages)
Toll Free: (866) 512-3861
Requires enrollment: Yes
Services: Provides grants to help with medication copayments and deductibles for patients who are facing chronic, life-threatening or debilitating diseases. Also covers health insurance premiums — including Medicare Supplement Plans, Medicare Part B and/or Part D Premium reimbursement. From the Patients & Family page, search under “Find Your Fund” for open, closed and health equity (selected U.S. county) funds.
Hours: Monday – Friday 8:30 am - 5 pm
Fees: No fee

Patient Assistance Program/s
Website: patientassistanceprograms.net
Toll Free: (855) 889-3707
Requires enrollment: Yes
Services: Helps facilitate the completion of Patient Assistance forms and applications for pharmaceutical company programs for free or discounted prescriptions. Patients must be U.S. citizens or residents and are usually low-to-moderate-income, uninsured or under-insured and meet certain other guidelines.
Hours: Monday - Friday 9 am - 5 pm
Fees: Yes. Cancellation and refund policies.

Patient Help Network (PHN)
Website: www.patienthelpnetwork.org
Toll Free: (866) 218-0694
Requires enrollment: Yes
Services: Acts as liaison between the patient and the drug manufacturers for pre-qualification, application preparation, application submission, and managed refills, as well as re-enrollments. Ten (10) days to cancel initial enrollment; cancel service at any time.

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Hours: Monday - Friday 9 am - 5 pm
Fees: $25 application fee (non-refundable); $40 - $80 / month depending on medications

Prescription Lifeline **(**formerly ***My Rx Advocate*****)**
Website: prescriptionlifeline.org
Toll Free: (888) 331-1002
Requires enrollment: Yes
Services: Provides name brand drugs, when no generic drug is available, to U.S. residents who are uninsured or covered by Medicare.
Hours: Monday - Friday 9 am - 6 pm
Fees: $50 application fee. Service fees of $69/mo for first prescription and $30 for each additional Rx. Cancellation and refund policies.

RxAssist - Patient Assistance Program (PAP) Center
Website: www.rxassist.org/patients
Toll Free: (800) 997-7739
Email: info@rxassist.org
Services: Directory of patient assistance programs run by pharmaceutical companies to provide free medications to people who cannot afford to buy medicine. In addition to a search by individual drug or company name, the site provides a Multiple Drug Search for up to 5 drugs at once. An alphabetic list by name of manufacturer has a list of drugs for which assistance are provided along with a phone number for each. Eligibility is usually U.S. citizen or legal resident; no prescription insurance; income under 200% of the Federal Poverty Level. Offers a Rx Prescription Savings Coupon card with links to medication pricing and pharmacy locator.
(800) 223-2146 Rx Helpline; (877) 321-6755 Customer Service. Also has a list of programs offering Assistance with Medication Co-Pays.
Hours: Normal business hours.
Fees: No fee

Prescription Programs for the Uninsured or Under-Insured

When a person has problems paying for some or all of his or her prescription medications, these programs can help.

Accessia Health **(**formerly ***Patient Services Inc.*****)**
Website: www.patientservicesinc.org patientprograms-psi.org/patient-programs/
Toll Free: (800) 366-7741 Interpreter services available
Email: assistance@accessiahealth.org
Requires enrollment: Yes
Services: Helps pay for medication, provides health insurance premium and copay assistance for specific diseases. Presents programs by type of insurance — public, private or uninsured. Can check eligibility based on family size, disease & income before beginning application.
Hours: Monday - Tuesday & Thursday - Friday 8:30 am - 12 pm & 1:30 - 5 pm
Wednesdays 9:30 am - 12 pm & 1:30 - 5 pm
Fees: No fee

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Cancer*Care* - Co-Pay Assistance
Website: www.cancercare.org/copayfoundation
www.cancercare.org (both also Spanish / Espanõl)
Toll Free: (866) 55-COPAY (552-6729)
Email: information@cancercarecopay.org info@cancercare.org
Requires enrollment: Yes
Services: For individuals who need help with co-payment for cancer treatments. A list of covered diagnoses shows fund availability and eligibility requirements such as insurance and income for each fund. Must be U.S. citizen or legal resident of U.S. or territories. Provides Access Card Payment and Pharmacy benefit card as well as a searchable database (Helping Hand Online Resources for People with Cancer) of organizations providing financial or practical help.
Hours: Monday - Thursday 9 am - 7 pm; Friday 9 am - 5 pm
Fees: No fee

Cancer*Care* - Financial Assistance Program
Website: www.cancercare.org/financial_assistance
www.cancercare.org (both also Spanish / Espanõl)
Toll Free: (800) 813-HOPE (4673)
Email: info@cancercare.org
Requires enrollment: Yes
Services: Helps with treatment-related costs, such as transportation, home care and child care. Also includes a Pet Assistance and Wellness (PAW) Program. Eligibility requirements include diagnosis, active treatment, residency, and income.

- Helping Hand Online Resources for People with Cancer - searchable database of organizations providing financial or practical help.

Hours: Monday - Thursday 10 am - 6 pm; Friday 10 am - 5 pm
Fees: No fee

Health Well Foundation
Website: healthwellfoundation.org (also Spanish / Espanõl)
Toll Free: (800) 675-8416
Email: grants@healthwellfoundation.org
Smartphone app: Yes
Requires enrollment: Yes
Services: Covers prescription copays; health insurance premiums; deductibles and out-of-pocket expenses; and travel costs. Reimburses costs or provides a pharmacy card. Eligibility depends on disease, medication, household income, and is limited to treatment in the U.S. Participants must have health insurance. Also assists individuals with Acute Myeloid Leukemia.
Hours: Monday - Friday 9 am - 5 pm
Fees: No fee

Leukemia & Lymphoma Society - Financial Support
Website: www.lls.org/lls-services-and-support
www.lls.org (both also Spanish / Espanõl)
Toll Free: (877) 557-2672 (800) 955-4572
Email: FinancialAssistance@LLS.org
Requires enrollment: Yes

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Services: Offers a number of different assistance programs including Co-Pay Assistance Program, Patient Aid Program, Patient Travel Assistance Program and Urgent Need Programs. There is a summary chart which gives eligibility and criteria for eight programs.
Hours: Monday - Friday 9 am - 7 pm
Fees: No fee

LifeSource Direct - WellCard Health
Website: lifesourcedirect.com/health-benefits-guide/prescription-savings-card/rx-labratory-imaging-discount-card/ or lifesourcedirect.com/health-benefits-guide/pharmacy-discount-card/
Toll Free: (800) 562-9625
Smartphone app: No
Requires Enrollment: No
Services: This company's Rx Discount Card Helps lower costs for all brand name and generic drugs. Works with drugs not covered by insurance or excluded from Medicare Part D.
Hours: 24 Hours
Fees: No fee.

Medicare - Limited Income NET (Newly Eligible Transfer) Program
Website: www.cms.gov/Medicare/Eligibility-and-Enrollment/LowIncSubMedicarePresCov/MedicareLimitedIncomeNET
Toll Free: (800) 783-1307
TTY: (877) 801-0369
Email: MedicareLINET@cms.hhs.gov
Requires Enrollment: Yes
Services: Provides immediate temporary Part D prescription coverage for those who qualify for "Extra Help" and have no prescription drug coverage. Enrollment in LINET is temporary (1-2 months) with up to 90 days retroactive coverage. Enrollment may be auto-enrollment by CMS, at point-of-service use, or by submitting receipts for previous purchases. The benefits of the program include: No premiums, Co-pays based on "Extra Help" level, covers all Medicare Part D approved medications, use any pharmacy in good standing.
Hours: Normal business hours
Fees: No fee

Medicare Prescription Drug Plans "Extra Help" - Social Security Administration
Website: www.ssa.gov/benefits/medicare/prescriptionhelp
Toll Free: (800) 772-1213
TTY: (800) 325-0778
Requires Enrollment: Yes
Services: people with limited resources and income may also get Extra Help with the costs — monthly premiums, annual deductibles, and prescription co-payments — related to a Medicare prescription drug plan. Also known as the "Low Income Subsidy,"
Hours: Monday - Friday 8 am - 7 pm
Fees: No fee

My Good Days
Website: www.mygooddays.org/patients
Toll Free: (877) 968-7233

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Live Chat: Yes
Email: admin@mygooddays.org
Services: Helps pay for otherwise unaffordable co-insurance for selected Diseases for one year. Must have SSN and be treated in the U.S. with a FDA-approved medication. Income limits apply. Partners with In-House Interpreting to offer translation services in more than 300 languages.
Hours: Monday-Friday 9 am - 1pm & 2 pm - 6 pm
Fees: No fee

National Organization for Rare Disorders (NORD) - RareCare®
Website: rarediseases.org/patients-&-families/help-access-medications/patient-assistance
Toll Free: (800) 999-6673 (844) 259-7178 Spanish / Espanõl
Services: Helps patients obtain life-saving or life-sustaining medication not otherwise affordable. Programs provide medication and financial assistance with insurance premiums and co-pays. Must live in the U.S., have a diagnosis or referral, and meet financial need criteria.
Hours: Monday - Thursday 8:30 am – 7 pm & Friday 8:30 am – 6 pm
Fees: No fee

Prescription Lifeline (formerly ***My Rx Advocate***)
Website: prescriptionlifeline.org
Toll Free: (888) 331-1002
Requires enrollment: Yes
Services: Provides name brand drugs, when no generic drug is available, to U.S. residents who are uninsured or covered by Medicare.
Hours: Monday - Friday 9 am - 6 pm
Fees: $50 application fee. Service fees of $69/mo for first prescription and $30 for each additional Rx. Cancellation and refund policies.

The Rx Advocates
Website: therxadvocates.com
Toll Free: (844) 559-8331 or (844) 748-1160
Email: membership@therxadvocates.com
Requires enrollment: Yes
Services: Help apply for pharmaceutical company programs supplying brand name drugs at no cost. Medication List provides links to cost of select drugs through Rx Advocates compared to prescription discount cards.
Hours: Normal business hours
Fee: $35 enrollment fee. Service fee of $60/mo for 1 medication, $70/mo for 2, $80/mo for 3 and $90 for 4 or more medications. Cancellation and refund policies.

RxHope
Website: www.rxhope.com
Requires enrollment: Yes
Service: Provides a free electronic application process for drug company patient assistance programs. A medication search is available by brand name, patient assistance program, or

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pharmaceutical company. There is also a list of pharmaceutical companies which sponsor patient assistance programs.
Fees: No fee

Rx Outreach
Website: rxoutreach.org
Toll Free: (888) 796-1234 or (800)769-3880
Email: questions@rxoutreach.org
Requires enrollment: Yes
Services: A non-profit mail order pharmacy providing affordable or free medications for those with minimal or no insurance and meeting income eligibility requirements. Has a separate Men's Pharmacy for select medications. Medication lists are available (not searchable and not alphabetic) online and as downloads (by disease and by drug, the latter with prices).
Hours: Monday - Thursday 8 am – 9:00 pm; Friday 8 am - 6:30 pm; Saturday 9 am - 2 pm
Fees: No fee

Simple Fill
Website: simplefill.com
Toll Free: (877) 386-0206
Email: questions@simplefill.com
Requires enrollment: Yes
Service: Researches, qualifies, and maintains patients' enrollment in all sources of assistance available to them — pharmaceutical companies and foundations that offer grant funding for chronic diseases. Call to determine eligibility.
Fees: $10 non-refundable processing fee plus monthly fee. Cancellation policy.

The Assistant Fund (TAF)
Website: tafcares.org
Toll Free: (855) 845-3663
Requires enrollment: Yes; requires a phone number
Services: Provides financial assistance for 70+ disease programs through reimbursement of prescription co-pays to US citizens and permanent residents. Eligibility based on household size, income, and insurance. Funds on an annual basis; re-enrollment may be available. Patients may cancel enrollment online or via phone.
Hours: Monday - Friday 8 am - 7 pm
Fees: No fee

World Medical Relief - Affordable Prescription Program
Website: www.worldmedicalrelief.org/local-programs (flyer available in Spanish / Espanõl)
Phone: (313) 866-5333
Fax: (313) 866-5588
Email: info@worldmedicalrelief.org
Requires enrollment: Yes
Services: Provides prescription medicines to financially qualified individuals, age 18 and older living in Michigan. For the uninsured or under-insured. Requires proof of income and copy of identification card. Do not have prescription drug insurance coverage. May still qualify if you have a discount prescription card or are a senior on Medicare Part D.
Hours: Call for business hours.

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Fees: $8.30 per prescription, plus postage if mailed to the home

Drug / Pharmaceutical Company Assistance Programs

Drug or pharmaceutical companies — GlaxoSmithKline, Johnson&Johnson, Pfizer, and many others — offer assistance by supplying some of their products for free or discounted.

The easiest way to find out if a specific medication is covered is to visit the Needy Meds website (also Spanish / Espanõl) and search by drug name or call **Toll Free (**800) 503-6897. The search results show whether the drug is a brand name or generic, and, if generic, whether it is part of the ***$4 Prescription Discount Program*** and at which stores.

Entries show, via icons, which assistance program/s cover the drug; whether there are $4 generics; if there are coupons or rebates; a link to support pages on the product website; links to videos, package inserts, medication guides and more; and a link to Drugs.com for additional information.

For the assistance program which covers the drug, listed are the eligibility requirements, the application process, and the medication itself — amount/supply, delivery, refills, limits, and re-application, and the type of assistance.

There may be special discount cards / coupons available for a specific drug.

Be sure to read the fine print for limitations on the number of prescriptions covered and/or exclusions on the programs — many will not help with costs if the recipient is covered by Medicare.

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HOME CARE - rev-July 2021

Explanations:

Skilled Home Health Care - Billable to Medicare: Medicare will pay for some home care if the patient meets "homebound" criteria, as decided by a physician, and requires care by a skilled professional (R.N., physical therapist, speech therapist). If the patient meets these guidelines, as decided by a physician, Medicare will also pay for a home health aide who can assist on a limited basis with meal preparation, bathing, and other non-skilled home care needs, for as long as skilled care is required.

Non-Skilled Home Care: These agencies provide caregivers who can offer a wide range of services for private pay: for example, bathing, personal hygiene, meal preparation, companionship, light housekeeping, and transportation. Call the agency for a specific list of services.

Care Management: Planning, generating and organizing care and services in collaboration with the client and his or her support system and/or a set of activities intended to improve patient care and reduce the need for medical services by enhancing coordination of care, eliminating duplication, and helping patients and caregivers more effectively manage health conditions. More information can be found at AgingLifeCare.org.

Helpful resources:

"**Hiring Guide — Non-Medical Home Health Care Agencies**" - ask for this handout which was created by Turner Geriatric Center social workers and TSWP staff.

Home Health Compare: From Medicare.gov, this site provides information about the quality of care provided by "Medicare-certified" home health agencies throughout the nation. "Medicare-certified" means the home health agency is approved by Medicare and meets certain federal health and safety requirements. Can help in choosing a quality home health agency that has the skilled home health services needed.

Home Health Agency Checklist (Medicare.gov, 1 p.)

Medical Alert Systems: Wearable devices can help summon assistance in an emergency. AARP (as of October 2021), Consumer Reports and PC Magazine have guides on selecting a system, The CR and PC Mag web pages also provide information on 8-10 monitored systems as of October 2020 and February 2022, respectively. (These and other technologies are ***not*** listed in this resource directory.)

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Acclaimed Home Care
Website: www.acclaimedhc.com/
Address: 24901 Northwestern Hwy., Suite 605, Southfield MI 48075
Phone: (248) 352-0400
Fax: (248) 352-0408
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare; Other - Care Management

Accredited - We Are Home Care
Website: www.accreditedhomecare.com
Address: 27733 Schoenherr Road, Warren MI 48088
Phone: (586) 427-6640
Toll Free: (888) 813-6244
Fax: (586) 427-6642
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Action Home Health Care - Work Skills Corporation (WSC)
Website: www.wskills.com/health-care/
Address: 100 Summit Street, Brighton MI 48166
Phone: (810) 227-4868
Fax: (810) 227-1344
Notes: 501(c3) non-profit.
Classification: Non-Skilled Home Care.

Angels at Home Care
Website: www.angelsatAhomecare.com
Address: 32781 Middlebelt Road, Suite G, Farmington Hills MI 48334
Toll Free: (877) 735-1050
Classification: Non-Skilled Home Care

Arcadia Home Care and Staffing
Website: www.arcadiahomecare.com
Address: 20750 Civic Center Drive, Suite 100, Southfield MI 48076 (HQ) plus offices in Birmingham and Jackson
Toll Free: (866) 224-7541
Notes: Offers traumatic brain and spinal cord injury care.
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare; Other - Care Management.

BrightStar Care - Ann Arbor
Website: www.brightstarcare.com/ann-arbor
Address: 3810 Packard St. Suite 210, Ann Arbor, MI 48108
Phone: 24 Hours (734) 302-4215
Fax: (810) 225-6150
Notes: Offers disability or special needs home care. Accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO).
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

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Care Home Health Agency
Website: www.carehha.com
Address: 3020 Packard Road, Suite 3, Ypsilanti MI 48197
Phone: (734) 481-8888
Fax: (734) 418-1011
Email: info@carehha.com
Note: Has medical social workers.
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare

Care Management by Natalie
Website: www.caremanagementbynatalie.com
Phone: (734) 224-4144
Email: info@cmbynatalie.com
Note: Outpatient transportation and companionship services.
Classification: Other - Care Management.

CareLinx
Website: www.carelinx.com/care4u
Toll Free: (855) 444-9329
Notes: An agency helping care seekers and care providers connect. Care seekers can post a job, interview and hire via CareLinx**.** Affiliated with Trinity Health at Home. Charges fee.
Classification: Non-Skilled Home Care

Carian
Website: www.carian.care
Address: 9864 E. Grand River, Suite 110, #186, Brighton MI 48116
Phone: (248) 792-0564
Email: info@carian.com
Classification: Non-Skilled Home Care

ComForCare Home Care - Plymouth MI
Website: comforcare.com//michigan/western-wayne
Address: 127 S. Main Street, Suite 3 & 5, Plymouth MI 48170
Phone: (734) 414-1981
Fax: (734) 414-1983
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Comfort Keepers® of Ann Arbor
Website: annarbor.comfortkeepers.com
Address: 502 S. Main, Ann Arbor MI 48104
Phone: (734) 234-8277
Classification: Non-Skilled Home Care.

Enriched Life Home Care Services
Website: www.elhcs.com
Address: 10811 Farmington Road, Livonia MI 48150
Phone: 24 Hours (734) 418-0438

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Email: Care@enrichedlifehomecare.com
Notes: Offers disability care plus free in home safety evaluation..
Classification: Non-Skilled Home Care.

FirstLight Home Care
Website: www.firstlighthomecare.com/home-healthcare-greater-ann-arbor/
Address: 2723 S. State Street, Suite 150, Ann Arbor MI 48104
Phone: (734) 205-9448
Classification: Non-Skilled Home Care.

Friends of the Family Home Health Care
Website: www.trustingcare.com
Address: 2035 Hogback Road, Ann Arbor MI 48106
Phone: (734) 548-8647
Email: info@trustingcare.com
Online Live Chat: Yes
Notes: Offers pet care.
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Friends Who Care
Website: www.friendswhocare.com/
Address: 2770 Carpenter Road, Suite 200, Ann Arbor MI 48108
Phone: (734) 971-6300
Toll Free: (800) 288-2167
Fax: (734) 971-1026
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

G.R. and.M.A - Graying Respectfully and Moving Advisory
Website: www.michigangrandma.com
Email: michelle@michigangrandma.com
Phone: (248) 794-9422
Services:. Helps families find senior living communities and home care options in Michigan. Michelle Miller, CDP.
Hours: Call for hours
Fees: No fee
Classification: Other - Care Management.

Griswold Home Care of SE Michigan
Website: www.griswoldhomecare.com/ann-arbor-bloomfield/
Address: 2531 Jackson Avenue, Suite 141, Ann Arbor MI 48103
Phone: (734) 707-4847
Classification: Non-Skilled Home Care

Health Partners
Website: healthpartnersinc.com
Address: 30700 Telegraph Road, Suite 3475, Bingham Farms MI 48025
Phone: (248) 423-3466

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Toll Free: (800) 969-7723
Toll Free Fax: (800) 969-7723
Notes: Offers traumatic brain and spinal cord injury care.
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare

Home Instead Senior Care®
Website: www.homeinstead.com/ www.homeinstead.com/AnnArbor&Brighton
Address: 2160 S. Huron Pkwy., Suite 4, Ann Arbor MI 48104
Phone: (734) 971-9023
Toll Free: (888) 673-1166 National
Fax: (734) 971-9024
Classification: Non-Skilled Home Care.

Homewatch CareGivers
Website: www.homewatchcaregivers.com/ann-arbor/
Address: 525 Avis Drive, Suite 3, Ann Arbor MI 48108
Phone: (734) 530-4217
Fax: (734) 864-7390
Note: No minimum hours required.
Classification: Non-Skilled Home Care.

IndeQuest Nurse Care Management
Website: www.indequeStreetcom/
Address: 47526 Clipper Street, Plymouth MI 48170
Phone: (734) 468-1760
Toll Free: (800) 422-7364
Fax: (734) 468-1765
Note: Private pay. Geriatric care managers provide assessment and education, direct care coordination, and assistance in navigating the health care system.
Classification: Other - Care Management.

Interim Healthcare
Website: www.interimhealthcare.com/annarbormi/
Address: 3810 Packard Road, Suite 230, Ann Arbor MI 48103
Phone: (734) 368-9102
Classification: Non-Skilled Home Care

Kennedy Care
Website: www.kennedycare.com/
Address: 150 S. Fifth Avenue, Suite 205, Ann Arbor MI 48104
Phone: (734) 657-3528
Toll Free: (800) 796-CARE (2273)
Fax: (877) 533-6177
Email: info@kennedycare.com
Note: Offers concierge services such as pet care, airport transportation, and arranging home services; veteran care and care in senior communities.
Classification: Non-Skilled Home Care & Other - Care Management.

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Kettles VA Medical Center (*VA Ann Arbor*) **- Home and Community-Based Care (HCBC)**
Website: www.va.gov/GERIATRICS/pages/Home_and_Community_Based_Services
Address: 2215 Fuller Road, Extended Care Center, Ann Arbor MI 48105
Phone: (734) 769-7100
Toll Free: (800) 361-8387
Note: Programs manage care in veterans homes and community settings.
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare. Other - Care Management.

LifeChoices® Membership Plan
Website: ehmss.org/services/lifechoices-continuing-care-at-home/
Phone: (734) 295-9292
Email: LCinfo@EHMsolutions.org marketing@ehmss.org
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

MI Choice Waiver Program - Michigan - Department of Health & Human Services
Website: www.michigan.gov/mdhhs/
Address: Area Agency on Aging 1B - 2900 Northwestern Highway, Suite 400, Southfield MI 48034
Phone: (248) 357-2255
Toll Free: (800) 852-7795
TTY: Michigan Relay (800) 649-3777
Fax: (248) 948-9691
Services: Government-funded long term care program to help residents remain in their homes. Eligibility: Age 60+ and medically eligible for nursing home admission. Income limits (change yearly), individual asset limits (not including house); different rules apply for couples (nursing home financial eligibility rules apply).
Classification: Non-Skilled Home Care. Other - Care Management.

Michigan Visiting Nurses
Website: homecare.med.umich.edu/Michigan-Visiting-Nurses
Address: 2850 S. Industrial Hwy., Suite 75, Ann Arbor MI 48104
Phone: (734) 677-1515
Toll Free: (800) 842-5504
Classification: Skilled Home Health Care - Billable to Medicare.

Our Family Friend
Website: www.ourfamilyfriend.com
Address: 610 S. Brown Street, Jackson MI 49203
Phone: (734) 224-8158
Fax: (734) 758-9000
Note: Serves Washtenaw County. Offers "on call" services for emergencies.
Classification: Non-Skilled Home Care.

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Partners in Personal Assistance
Website: www.annarborppa.org/
Address: 3840 Packard Road, Suite 150, Ann Arbor MI 48108
Phone: (734) 214-3890
Fax: (734) 214-0644
TTY: 711
Email: info@annarborppa.org
Note: Serves people with disabilities 18+ in Washtenaw County in homes or elsewhere. Two-hour minimum per visit.
Classification: Non-Skilled Home Care.

Personal Touch Home Health Care Services, Inc.
Website: www.pthhc.com/
Address: 300 N. Huron Street, Ypsilanti MI 48197
Phone: (734) 480-0125
Fax: (734) 480-0015
Toll Free Fax: (866) 655-1320
Email: info.pthhc@gmail.com
Note: Provides minor home repair and yard maintenance. Community Health Accreditation Partner (CHAP) accredited.
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Promedica Home Health Care (*formerly **Heartland***)
Website: promedicahomehealth.org/find-an-agency/promedica-home-health-ann-arbor/
Toll Free: (877) 329-1001
Fax: (800) 878-9657
Email: annarbor@heartlandhomehealth.com
Classification: Skilled Home Health Care - Billable to Medicare.

Reliable Home Care, LLC
Website: www.reliablecarea2.com/
Address: PO BOX 130557, Ann Arbor MI 48113
Phone: (734) 395-7887
Email: rhcareinyourhome@aol.com
Classification: Non-Skilled Home Care.

Right at Home
Website: www.rightathome.net/washtenaw
Address: 2355 E. Stadium Blvd., Suite 2, Ann Arbor MI 48104
Phone: (734) 971-5000
Fax: (734) 971-5105
Classification: Non-Skilled Home Care.

SameAddress - Concierge and In Home Care
Address: 21800 Haggerty Road, Suite 114, Northville MI 48167
Website: sameaddress.com
Phone: (248) 262-9999
Toll Free: (866) SENIOR-1 Memory Care Program

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Email: customercare@sameaddress.com
Note: Concierge Care includes home modification and repairs plus estate and financial planning.
Classification: Non-Skilled Home Care.

Senior Helpers
Website: www.seniorhelpers.com/mi/ann-arbor
Address: 4130 Varsity Drive, Suite C, Ann Arbor MI 48108
Phone: (734) 927-3111
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Senior Key Care
Website: www.seniorkeycare.com
Address: PO Box 971159, Ypsilanti MI 48197
Toll Free: (800) 583-0063
Email: welcome@seniorkeycare.com
Services: Uses care coordinators. Works with Kibage Care Network to connect with family caregivers.
Classification: Non-Skilled Home Care

Seniors Helping Seniors (aka Care on Wheels)
Website: seniorcarewestland.com
Address: 13 N. Washington Street, Ypsilanti MI 48197
Phone: (734) 355-4719
Classification: Non-Skilled Home Care

Shared Services Home Health Care and Personal Care & Companion Care - EHM Senior Solutions
Website: ehmss.org/healthcare/home-health-care/ and ehmss.org/healthcare/personal-caregivers//
Address: 400 W. Russell Street. Saline MI 48176
Phone: (734) 222-4037 Home Health Care or 222-4000 Personal & Companion Care
Email: marketing@ehmss.org
Notes: Includes handyman services and home modifications. Community Health Accreditation Program (CHAP) accredited.
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare. Other - Care Management.

Stefanie Sinks, Geriatric Care Management
Website:-www.stefaniesinks.com
Phone: (734) 649-9600
Email: stefanie@stefaniesinks.com
Classification: Other - Care Management.

Trinity Health at Home (was ***St. Joseph Mercy Home Care & Hospice - Southeast Michigan***)
Website: www.trinityhealthathome.org (Spanish / Español)
Address: 34505 W. 12 Mile Road, Suite 100, Farmington Hills MI 48331
Toll Free: Michigan (855) 559-7178 info and new patient referrals
Fax: New patient referrals (866) 754-4220

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Note: Military and Veterans program. Provides Home Care Connect™ virtual care service. Part of Trinity Health At Home.
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

United Home Health Services at Garden City Hospital - Home Health Care / UHHS
Website: www.gch.org/Services//Home-Health-Care
Address: 6245 Inkster Road, Garden City MI 48136
Phone: (734) 981-8820
Notes: Community Health Accreditation Program (CHAP) accredited.
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Visiting Angels - Washtenaw County
Website: www.visitingangels.com/ann-arbor
Address: 2860 Carpenter Road, Suite 300, Ann Arbor MI 48108
Toll Free: (877) 618-4748 (VISIT)
Classification: Non-Skilled Home Care.

WellsBrooke
Website: wellsbroke.com
Address: 14855 Galleon Court, Plymouth MI 48170
Toll Free: (888) 493-5572
After Hours Toll Free: (888) 773-1001
Email: info@wellsbrooke.com
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare; Other - Care Management.

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HOME MAINTENANCE - rev July 2021

AARP - HomeFit Guide
Website: www.aarp.org/livable-communities/housing/info-2020/homefit-guide-download.html
Toll Free: (888) 687-2277
Email: livable@aarp.org
Services: Use the *HomeFit Guide* to determine whether a residence is "fit" for independent living. The guide also includes tips for hiring a contractor. Workshops are offered periodically; or, download or request a free printed copy using publication number: D18959. Printable worksheets are available.
Hours: 24 Hours
Fees: No fee

Ann Arbor Community Center - A Helping Hand Around the House ***Suspended due to COVID***
Website: annarbor-communitycenter.org/services-seniors/
Phone: (734) 662-3128
Services: Provides help with tasks such as light housekeeping, window cleaning, home maintenance projects, yard work, moving furniture and periodically, when available and scheduled, assists with meal preparation or transportation. Registration required.
Hours: Leave message for return call.
Fees: No fee

Catholic Social Services of Washtenaw County - Home Maintenance and Safety Services
Website: csswashtenaw.org/seniors/home-and-safety-services/
Address: 4925 Packard Street, Ann Arbor MI 48108
Phone: (734) 971-9781 press 8
Services: A variety of basic maintenance services are available to help older adults maintain their independence and keep them safe at home.

- ***Home Safety Installations*:** Smoke alarms & carbon monoxide detectors, battery & light bulb exchanges; grab bars & shower chairs, raised toilet seats and hand-held showers
- ***Home Maintenance & Minor Repairs*:** Basic household repairs and routine maintenance; minor plumbing**,** minor electrical, minor carpentry, weather stripping.
- ***Outdoor Chores*:** Window washing, leaf raking**.**

Hours: Monday - Friday 8:30 am - 5 pm
Fees: Based on ability to pay; no one is denied service if unable to contribute.

City of Ann Arbor - Waste Management and Recycling
Website: www.a2gov.org/departments/trash-recycling/
Address: Customer Service**,** Larcom City Hall, 1st Floor, 301 E. Huron Street, Ann Arbor MI 48104
Phone: (734) 794-7336
Email: customerservice@a2gov.org
Service: Provides side door or porch set-out service for refuse or recycling containers when “Special Pick-up Service” is requested.
Eligibility: Requires an on-site visit to begin this service; must be renewed every 2 years.
Hours: Monday - Friday 7:30 am - 5:30 pm except holidays
Fees: No additional fee.

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Evangelical Homes of Michigan - Senior Solutions - LifeChoice Solutions®
Website: ehmss.org/services/handyman-home-modifications/
Phone: (734) 295-9292
Email: marketing@ehmss.org
Service: Offers home modification – safety assessments, home adaptation and installation services – and handyman / maintenance services. Call for free quotes.
Hours: Regular business hours.
Fees: Hourly fee for services.

Habitat for Humanity, Huron Valley - Home Improvement Programs
Website: www.h4h.org/home-improvement-program
Address: 2805 S. Industrial, Suite 100, Ann Arbor MI 48104
Phone: (734) 677-1558
Fax: (734) 215-9843
Services: Provide critical home repairs, exterior projects, appliance replacements and other home improvements for families, individuals, seniors and veterans.

- Aging in Place Home Improvement Program targets seniors providing older adults with improvements and modifications to help age safely and comfortably at home. Eligibility: Must meet income guidelines.

Hours: Regular business hours.
Fees: Applicable repayments.

Michigan Department of Health and Human Services - State Emergency Relief Program (SER)
Website: www.michigan.gov/mdhhs
Address: Washtenaw County Office - 22 Center Street, Ypsilanti MI 48198
Phone: (734) 481-2000
Fax: (734) 481-8386
Services: Provides immediate help to individuals and families facing conditions of extreme hardship or for emergencies that threaten health and safety. Services provided through direct financial assistance and contracts with a network of non-profit organizations to help with home repairs and ownership services. Asset and income guidelines. Local DHS specialists determine eligibility.
Hours: Monday - Friday 8:30 am - 5 pm
Fees: No fee.

Pittsfield Charter Township - Residential Solid Waste Service
Website: www.pittsfield-mi.gov/Residential Solid Waste Service
Address: 6201 W. Michigan Avenue, Ann Arbor MI 48108
Phone: (734) 822-3105
Fax: (734) 944-1103
Email: utilities@pittsfield-mi.gov
Services: If unable to place rubbish at the curbside for pick-up due to a physical challenge or advanced age, contact the Township to arrange for assistance.
Hours: Monday - Friday 8 am - 5 pm
Fees: No additional fee.

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Washtenaw County - Office of Community & Economic Development
Website: www.washtenaw.org/732/Home-Maintenance-Repair (multiple languages)
Address: 451 W. Michigan Avenue, 2nd Floor, Ypsilanti MI 48197
Phone: (734) 544-3008
Services:

- ***Accessibility Ramp Program*** **-** www.washtenaw.org/Accessibility-Ramp-Program

Provides grants for the installation of exterior ramps at owner-occupied homes. Eligibility: Income guidelines. Grants are limited to one-time assistance per dwelling during a five-year period.

- ***Housing Rehabilitation*** **-** www.washtenaw.org//Home-Rehabilitation

Assists income-eligible county homeowners with needed home repairs. Eligibility: First-come, first served for income-eligible applicants. Includes Emergency Repair Program for owner-occupied homes; covers furnaces, water heaters and sewer issues via low-interest loans.

- ***Home Weatherization Program*** **-** www.washtenaw.org/Home-Weatherization

Provides weatherization services such as insulation, caulking, weather-stripping. Inspects & repairs furnaces and hot water heaters; inspects & replaces inefficient refrigerators. Eligibility requirements.
Hours: Monday - Friday 8:30 am - 5 pm
Fees: No fee. See individual programs for eligibility requirements.

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Covid-19 may affect hours and services; contact agencies directly for current information.

HOUSING – INDEPENDENT / ASSISTED LIVING / MEMORY CARE - rev Sep 2022

The Housing Bureau for Seniors - Michigan Medicine - (734) 998-9339 or email: housingbureauseniors@umich.edu offers information on housing options and helps prevent eviction and foreclosure.

Independent Living

Independent Living Checklist - SeniorAdvisor.com*, 3 p.*

Independent Living Community Checklist - SeniorHousingNet™, 8 p.

Independent Living Visit Checklist - Where You Live Matters & American Senior Housing Association, 2 p.

Assisted Living

Assisted Living - What to Ask - AARP, 9 p.

Assisted Living Program Checklist - Iowa Dept. on Aging, 9 p.

Touring Checklist: Assisted Living - A Place for Mom, 1 p.

Memory Care

Alzheimer's and Dementia Facility Checklist - AGIS (AssistGuide Information Services), 7 p.

Choosing a Residential Care Setting - Alzheimer's Association, 4 p.

Long Term Care Checklist - Alzheimer's Society of Canada, 4 p.

All Seasons Ann Arbor
Website: www.allseasons-annarbor.com
Address: 4600 All Seasons Circle, Ann Arbor MI 48105
Phone: (734) 589-1744
Eligibility: Call for more information.
Levels of Care: Independent

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American House Senior Living Residence
Website: www.americanhouse.com/carpenter
Address: 3470 Carpenter Road, Ypsilanti MI 48197
Phone: (734) 961-4578
Email: carpenterassistant@americanhouse.com, carpenter@americanhouse.com
Eligibility: 55+ ; pet friendly
Respite: Short- or long-term**;** based on availability
Levels of Care: Independent, Assisted

Atria Park of Ann Arbor
Website: www.atria-annarbor.com
Address: 1901 Plymouth Road, Ann Arbor MI 48105
Phone: (734) 741-9500
Eligibility: 60+ (some exceptions); pet friendly
Respite: Based on availability
Levels of Care: Assisted, Memory Care

Baker Commons
Website: www.a2gov.org/departments/Housing/programs/Pages/Baker-Commons.aspx
Address: 106 Packard Street, Ann Arbor MI 48104
Phone: (734) 794-6720 Ann Arbor Housing Commission
Fax: (734) 994-0781
Email: housingcommission@a2gov.org
Eligibility: 62+ and/or disabled
Levels of Care: Independent
Type: Affordable or Subsidized

Balfour Senior Living - Ann Arbor
Website: balfourcare.com/locations/ann-arbor
Address: 2830 S. Main Street, Ann Arbor MI 48103
Phone: (734) 359-3519 (844) 354-8877 Respite Care
Email: a2salesteam@balfourcare.com
Eligibility: 55+; pet friendly
Respite: Short and long term.
Levels of Care: Independent, Assisted, Memory Care

Brecon Village; Primrose Assisted Living; Memory Support Center
Website: ehmss.org/senior-living/
Address: 200 Brecon Drive, Saline MI 48176
Phone: (734) 429-1155
Fax: (734) 944-2235
Email: marketing@ehmss.org
Eligibility: 55+ for condominiums, 60+ for apartments; pet friendly
Respite: Based on availability
Levels of Care: Independent, Assisted, Memory Care

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Brookdale Ann Arbor
Website: www.brookdale.com/en/communities/brookdale-ann-arbor.html
Address: 2190 Ann Arbor-Saline Road, Ann Arbor MI 48103
Phone: (734) 327-1350
Eligibility: 60+ or younger with waiver; pet friendly
Levels of Care: Assisted, Memory Care

Brookdale West Eisenhower (Clare Bridge & Solace)
Website: www.brookdale.com/en/communities/brookdale-w-eisenhower-pkwy
Address: 750 W. Eisenhower Parkway, Ann Arbor MI 48103
Phone: (734) 213-1708
Eligibility: 60+ or younger with waiver; pet friendly
Levels of Care: Memory Care

Brookhaven Manor Senior Living
Website: www.brookhavenmanorapartments.com
Address: 401 W. Oakbrook Drive, Ann Arbor MI 48103
Phone: (734) 747-8800
Fax: (734) 747-9288
Online Chat: Yes
Eligibility: 55+; pet friendly
Levels of Care: Independent

Carpenter Place Apartments
Website: www.carpenterplaceapartments.com
Address: 3400 Carpenter Road, Ypsilanti MI 48197
Phone: (734) 973-8377
Fax: (734) 973-8310
Email: carpenterplacemgr@envolvellc.com
Eligibility: 62+ and/or disabled; live-in caregiver with doctor's note;- pet friendly
Respite: Based on availability
Levels of Care: Independent
Type: Affordable or Subsidized

The Cedars of Dexter - Brio Living Services
Website: thecedars.mybrio.org and mybrio.org/the-cedars-of-dexter/
Address: 411 Cedars Lane, Dexter MI 48130
Phone: (734) 792-9702
Eligibility: 60+; pet friendly
Levels of Care: Independent - CRC w/Chelsea Retirement Community

Chelsea Retirement Community
Independent — Prairie Cottages, Garden Cottages, Garden Homes, Dancey House
Assisted — Glazier Commons & The Oasis
Memory Care — Towsley Village
Website: chelsearetirement.mybrio.org
Address: 805 W. Middle Street, Chelsea MI 48118

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Phone: (734) 433-1000 or 803-3610
Fax: (734) 475-4421
Eligibility: 62+; small pets allowed in some locations
Respite: Assisted & Memory Care
Levels of Care: Independent, Assisted, Memory Care

Chidester Place
Address: 330 Chidester Place, Ypsilanti MI 48197
Phone: (734) 487-9400
Eligibility: 62+ and/or disabled; pet friendly
Levels of Care: Independent
Type: Affordable or Subsidized

Clark East Towers - Senior Apartments
Website: www.nationalchurchresidences.org/communities/clark-east-tower/
Address: 1550 E. Clark Road, Ypsilanti MI 48198
Phone: (734) 482-5511
TTY: 711
Eligibility: 62+ and dependent children; live-in caregiver with doctor's note; pet friendly
Levels of Care: Independent
Type: Affordable or Subsidized

Courthouse Square Senior Apartments
Address: 100 S. Fourth Avenue, Ann Arbor MI 48104
Phone: (734) 995-5511
Fax: (734) 995-5533
Email: courthousesq@firstcentrum.com
Eligibility: 55+; live-in caregiver with physician's note; pet friendly
Levels of Care: Independent
Type: Affordable or Subsidized

Cranbrook Tower
Address: 2901 Northbrook Place, Ann Arbor MI 48103
Phone: (734) 668-8914
Fax: (734) 668-7760
Email: cranbrook@kmgprestige.com
Eligibility: 62+ and disabled; live-in caregiver with doctor's note; pet friendly
Levels of Care: Independent
Type: Affordable or Subsidized

Cross Street Village
Address: 210 W. Cross Street, Ypsilanti MI 48197
Phone: (734) 483-8300
Fax: (734) 487-1592
Email: cross@imsteam.net
Eligibility: 55+; pet friendly
Levels of Care: Independent

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Gilbert Residence
Website: www.gilbertresidence.com
Address: 203 S.Huron Street, Ypsilanti MI 48197
Phone: (734) 482-9498
Fax: (734) 482-1848
Email: info@gilbertresidence.com
Eligibility: 60+
Levels of Care: Assisted, Memory Care, Nursing

Glacier Hills Retirement Community - The Meadows (Independent); The Manor (Independent & Assisted); and *The Pavilion (Independent) construction began Fall 2021 (734) 913-0730*
Website: www.trinityhealthseniorcommunities.org/michigan/glacier-hills/
Address: 1200 Earhart Road, Ann Arbor MI 48105
Phone: (734) 769-6410
Fax: (734) 769-3092
Email: info@glacierhills.org
Eligibility: 62+; pet friendly
Levels of Care: Independent, Assisted, Memory Care, Nursing

Hillside Terrace Senior Living - The Vineyard & The Gardens (Assisted), The Orchards (Independent), The Palms (Specialized Care), and *H.T. Memory Care - opening Fall 2022*
Website: www.hillsideterrace.net
Address: 1939 Jackson Avenue, Ann Arbor MI 48103
Phone: (734) 761-4451
Fax: (734) 761-7047
Email: marketing@hillsideterrace.net
Eligibility: 60+; pet friendly
Respite: Yes
Levels of Care: Independent, Assisted, Memory Care

Linden Square
Website: www.lindensquarealc.com
Address: 650 Woodland Drive East, Saline MI 48176
Phone: (734) 429-7600
TTY: Michigan Relay (800) 649-3777
Email: lindensquarealc@heritagepmi.com
Eligibility: 60+ ; pet friendly
Respite: Short-term.
Levels of Care: Assisted, Memory Care

Lurie Terrace
Website: www.a2gov.org/departments/Housing/programs/Pages/Lurie-Terrace.aspx
Address: 600 W. Huron Street, Ann Arbor MI 48103
Phone: (734) 665-0695
Fax: (734) 665-1580
Eligibility: 62+ ; smoke free; pet friendly
Levels of Care: Independent
Type: Affordable or Subsidized

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Lynden Parke Apartments (*formerly* ***Lexington Club***)
Website: www.mylyndenparke.com
Address: 2224 Golfside Drive, Ypsilanti MI 48197
Phone: (734) 572-9000 (517) 668-1800 MTH Management
Email: mth@mthmgy.com
Eligibility: 55+; pet friendly
Levels of Care: Independent

Melvin T. Walls Manor
Address: 2189 Glory Lane, Ypsilanti MI 48197
Phone: (734) 484-3820
Eligibility: 62+ ; pet friendly
Levels of Care: Independent
Type: Affordable or Subsidized

Memory Lane Assisted Living
Website: memorylanemichigan.com
Address: Office 8064 Carpenter Rd. Ypsilanti MI 48197
Phone: (734) 707-4039
Eligibility: Call for information
Respite: Short-term.
Levels of Care: Memory

Milan Village Apartments
Website: properties.wodagroup.com/apartments/mi/milan/milan-village/
Address: 71 Hurd Street MIlan MI 48160
Phone: (734) 439-8179
TTY: (800) 649-3777
Eligibility: 62+ or disabled
Levels of Care: Independent; pet friendly
Type: Affordable or Subsidized

Mill Pond Manor
Website: www.rhf.org/location/mill-pond-manor/
Address: 460 Russell Road, Saline MI 48176
Phone: (734) 429-3838
Fax: (734) 429-3390
Eligibility: 62+ or mobility impaired; pet friendly
Levels of Care: Independent
Type: Affordable or Subsidized

Mission Point Nursing & Physical Rehabilitation Center of Superior Woods
Website: missionpointhealthcare.com/superiorwoods/
Address: 8380 Geddes Road, Ypsilanti MI 48198
Phone: (734) 547-7600
Email: admissions@mphssuperiorwoods.com
Fax: (734) 547-7779

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Eligibility: 60+ ; language assistance available
Respite Care: Available
Levels of Care: Assisted

Parkway Meadows Apartments
Website: parkwaymeadowsapts.com
Address: 2575 Sandalwood Circle, Ann Arbor MI 48105
Phone: (734) 662-5055
Fax: (734) 662-7872
Email: parkway@kmgprestige.com
Eligibility: 62+ or with a disability
Levels of Care: Independent
Type: Affordable or Subsidized

The Pines Senior Apartments
Website: thepines.mybrio.org
Address: 325 WIlkinson Street, Chelsea MI 48118
Phone: (734) 433-9130
(734) 433-9681
Eligibility: 55+ ; pet friendly
Levels of Care: Independent - CRC w/Chelsea Retirement Community

Sequoia Place - Samaritas
Website: www.samaritas.org/AffordableLiving/Locations/AnnArbor
Address: 1131 N. Maple Road, Office Number 1025, Ann Arbor MI 48103
Phone: (734) 669-8840
Eligibility: 62+
Levels of Care: Independent
Type: Affordable or Subsidized; Smoke-free community

Silver Fox Senior Condominiums
Website: www.seniorhousingnet.com/seniorliving-detail/silver-fox-senior
Address: 317 Silver Fox Drive (off Redman Road), Milan MI 48160
Phone: (734) 476-8970
Eligibility: 55+ ; pet friendly
Levels of Care: Independent
Type: Affordable or Subsidized

Silver Maples of Chelsea Retirement Neighborhood - *The Maples, The Meadows, Woodland Villas, Deer Ridge Villas*
Website: silvermaples.org
Address: 100 Silver Maples Drive, Chelsea MI 48118
Phone: (734) 977-1090 (734) 475-4111 (734) 627-6544
Email: info@silvermaples.org
Eligibility: 62+ ; pet friendly
Respite: Available in The Meadows
Levels of Care: Independent, Assisted, Memory Care

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StoryPoint Saline
Website: www.storypoint.com/community/saline-mi/
Address: 6230 S. State Street, Saline MI 48176
Phone: (734) 389-7871
Eligibility: Call for information; pet friendly
Levels of Care: Independent, Assisted Living, Memory Care

St. Joseph's Village Ann Arbor
Website: www.trinityhealthseniorcommunities.org/st-josephs-village-ypsilanti
Address: 5341 McAuley Drive, Ypsilanti MI 48197
Phone: (734) 712-1600
Eligibility: 55+ ; language assistance available
Respite Care: Available
Levels of Care: Independent, Assisted

St. Louis Center
Website: stlouiscenter.org
Address: 16195 Old U.S. 12, Chelsea MI 48118
Phone: (734) 475-8430
Fax: (734) 475-0310
Email: mail@stlouiscenter.org
Eligibility: 18+ with intellectual/developmental disability & cognitive impairment (IQ of 70 or below)
Respite: Short term.
Levels of Care: Assisted, Memory care

Towne Centre Place
Website: rosecommunity.com/apartments/towne-centre-place/
Address: 401 W. Michigan Avenue, Ypsilanti MI 48197
Phone: (734) 482-5500
Toll Free: (844) 284-9329
Fax: (734) 482-0581
Email: townecentreplace@rosecommunity.com
Eligibility: 62+; dependent children; pet friendly
Levels of Care: Independent
Type: Affordable or Subsidized

University Commons
Website: www.universitycommons.org
Address: 817 Asa Gray Drive, Ann Arbor MI 48105
Phone: (734) 332-1221
Fax: (734) 332-1222
Eligibility: 55+ and graduate of accredited 4-year college or university; UM affiliation not required; smoke-free; pet friendly
Levels of Care: Independent

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University Living (A Provision Living Senior Living Community)
Website: www.provisionliving.com/ann-arbor-mi/
Address: 2865 S. Main Street, Ann Arbor MI 48104
Phone: (734) 228-4140
Eligibility: 60+; UM affiliation not required; pets on a case-by-case basis
Respite: Available
Levels of Care: Independent, Assisted, Memory Care

Vibrant Life Senior Living
Website: 6
Address: 8100 Geddes Road, Superior Township MI 48198
Phone: (734) 484-4740
Eligibility: 50+
Respite: Short and long term.
Levels of Care: Assisted, Memory Care

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HOUSING – NURSING HOMES - rev Aug 2022

Explanation: Nursing Homes are medical facilities, which are highly regulated by the State and Federal governments, and provide two levels of care:

- Long-term care is for patients who are unable to recover from an illness or injury. Their conditions are chronic. Payment is private or may be covered by Medicaid, if eligibility requirements are met.
- Short-term care provides rehabilitation by skilled therapists and licensed nurses following an illness or injury. Medicare or Medicaid typically covers payment when eligibility requirements are met.

The Housing Bureau for Seniors - Michigan Medicine - (734) 998-9339
Email: housingbureauseniors@umich.edu
Offers information on nursing homes, housing and other care options and helps prevent eviction and foreclosure.

Nursing Home Compare: From Medicare.gov, this website allows one to find and compare nursing homes certified by Medicare and Medicaid. This website contains quality of resident care and staffing information for more than 15,000 nursing homes around the country. (also Spanish / Español)

Checklist for Choosing a Nursing Home - MDSH (Michigan Dept. of Community Health) 7 p.

Nursing Home Checklist (Medicare.gov, 9 p.)

Nursing Home Checklist (National Caregivers Library, 4 p.)

Nursing Home Checklist (AARP, 3 p.)

Chelsea Retirement Community - Kresge Healthcare & Rehabilitation Center
Website: mybrio.org/kresge-healthcare-rehabilitation-center/
Address: 805 W. Middle Street, Chelsea MI 48118
Phone: (734) 475-7310

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Emmanuel House
Website: www.em-house.org
Address: 475 Evergreen Drive, Ann Arbor MI 48103
Phone: (734) 780-7667

Evangelical Home - Saline EHM Senior Solutions
Website: ehmss.org/senior-living/long-term-care/
Address: 200 Brecon Drive, Saline MI 48176
Phone: (734) 429-9401
Fax: (734) 944 3482
Email: marketing@ehmss.org

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Gilbert Residence
Website: www.gilbertresidence.com/nursing-care/
Address: 203 S. Huron Street, Ypsilanti MI 48197
Phone: (734) 482-9498
Fax: (734) 482-1848
Email: info@gilbertresidence.com

Glacier Hills Care & Rehabilitation Center - Trinity Health Senior Communities
Website: glacierhills.org/lifestyle-options/care-rehabilitation/
Address: 1200 Earhart Road, Ann Arbor MI 48105
Phone: (734) 769-6410
Email: info@glacierhills.org

Kettles VA Medical Center (*VA Ann Arbor*) **- Community Living Centers (VA Nursing Homes)**
Website:- www.va.gov/GERIATRICS/pages/VA_Community_Living_Centers
Address: 2215 Fuller Road, Ann Arbor MI 48105
Phone: (734) 769-7100

VA Medical Center (*VA Ann Arbor*) **- Medical Foster Home Program**
Website:-www.annarbor.va.gov/services/medicalfosterhome.asp
www.va.gov/GERIATRICS/pages/Medical_Foster_Homes
Address: 2215 Fuller Road, Ann Arbor MI 48105
Phone: (734) 769-7100

Mission Point Nursing & Physical Rehabilitation Center of Superior Woods
Website: missionpointhealthcare.com/superiorwoods/
Address: 8380 Geddes Road, Ypsilanti MI 48198
Phone: (734) 547-7600
Email: admissions@mphssuperiorwoods.com

ProMedica Skilled Nursing and Rehabilitation (Ann Arbor) *(formerly **Heartland**)*
Website: www.promedicaskillednursing.org/locations/promedica-skilled-nursing-and-rehabilitation-ann-arbor/
Address: 4701 E. Huron River Drive, Ann Arbor MI 48105
Phone: (734) 975-2600
Fax: (734) 677-5857
Email:-AnnArborSkilledNursingandRehab@promedica.org

The Redies Center for Rehabilitation & Healthy Living
Website: ehmss.org/healthcare/skilled-nursing-rehabilitation/
Address: 440 W. Russell Street, Saline MI 48176
Phone: (734) 429-9401
Fax: (734) 669-3775
Email: marketing@ehmss.org

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Regency at Bluffs Park - Ciena Healthcare
Website: www.cienahealthcare.com/locations/regency-at-bluffs-park/#top
Address: 355 Huron View Blvd., Ann Arbor MI 48103
Phone: (734) 887-8700

Regency at Whitmore Lake - Ciena Healthcare
Website: www.cienahealthcare.com/locations/regency-at-whitmore-lake/
Address: 8633 Main Street, Whitmore Lake MI 48189
Phone: (734) 449-4431

Villa at Parkridge
Website: www.villaatparkridge.com
Address: 28 S. Prospect Street, Ypsilanti MI 48198
Phone: (734) 714-5600
Fax: (734) 483-8972
Text: (313) 910-3526

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INFORMATION / REFERRAL / ADVOCACY - rev Aug 2022

Alzheimer's Association – Greater Michigan Chapter
Website: www.alz.org/gmc www.alz.org (also Español)
Toll Free: 24 Hour (800) 272-3900
Email: helplinegmc@alz.org
Services: Provides a 24 hour helpline, care consultation and resource referral, support groups, message boards, publications and newsletters pertaining to Alzheimer's disease, educational programs, professional training, a speakers' bureau, a resource library with free lending opportunities. The Alzheimer's Association provides multi-lingual services.
Hours: 24 Hours.
Fees: No fee for most services.

American Association of Retired Persons (AARP) - Michigan Office
Website: local.aarp.org/mi/ (also Español & Chinese)
Address: AARP Michigan State Office, 123 W. Allegan Street, Suite 500, Lansing MI 48933
Toll Free (866) 227-7448 Michigan (888) 687-2277 National (877) 342-2277 Español
Fax: (517) 316-9958
TTY: 711 (877) 434-7598 National (866) 238-9488 Español
Text: 833-259-2277
Email: miaarp@aarp.org
Services: AARP is a nonprofit, nonpartisan membership organization that advocates for legislation and monitors public policy issues relating to seniors 50 +. Membership provides access to various insurance, financial, health, technology and travel benefits.
Hours: Monday – Friday 9 am – 5 pm (MI office);
and 8 am - 8 pm & Saturday 9 am - 5 pm National office
Fees: Membership is $16 per year with discounted rates for multi-year memberships.

Ann Arbor Center for Independent Living (CIL)
Website: www.annarborcil.org
Address: 3941 Research Park Drive, Ann Arbor MI 48108
Phone: (734) 971-0277
FAX: (734) 971-0826
Email: info@aacil.org
Services: Information and referral services are provided by phone, email, or in person to people with disabilities and other members of the community seeking disability-related information. Also has an online resource directory at www.annarborcil.org/resources/. Has a medical equipment loan closet.
Hours: Monday - Friday 9 am - 5 pm
Fees: No fee.

Ann Arbor Community Center
Website: annarbor-communitycenter.org
Address: 625 N. Main Street, Ann Arbor MI 48104
Phone: (734) 662-3128 (leave message for return call)
Fax: (734) 662-1099

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Covid-19 may affect hours and services; contact agencies directly for current information.

Services: Combines local volunteers and funding from the community to provide high quality programs, information, and services such as senior citizen care, food assistance, etc. The Wendy Fund helps provide heat and electricity/utilities help.
Hours: Monday - Friday 9 am - 3 pm
Fees: No fee

Area Agency on Aging 1-B (AAA 1-B)
Website: www.aaa1b.org
Address: 29100 Northwestern Hwy., Suite 400, Southfield MI 48034
Phone: (248) 357-2255
Toll Free: (800) 852-7795
TTY: (800) 649-3777 Michigan Relay
Fax: 248-262-9971
Email: IA@aaa1b.org
Services: Certified resource specialists provide information on services and resources for adults 60+, persons with disabilities and family caregivers. Areas of assistance include housing, meals, long-term care, transportation, personal care, respite care, support groups and legal services. Covers Livingston, Macomb, Monroe, Oakland, St. Clair, and Washtenaw counties. Also provide referral numbers for other counties in Michigan and for all states.

- **Help for Caregivers**
  Website: aaa1b.org/caregiver-resources/
  Toll Free: (800) 852-7795
  Services: Links to information on training, respite, support groups, transportation, grandparents raising grandchildren and other resources.

Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.

Catholic Social Services of Washtenaw County - Senior Resource Connect (formerly ***Ahead of the Curve*****)**
Website: seniorresourceconnectmi.org
Phone: (734) 971-9781 ext. 8
Services: Online browsable and searchable directory of programs and services for older adults in Washtenaw County. Also provides telephone assistance during regular business hours.
Hours: 24 Hours
Fees: No fee.

Catholic Social Services of Washtenaw County - Senior Services Department
Website: csswashtenaw.org/seniors/
Address: 4925 Packard Street, Ann Arbor MI 48108
Phone: (734) 971-9781 press 8
Fax: (734) 971-2730
Services: Resource Advocates provide information and referral by telephone or in-home assessment to residents of Washtenaw County, age 60+. Publishes a free annual "Senior Resource Directory" for Washtenaw County listing agencies and phone numbers. The directory can be downloaded (from link above), requested by phone, or viewed online at–blueprintforaging.org/washtenaw-county-senior-resources/
Hours: Monday - Thursday 8:30 am - 9 pm; Fridays 8:30 am - 5 pm; Saturdays 8:30 am - 3 pm
Fees: No fee.

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(734) 998-9353

Covid-19 may affect hours and services; contact agencies directly for current information.

Chelsea Community Senior Services (C2S2)
Website: chelseaseniors.org/c2s2
Address: Chelsea Senior Center, WSEC, 512 Washington Street, Chelsea MI 48118
Phone: (734) 475-9242
Email: connected@chelseaseniors.org
Services: Helps seniors 60+ in the Chelsea School District remain in their own homes by providing access to needed services using volunteers or through referrals to vetted, discounted providers.
Hours: Monday - Friday 8:30 am - 4 pm
Fees: Donations accepted..

Connect2Affect - AARP
Website: connect2affect.org/find-help/ (multiple languages)
Services: Directory of support services by zip code. Covers financial assistance, food, medical care, housing, transportation, legal assistance and more. Search by keyword or program name. Clicking on program category reveals drop-down menu of subcategories. Can filter searches / limit results by seniors (55+).
Hours: 24 Hours
Fees: No fee; AARP membership NOT required.

Dexter Senior Center - Resources
Website: dexterseniors.org/community-resources/
Phone: (734) 426-7737
Services: Links Dexter-area residents to information on Caregivers, Transportation, Home Services, Medicare Counseling, Legal Resources and other directories/resources.
Hours: 24 Hours
Fees: No fee

Eldercare Locator - United States - Administration on Aging
Website: eldercare.acl.gov
Toll Free: (800) 677-1116
Email: eldercarelocator@n4a.org
Online Live Chat: Yes
Services: Nationwide service that connects older Americans and their caregivers with information on both state and local senior services in their community.
Hours: 9 am - 8 pm
Fees: No fee.

Friends in Deed
Website: www.friendsindeed.info
Address: 1196 Ecorse Road, Ypsilanti MI 48198
Phone: (734) 484-4357
Fax: (734) 484-5355
Email: Helpline@FriendsInDeedMI.org
Services: Fills the gaps of assistance offered by other agencies / organizations in Washtenaw County by providing information about or making a referral to another organization that has a program of services that better fits a client's needs. Also works to track resources available in the community and pass on the information through an annual How to Help seminar and every other year Resource Guides (last updated 2019)

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- ***Food Banks*** - includes community services, shelters and hot meals locally and county-wide.
- ***Clothing and Medical Closets*** - covers free or low cost clothing, household & medical items.

Hours: Monday - Friday by appointment for document and furniture drop off
Fees: No fee.

Great Lakes Loan Closets - Washtenaw County (MI) Loan Programs
Website: loanclosets.org/michigan/washtenaw
Address: P.O. Box 19614, Kalamazoo MI 49019
Services: Help those in need find places to borrow medical equipment within their community. Also provides information on how and where to donate medical equipment, hearing aids, and medications.
Hours: 24 Hours
Fees: No fee.

Jewish Family Services of Washtenaw County - New American Club
Website: jfsannarbor.org/transforming-aging/nac/
Address: 2245 S. State Street, Suite 200, Ann Arbor MI 48104
Phone: (734) 769-0209
Email: info@jfsannarbor.org
Services: Social services, activities, and assistance for foreign-born seniors. Intake services in English and Russian with additional translating services as needed.
Hours: Monday - Thursday 9 am - 5 pm; Fridays 9 am - 3 pm
Fees: No fee.

Jewish Family Services of Washtenaw County - (WISE) Washtenaw Integrated Senior Experience
Website: jfsannarbor.org/transforming-aging/
Address: 2245 S. State Street, Suite 200, Ann Arbor MI 48104
Phone: (734) 769-0209
Email: info@jfsannarbor.org
Services: Care management and aging in place service links seniors to systems, community organizations and experts in aging.
Hours: Monday - Thursday 9 am - 5 pm; Fridays 9 am - 3 pm
Fees: No fee.

Michigan Legislature - Publications
Website: www.legislature.mi.gov/(S(dh23vhriegsujdaussrpo44a))/mileg.aspx?Page=Publications
Services: Information on various topics of interest to seniors

- *Peace of Mind* [*A Guide to Legal and Medical Decisions:]* (2022)
- *Services for Seniors: Laws and Programs for Senior Adults* (2022)

Hours: 24 Hours
Fees: No fee

Michigan Medicine - Geriatrics Center - Social Work and Community Programs
Website: medicine.umich.edu/dept/geriatrics-center/community-programs/social-work
Address: 4260 Plymouth Road, Ann Arbor MI 48109
Phone: (734) 764-2556 or (734) 998-9353 Turner Senior Wellness Program

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(734) 998-9353

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Services: Geriatric social workers offer individuals and caregivers a wide range of information services including individual and group counseling, support groups, educational programs, and various other wellness programs.
Hours: Monday - Friday 9 am – 5 pm
Fees: No fee for support groups. There may be fees associated with other programs.

Michigan Support for Older Adults Portal (Mi-SOAP) - Resources
Website: misoap.org/toolbox/resources/
Address: 3815 W. Saint Joseph, Suite C-200, Lansing MI 48197
Services: Use to find community resources to address senior needs, screen for available services and benefits, and help seniors apply for benefits.
Hours: 24 Hours.
Fees: No fee.

National Council on Aging
Website: www.ncoa.org
Phone: (571) 527-3900
Services: Links to resources for older adults, caregivers, professionals and advocates on economic security, healthy living and public policy.
Hours: Call for hours
Fees: No fee.

National Resource Center on LGBT Aging - SAGE (Service & Advocacy for GLBT Elders)
Website: www.lgbtagingcenter.org
Address: c/o SAGE, 305 Seventh Avenue, 6th Floor, New York NY 10001
Phone: (212) 741-2247
Toll Free: (877) 360-LGBT (5428)
Fax: (212) 366-1947
Email: info@lgbtagingcenter.org
Services: Provides training, technical assistance and educational resources to providers, LGBT organizations and LGBT older adults. Help available in English or Spanish / Español,
Hours: 24 Hours
Fees: No fee.

National Resource Directory [for Wounded Warriors, Service Members & Veterans]
Website: nrd.gov
Toll Free: (800) 342-9647 Wounded Warriors (800) 827-1000 Service Members, Veterans
Email: infonrd.osd@mail.mil
Services: A searchable resource database that connects wounded warriors, Service Members, Veterans, their families, and caregivers to vetted programs and services that support them. Provides access to services and resources at the national, state and local levels to support recovery, rehabilitation and community reintegration. Find resources by category, and some subcategories, then limit by location (state).
Hours: 24 Hours
Fees: No fee.

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Office of Services to the Aging - State of Michigan - Adult Protective Services
Website: www.michigan.gov/adultprotectiveservices
Toll Free: Michigan 24 Hours (855) 444-3911
Services: Responds to phone calls reporting concerns of abuse, neglect or exploitation against older adults and cognitively diminished or physically-challenged individuals. Makes referrals for assistance to local agencies.
Hours: 24 Hours
Fees: No fee.

Office of Services to the Aging - State of Michigan - Michigan Long Term Care Ombudsman Program (MLTCOP)
Website: mltcop.org
Address: 15851 S. US 27, Suite 73, Lansing MI 48906
Phone: (517) 827-8040
Toll Free: (866) 485-9393
Fax: (517) 574-5301
Services: The Long Term Care Ombudsman program is available for residents or concerned relatives to investigate complaints, suggest remedies, and assist with resident rights, payment issues, guardianship, and nursing home placement. Local contact for Washtenaw County is the Area Agency on Aging 1-B (AAA 1-B) office. **Phone**: (586) 980-9303 **Email:** IA@aaa1b.org
Hours: Monday – Friday 9 am – 5 pm
Fees: No fee.

Public Citizens of Washtenaw (formerly ***Gray Panthers of Washtenaw***)
Address: PO Box 7213, Ann Arbor MI 48107
Phone: Michael-David BenDor (734) 484-1628
Email: Michael-David BenDor md@bendor.org or Alan Haber megiddo@umich.edu
Services: Intergenerational group which actively promotes changes in policy for economic security, health care, civil rights/liberties, political integrity, and other issues.
Hours: Group meets the 1st Saturday of each month from 10 am - 12 pm. (Please call to confirm).
Fees: $35 individual membership or sliding scale; $60 couples.

Trinity Health St. Joseph Mercy - Community Outreach Hotline
Toll Free: (833) 247-1258 ext. 3
Services: Provides information on southeast Michigan resources for food, transportation, COVID-19 testing, health insurance, medication assistance and dependent care.
Hours: Monday - Friday 8 am - 4:30 pm
Fees: No fee.

Turner Senior Wellness Program - Michigan Medicine
Website: michmed.org/tswp
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 998-9353
Email: tswp.info@umich.edu
Fax: (734) 998-9340

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Services: Staff and volunteers provide information on older adult services and agencies in the Washtenaw County area, including caregiver information, hearing and vision impairments, memory loss, home care and support groups. The TSW Program publishes and updates the List of Local Resources aka "Local Resources for Older Adults in Washtenaw County" on the Michigan Medicine Geriatrics Center website.
Hours: Monday - Friday 9 am - 5 pm
Fees: No fee

United Way for Southeast Michigan — 211
Website: unitedwaysem.org/get-help/
Address: United Way for Southeastern Michigan, 3011 W. Grand Blvd., Suite 500, Detroit MI 48202
Phone: (313) 226-9200
Text: your zip code to 898211
Email: LiveUnited@UnitedWaySEM.org
Live Chat: unitedwaysem.org/get-help/
Services: Offers more than a dozen guided subject searches, using zip code locations, along with keyword and agency searches.
Hours: 24 Hours.
Fees: No fee

United Way of Washtenaw County — 2-1-1
Website: www.uwwashtenaw.org (also Spanish / Español)
Address: 2305 Platt Road, Ann Arbor MI 48104
Phone: 24 Hours 2-1-1 (734) 971-8200 office
Toll Free: (800) 552-1183 24 Hours
Email: liveunited@uwwashtenaw.org
Online Live Chat: unitedwaysem.org/get-help/
Services: Confidential service provides information and referrals to local health and human service agencies and to volunteer opportunities. Can also help with connecting to information for other Michigan locations and other states. Online searchable databases at mi211.communityos.org (enter zip code).
Hours: 24 Hours
Fees: No fee.

University of Michigan - Work-Life Resource Center - Elder Care
Website: hr.umich.edu/benefits-wellness/work-life/elder-care
Address: 2600 Wolverine Tower, 3003 S. State Street, Ann Arbor MI 48109
Phone: (734) 936-8677
Fax: (734) 615-2776
TTY: (734) 647-1388
Email: worklife@umich.edu
Services: Assists staff, retirees and students at the University of Michigan with information, resources and services for eldercare in Michigan and nationwide. Information on assisted living, nursing homes, medical & legal resources, counseling services, support groups for caregivers, and a variety of other services. Provides posting board of/for "Family Helpers" -- current students at UM, recent graduates or retirees from UM who can be employed for elder care, chores, etc.
Hours: Monday - Friday 8 am – 5 pm
Fees: No fee.

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Washtenaw County - Office of Community & Economic Development Resources
Website: www.washtenaw.org/811/Resources or
Washtenaw County Community Resources - Directory - Older Adult Supports
Services: Spreadsheet with information on housing, food assistance, older adult support, income support and financial services, health services, education services, and barrier busters.
Hours: 24 Hours
Fees: No fee.

Washtenaw County - Older Adults - Resource Links
Website: www.washtenaw.org/1584/Older-Adults (multiple languages)
Services: Web page linking to county, local, and regional resources for seniors in the areas of mental health, housing and/or homelessness, food and nutrition, medical care, recreation and for persons with disabilities and veterans. Also includes links to social service agencies.
Hours: 24 Hours
Fees: No fee

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INSURANCE ASSISTANCE - rev July 2022

Department of Veterans Affairs - Washtenaw County
Website: washtenaw.org/959/Veterans-Affairs
Address: 2155 Hogback Road, Ann Arbor MI 48108 or PO Box 8645, Ann Arbor MI 48107
Phone: (734) 973-4540
Toll Free: VA Health Benefits Services Center (877) 222-8387
Fax: (734) 973-4560
Services: Help for county veterans, survivors and dependents to apply for federal, state and local veterans' pensions and benefits including financial assistance for food, housing, medical care, transportation and utilities. Call VA's Health Benefits Services Center for information about eligibility for its standard health plan.
Hours:Appointments (Public) 7:30 am - 12 pm; 1 pm - 6:30 pm; Closed for Lunch 12 pm - 1 pm; Closed Fridays - Sundays & Holidays
Fees: No fee for assistance in applying. Health benefits include fee and no-fee based services, depending on the veteran's condition, income, and status.

Michigan - MDHHS - Medicare Savings Program
Website: www.michigan.gov/mdhhs/MedicareSavingsProgram - Brochure
Address: MDHHS Washtenaw County Office, 22 Center Street, Ypsilanti MI 48198
Phone: (734) 481-2000
Fax: (734) 481-9888
Services: The Michigan Department of Community Health (MDCH) may help pay the following, depending on the person's income: Medicare premiums, Medicare coinsurance, and/or Medicare deductible. In some cases, the MDCH may refund the person a portion of the Medicare Part B premium on an annual basis. Apply through the MDHHS Washtenaw County Office.
Hours: Vary; call
Fees: No fee

Michigan Medicare/Medicaid Assistance Program (MMAP)
Website: mmapinc.org and www.aaa1b.org/medicare-medicaid-help/
Address: Services offered at various locations
Toll Free: (800) 803-7174 or (800) 852-7795 AAA-1B
Email: IA@aaa1b.org
Services: Help and information on Medicare and Medicaid health insurance, prescription/Rx insurance, and billing, plus long term care insurance. All Medicare recipients are eligible, including veterans, regardless of age. Washtenaw County served by Area Agency on Aging 1B (AAA 1-B).
Hours: Monday - Friday 8:30 am - 5 pm
Fees: No fee

Social Security Administration
Website: www.ssa.gov
Address: 3971 Research Park Drive, Suite A, Ann Arbor MI 48108
Toll Free: (800) 772-1213 national (877) 402-0825 Ann Arbor
Interpreter Services: (800) 772-1213
TTY: (800) 325-0778
Fax: (734) 929-6463 Ann Arbor

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Services: Handles applications for Social Security, Medicare, Disability, SSI, Extra Help for prescriptions/Rx (Part D), and other federal financial programs.
Hours: Office Monday – Friday 9 am - 4 pm;
Fees: No fee.

State of Michigan - Department of Health and Human Services - Assistance Programs - Health Care Coverage
Website: www.michigan.gov/mdhhs
Address: MDHHS Washtenaw County Office, 22 Center Street, Ypsilanti MI 48198
Phone: (734) 481-2000
Fax: (734) 481-8382
Services: Various programs and assistance for health insurance. Call for more information.
Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.

Washtenaw Health Plan (WHP)
Website: https://www.washtenaw.org/1878/Plan-B-Information
Address: 555 Towner Street, Ypsilanti MI 48198
Phone: (734) 544-3030
Services: A health coverage program for low-income Washtenaw County residents who don't have access to affordable health insurance. WHP helps people get the health care services they need. WHP is NOT insurance so enrollment is only for those that would not be subjected to a tax penalty under the Affordable Care Act or for special situations.
Hours: Monday - Friday 9 am - 4 pm
Fees: Low fees only for prescriptions and Emergency Room visits.

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LEGAL ASSISTANCE - rev Aug 2022

Adult Protective Services - State of Michigan - Department of Health and Human Services
Website: www.michigan.gov/mdhhs/Adult Protective Services
Address: MDHHS Washtenaw County Office, 22 Center Street, Ypsilanti MI 48198
Phone: (734) 481-2000
Toll Free: (855) 444-3911 24 Hour - Michigan - Report Abuse & Neglect
Fax: (734) 481-8386
Services: Investigates whether the person suspected of being abused, neglected, exploited by coordinating with mental health, public health, law enforcement, the probate courts, the aging network, community groups and the general public.
Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.

Crime Victims Legal Assistance Project - Elder Justice Initiative MIchigan Advocacy Program
Website: cvlap.org/elder-justice-program
Address: 420 N. Fourth Street, Ann Arbor MI 48104
Phone: (734) 665-6181
Toll Free: Central Intake (888) 783-8190 or (888) 665-6181
Services: Through the Legal Services of South Central Michigan office, provides free legal assistance to adults age 55+ who have experienced abuse, domestic violence or neglect.
Hours: Monday - Friday 9 am – 5 pm
Fees: No fee.

Dispute Resolution Center
Website: thedisputeresolutioncenter.org/
Address: 4133 Washtenaw Avenue, Suite 125, Ann Arbor MI 48108
Phone: (734) 794-2125
Fax: (734) 794-2126
Email: info@thedrcmi.org
Services: Provides confidential dispute resolution in schools, families, communities and businesses using trained professional mediators. Does not handle disputes involving serious violence and drugs.
Hours: Monday - Friday 9 am – 5 pm.
Fees: Depends on service; payment plans available.

Elder Law of Michigan (ELM)
Website: www.elderlawofmi.org
Address: 3815 W. St. Joseph, Suite C-200, Lansing MI 48917
7310 Woodward Avenue, Suite 703, Detroit MI 48202
Toll Free: (866) 400-9164
Fax: (517) 372-0792
Email: info@elderlawofmi.org
Services:

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- ***The Mid-America Pension Rights Project*** **(MAPRR)** (866) 735-7737**:** Assists retirees in finding, securing, and recovering pension benefits. Answers questions regarding pension plans and other retirement benefits. Monday - Friday 8 am - 4 pm
- ***The Michigan Coordinated Access to Food for the Elderly*** (**MiCAFE)** (877) 664-2233**:** Project is designed to increase the participation of older adults in the Food Assistance Program, Medicare/Medicaid, utility assistance and tax credits. Monday - Friday 9 am - 3 pm
- ***Michigan Elder Justice Coordinating Council*** **(MEJCC)** (866) 361-5558: Provides support to promote elder justice including resources and coordination efforts as well as direct services such as education, training and outreach.
- ***Pooled Account Trust*** (866) 400-9164: An estate planning tool designed to protect eligibility for public assistance programs for clients with significant long term health and financial needs. Pays expenses outside of the basic care provided by government benefits. Membership and monthly fees.

Hours: Monday - Friday 9 am – 5 pm
Fees: No fee.

Fair Housing Center of Southeast and Mid-Michigan
Website: www.fhcmichigan.org
Address: PO Box 7825, Ann Arbor MI 48107 (appointments in downtown Ypsi)
Toll Free: (877) 979-FAIR (3247) leave message
Fax: (734) 340-6598 contact before faxing
Email: info@fhcmichigan.org or complaints@fhcmichigan.org
Services: Investigates complaints of illegal housing discrimination based on federal, state, and local fair housing laws, as well as resolves reasonable accommodation and modification requests for people with disabilities.
Hours: Call to leave message for call back or email info@fhcmichigan.org
Fees: No fee.

Geriatrics Center - Social Work and Community Programs - Advance Directives - Michigan Medicine
Website: www.uofmhealth.org/patient-visitor-guide/advance-directives
Address: 4260 Plymouth Road, Ann Arbor MI 48105
Phone: (734) 764-2556 appointments
Services: Trained peer volunteers are available by appointment to discuss Durable Power of Attorney for Health Care (DPOA-HC), Living Will, and end of life decisions. Volunteers will assist in completing the DPOA-HC. Appointments required. Open to the public.
Hours: Monday afternoons
Fees: No fee.

H.E.L.P. (Helping the Elderly Live Productively) - Forms & Tools
Website: www.help4srs.org/forms-tools/
Services: Provides information geared toward California seniors; however TSWP attendees have found helpful information here. Of special interest are the checklists "When A Person / Someone Dies" and "When Your Spouse Dies."
Hours: 24 Hours
Fees: No fee.

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Know Your Rights - OUTreach with MLaw Outlaws
Website: www.jimtoycenter.org/know-your-rights
Phone: (734) 707-9243 voicemail
Services: Provides free legal name change support, educational panels, self-representation kits, and attorney referral assistance for the LGBTQ community.
Hours: Call for information.
Fees: No fees.

Legal Services of South Central Michigan (LSSCM)
Website: www.lsscm.org
Address: 15 S. Washington Street, Ypsilanti MI 48197
Phone: (734) 665-6181
Toll Free: (866) 665-6181
Fax: (734) 665-2974
Services: Free legal assistance to low-income adults 60+ who are financially eligible. Offers services in the following areas: housing, family law, public benefits (Social Security, Medicare, Medicaid, SSI, etc.), power of attorney, guardianship, simple wills, nursing home issues, consumer issues. Cannot accept fee-generating civil or criminal cases. Arrangements for special accommodations are available.

- **Family Law Project** (Washtenaw County Domestic Violence cases only)
  Phone: (734) 998-9454 **Fax:** (734) 998-9125

Hours: Monday - Friday 9 am – 5 pm
Fees: No fee.

Livanta (formerly ***KEPRO*****) - Medicare Quality Improvement Organization - Michigan**
Website: livantaqio.com/en/states/michigan livantaqio.com/en (multiple languages)
Toll Free: 24 Hours-(888) 524-9900
TTY: (888) 985-8775
Fax: (855) 236-2423
Services: Hotline for Michigan Medicare beneficiaries to inquire about patient rights under Medicare, premature discharges from hospitals, ending of Medicare-covered care, the Medicare appeals process and other quality of care issues. Facilities covered include hospitals, outpatient rehab facilities, skilled nursing homes, home health agencies, and hospice. Smartphone app available.
Hours: Weekdays 9 am – 5 pm
Fees: No fee.

Low Income Taxpayer Clinic (LITC) - University of Michigan Law School
Website: www.law.umich.edu/clinical/litc/
Address: 701 S. State Street, Ann Arbor MI 4810
Phone: (734) 936-3535
Services: Helps low-income taxpayers with various issues -- IRS notices, liens and levies, innocent/ injured spouse relief, tax audits and more -- when the amount in dispute is $50,000 or less per tax year.
Hours: Varies; call for information
Fees: Charged only for expenses incurred.

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MI-Resolve
Website: cii2.courtinnovations.com/MIWDRC
Phone: (734) 794-2125 (Dispute Resolution Center)
Email: thedrc@washtenaw.org
Services: Online site provides a free, quick and easy means of resolving disputes that are typically filed as a small claims or landlord/tenant case in the district court. Can use with or without the help of a mediator. Available from computers or mobile devices.
Hours: 24 Hours
Fees: No fee.

Michigan Legal Help (also Español)
Website: michiganlegalhelp.org
Services: For people who are handling legal problems without a lawyer. Learn about legal problems and get ready for court. There are many Do-It-Yourself tools to help create court forms. This website does not give legal advice, and it is not a substitute for having a lawyer.
Hours: 24 Hours
Fees: No fee.

SafeHouse Center - Legal Advocacy Services
Website: www.safehousecenter.org/LegalAdvocacyServices (also Español)
Address: 4100 Clark Road, Ann Arbor MI 48105
Phone: (734) 973-0242 Business line
24-Hour Crisis Line: (734) 995-5444 24 Hours
TTY: (734) 973-2227
Email: info@safehousecenter.org
Services: Provides informational and emotional support to survivors of domestic violence and sexual assault as they engage with the criminal or civil legal system. Uses **Language Line**, for non-English speakers to have a conversation with SafeHouse staff through a confidential interpreter. An advocate may be available to meet for personal protection orders (PPO) at the Washtenaw County Court House -- call (734) 222-3381 for an appointment.
Hours: Monday - Friday 9 am - 5 pm Lobby
Fees: No fee.

Washtenaw Bar Association - Lawyer Referral and Information Service (LRIS)
Website: www.washbar.org/lawyer-referral
Address: 101 E. Huron Street, Suite 1111, Ann Arbor MI 48104
Phone: (734) 996-3229 Referrals
Fax: (734) 663-2430
Services: Client receives one attorney's name and phone number based on area of law needed, and up to 30 minutes of consultation with that attorney. Also offers the family law ***Modest Means Program*** where legal services are available for $75 per hour to those of moderate means, according to federal income guidelines. Spanish / Español services available.
Hours: Monday – Friday 9 am – 5 pm
Fees: $30 per referral.

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Washtenaw County / Eastern Michigan University - Legal Resource Center
Website: www.emich.edu/engage/community/legal-resource-center/
Address: 101 E. Huron, First Floor, Washtenaw County Courthouse, Ann Arbor MI 48107
Currently remote only via phone.
Phone: (734) 994-0160
Email: emu_lrc@emich.edu
Services: Legal self-help center. Staff helps people in Washtenaw County locate and complete forms for civil and domestic issues such as divorce, personal protection orders, small claims, landlord-tenant disputes, probate, guardianship, conservatorship, etc. Students from EMU's Paralegal Studies Program give information on legal procedures. No legal advice provided..
Hours: Tuesday - Thursday 9 am - 4 pm during academic calendar
Fees: No fee. Printing fees assessed for those who can pay.

Washtenaw County - Prosecuting Attorney's Office - Victim / Witness Services
Website: www.washtenaw.org/1107/Victim-Witness-Services (multiple languages)
Address: 200 N. Main Street, Suite 300, Ann Arbor MI 48104
Phone: (734) 222-6650
Services: Advocates work with victims of felonies, misdemeanors ~~and juvenile crimes~~. Help navigate the courts system; help with the return of personal property; provide information and assistance with filing applications for victim compensation or restitution; provide information and referral for community services; and act as liaison between the victim and other criminal justice agencies.
Hours: Call for hours.
Fees: No fee.

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MEALS - rev Sept 2021

All specific days / hours information have been replaced with the generic phrase "Visit website or call for current days / hours.

Ann Arbor Meals on Wheels - Michigan Medicine
Website: www.med.umich.edu/services/meals-on-wheels
Address: 3621 S. State Street, Suite 650, Ann Arbor MI 48108
Phone: (734) 998-6686
Fax: (734) 998-6277
Email: aamealsonwheels@umich.edu
Services: Provides meals to older adults or individuals with disabilities who are homebound or unable to prepare complete nutritious meals for themselves. Clients are served regardless of age or financial status and must be a resident of Ann Arbor. There are options for standard or vegetarian entrées, Asian, and liquid meals and for hot meals or sack meals.
Hours: Visit website or call for current days / hours.
Fees: $5 per day suggested donation.

Chelsea Senior Center - Senior Nutrition Program - Senior Cafe & Meals on Wheels
Website: chelseaseniors.org/programs-activities/senior-nutrition-program/
Address: WSEC, 512 E Washington Street, Chelsea MI 48118
Phone: (734) 475-9242
Email: connected@chelseaseniors.org
Services: Lunch available; 24 hour reservation required for Senior Cafe. Check webpage for lunch menu. Also provides Meals on Wheels for Chelsea & Manchester area.
Hours: Visit website or call for current days / hours.
Fees: 60+: $3.00 suggested donation; others $5.00

Dexter Senior Center - Senior Nutrition Program
Website: www.dexterseniors.org
Address: 7720 Ann Arbor Street, Dexter MI 48130
Phone: (734) 426-7737
Services: Lunch served to people 60+. A 24 hour advance registration is required. Also provides Meals on Wheels for Dexter School District only. Must be 60+ and unable to prepare meals.
Hours: Visit website or call for current days / hours.
Fees: 60+: $3.00 suggested donation.

Faith in Action (FIA) - Chelsea & Dexter - Food Pantry
Website: www.faithinaction1.org
Address: 603 S Main, Chelsea MI 48118 — 7275 Joy Road, Dexter MI 48103
Phone: (734) 475-3305 — (734) 426-7002
Services: Food pantry for residents of Chelsea and Dexter school districts only. Provides Thanksgiving food baskets and a Christmas Day Meal.
Hours: Visit website or call for current days / hours.
Fees: Based on household income.

Neysha Reviere
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(734) 998-9353

Covid-19 may affect hours and services; contact agencies directly for current information.

FedUp Ministries
Website: fedupministries.org
Address: Located in Zion Lutheran Church, 1501 W. Liberty Street, Ann Arbor MI 48103
Services: Has food trucks at three locations in Washtenaw County each week. Provides food (with gluten-free & vegetarian options) to communities that are food insecure and economically exploited. A ministry of the Evangelical Lutheran Church in America (ELCA) and the Southeast Michigan Synod, ELCA in partnership with Zion Lutheran Church, Ann Arbor. Community and faith-based partners are listed here.
Email: info@fedupministries.org
Hours: Tuesdays 11 am - 1 pm Zion Lutheran Church, 1501 W Liberty Street, Ann Arbor MI 48103
Wednesdays 12 - 1 pm West Park, parking lot, 215 Chapin Street, Ann Arbor MI 48103
Wednesdays 1:30 - 2:30 pm Ypsi Transit Center, 220 Pearl Street, Ypsilanti MI 48197
Check for meal schedule updates at fedupministries.org/pages/im-new
2nd Saturdays midday meal — SE Michigan Pull Over Prevention (POP) events in Ypsilanti (check FB page link for locations and times.)
Fees: No fee.

Hope Clinic
Website: thehopeclinic.org
Address: 518 Harriet Street, Ypsilanti MI 48197
Phone: (734) 484-2989
Email: info@thehopeclinic.org
Services: Provides food on an emergency and ongoing basis.
Hours: Monday - Friday 9 am – 5 pm; Saturdays 8:30 am - 12 pm
Emergency Food bag: Monday - Friday 9 am - 5 pm
Food Pantry: Tuesday - Wednesday & Friday - Saturday By appointment
Fresh Produce (Farm Stand, 454 Harriet Street): Monday & Wednesday 4 - 6 pm
By appointment or during Food Pantry appointment
Meals (carryout): Daily except Wednesdays 5 - 6 pm
Walk up groceries (no dairy, meat or personal items) - Farm Stand at 454 Harriet Street:
Monday 9:30 am - 12 pm; Thursday 12:30 am - 3 pm; Saturday 11 am - 12:30 pm
Grocery delivery Wednesday or Friday 1 - 4 pm By reservation
call Monday - Thursday 9 am - 4 pm by the day before
Fees: No fee.

Jewish Community Center of Greater Ann Arbor - Lunch Cafe
Website: jccannarbor.org/lunch-cafe/
Address: 2935 Birch Hollow Drive, Ann Arbor MI 48108
Phone: (734) 971-0990
Fax: (734) 677-0109
Services: Light, dairy- (meat-free) & nut- free lunch open to all; must register 24 hours before.
Hours: Visit website or call for current days / hours.
Fees: 60+ $3.00 suggested donation; others $5.50.

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Covid-19 may affect hours and services; contact agencies directly for current information.

Lincoln Senior Center
Website: www.lincolnk12.org/community-partners/lincoln-golden-ages/
Address: West Entrance of Brick Elementary, 8970 Whittaker Road, Ypsilanti MI 48197
Phone: (734) 483-8366
Email: LincolnGoldenAges@lincolnk12.org
Services: Lunch program.
Hours: Visit website or call for current days / hours.
Fees: 60+ - $3.00 suggested donation. Membership dues $15 per year.

Manchester Area Senior Citizens Council, Inc.
Website: www.facebook.com/groups/manchesterseniors/
Address: meals at Emanuel United Church of Christ, 324 W. Main Street, Manchester MI 48158
Phone: Meals / Transportation (734) 385-6308
Services: Serves Manchester, Sharon, Bridgewater, and Freedom Townships. Carry-out and dine-in available without reservations. Call to reserve deliveries or transportation to meals.
Hours: Visit website or call for current days / hours.
Fees: 55+ $4.00 suggested donation; under 55, $4.50.

Manchester Meals on Wheels (via Chelsea Senior Center)
Website: chelseaseniors.org/programs-activities/senior-nutrition-program/
Address: 512 E. Washington Street, Chelsea MI 48118
Phone: (734) 475-9242
Email: connected@chelseaseniors.org
Services: Meals provided through the Chelsea Senior Center for seniors 60+ that are unable to prepare their own meals.
Hours: Visit website or call for current days / hours.
Fees: 60+: $3.00 suggested donation; others $5.00.

Milan Seniors for Healthy Living - Senior Cafe & Meals on Wheels
Website: milanseniors.org/
Address: 45 Neckel Court, MIlan MI 48160
Phone: (734) 508-6229
Fax: (734) 439-4315
Email: mshl@milanseniors.org
Services: Lunch served and meals delivered for those 60+.
Hours: Visit website or call for current days / hours.
Fees: 60+: $3.00 suggested donation.

Northfield Township Community & Senior Center - Senior Nutrition Program
Website: www.twp-northfield.org/community_visitors/senior_center/ongoing_services.php
Address: 9101 Main Street, Whitmore Lake MI 48189
Phone: (734) 449-2295
Fax: (734) 449-8410
Services: Lunch provided; home-delivered meals and liquid dietary supplement available.
Hours: Visit website or call for current days / hours.
Fees: 60+ $3.00 suggested donation; others $5.50.

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Covid-19 may affect hours and services; contact agencies directly for current information.

Pittsfield Senior Center - Senior Cafe
Website: www.pittsfield-mi.gov/Senior-Center
Phone: (734) 822-2117
Email: seniors@pittsfield-mi.gov
Services: Brown-bag and frozen lunches provided through the Washtenaw County Senior Cafes program**.** Call or email one-week ahead to order meals.
Hours: Visit website or call for current days / hours.
Fees: $3.00 donation for 60+; others $5.00.

Saline Area Senior Center - Meals on Wheels
Website: www.salineseniors.org/meals-on-wheels
Address: 7190 N. Maple, Saline MI 48176
Phone: (734) 429-9274
Fax: (734) 429-1079
Services: Provides Meals on Wheels services to homebound individuals of any age. A physician's form, available at the Saline Senior Center, must be completed. No meals served on select holidays.
Hours: Visit website or call for current days / hours.
Fees: Ages 60+ suggested donations -- $2.50 hot meal and/or $.50 sack meal; others $5.00. Fees are billed on a monthly basis.

Turner Senior Wellness Program - Senior Nutrition Program - Michigan Medicine
Website: michmed.org/tswp
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 998-9353
Fax: (734) 998-9340
Email: tswp.info@umich.edu
Services: Serves hot lunch; must call to register 2 days in advance.
Hours: Tuesdays & Fridays 12 pm.
Fees: 65+ $3.00 suggested donation; others, $5.50.

Ypsilanti Meals on Wheels
Website: www.ymow.org
Address: 1110 W Cross Street, Ypsilanti MI 48197
Phone: (734) 487-9669
Fax: (734) 482-3868
Services: Hot lunch and cold dinner are offered to homebound individuals regardless of age or financial status. Meals are low in salt and fat and are appropriate for diabetics. Meals delivered on Thanksgiving, Christmas and New Years days; frozen meals delivered in advance of Memorial Day, Fourth of July, Labor Day and the day after Thanksgiving. Service area: Eastern Washtenaw County. Fresh produce may be provided in addition to meals.
Hours: Visit website or call for current days / hours.
Fees: $3.00 suggested donation; billed monthly.

Ypsilanti (City of) Senior/Community Center
Website: www.ypsiseniorcenter.org
Address: 1015 N. Congress, Ypsilanti MI 48197
Phone: (734) 483-5014
Fax: (734) 480-0380

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tswp.info@umich.edu
(734) 998-9353

Covid-19 may affect hours and services; contact agencies directly for current information.

Services: Lunch is served.
Hours: Visit website or call for current days / hours.
Fees: 60+: $3.00 suggested donation; others, $5.50

Ypsilanti Township Community Center - 50 & Beyond Programs
Website: ytown.org/50-beyond-programs
Address: 2025 E. Clark Road, Ypsilanti MI 48198
Phone: (734) 544-3838
Fax: (734) 544-3888
Services: Lunch is served to persons 60+. Call 1 week in advance for a reservation.
Hours: Visit website or call for current days / hours.
Fees: 60+: $3.00 suggested donation.

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PHYSICAL FITNESS - rev Sept 2021

Specific hours have been replaced with the generic phrase
"Visit website or call for current offerings & hours."

Ann Arbor Public Schools - Community Education & Recreation
Website: www.a2schools.org/reced
Address: 1515 S. Seventh Street, Ann Arbor MI 48103
Phone: (734) 994-2300 ext. 1
Activities: Individual activities and team sports, including

- Baseball and softball
- Cycling
- Dance
- Kickball
- Martial arts
- Nia Fitness
- PIlates
- Tai Chi
- Tennis
- Volleyball and sand volleyball
- Weight training
- Yoga
- Zumba

Hours: Visit website or call for current offerings & hours.
Fees: Varies according to program. Scholarships are available to district residents who meet specific low-income guidelines. Seniors must mail or drop off registration forms to receive discounts.

Ann Arbor Senior Center, Burns Park - Ann Arbor - Parks & Recreation
Website: www.a2gov.org/senior
Address: 1320 Baldwin Avenue, Ann Arbor MI 48104
Phone: (734) 794-6250
Activities: Programs and services promote fitness and activity, reduce the risk of adverse health events, and provide recreational and cultural activities that can improve physical stamina and maintain cognitive functioning.

- Dance
- Strength training
- Tai Chi
- Yoga

Hours: Visit website or call for current offerings & hours.
Fees: $25 single, $35 family membership fee.

Ann Arbor YMCA
Website: www.annarborymca.org
Address: 400 W. Washington, Ann Arbor MI 48103
Phone: (734) 996-9622
Activities: Promotes healthy living through facilities and programs that build healthy spirit mInd and body. Offers in-person and virtual exercise opportunities.

- Exercise equipment, gymnasium, indoor track, swimming pools (lap & warm-water)

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- Aerobics
- Arthritis warm water exercise
- Conditioning classes
- Dance classes
- Fencing
- Martial arts
- Nia and Gentle Nia
- Personal training
- Pickleball
- Pilates
- Stretch & toning classes
- Studio cycling
- Swimming
- Yoga
- Zumba

Hours: Visit website or call for current offerings & hours.
Fees: Depends on activity. Senior and senior couple monthly membership fee; scholarships available. Non-members pay higher class fees.

Chelsea Wellness Center
Website: www.chelseawellness.org
Address: 14800 E. Old U.S.12, Chelsea MI 48118
Phone: (734) 214-0220
Activities: Offers free fitness assessment with membership, personalized exercise plans, group exercise classes, personal training and specialty programs. Members also have access to Dexter and Manchester Wellness Centers.

- Exercise equipment
- Aerobics
- Aqua cardio and core
- Arthritis warm water classes
- Cycling
- Dance
- Personal training
- Pickleball
- Tai Chi
- Zumba
- Pilates
- Toning
- Yoga
- Medical fitness programs

Hours: Visit website or call for current offerings & hours.
Fees: Membership fee includes some classes; call for services fee. Senior membership fee. Scholarships available. Non-members pay higher class fee.

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Covid-19 may affect hours and services; contact agencies directly for current information.

Chelsea Senior Center
Website: www.chelseaseniors.org
Address: Washington Street Education Center, 512 E. Washington Street, Chelsea MI 48118
Phone: (734) 475-9242
Email: connected@chelseaseniors.org
Activities: Enhances the quality of life and well being of area seniors.

- Dance
- Enhance fitness
- Fitness, standing and seated
- Pickleball
- Tai Chi
- Wii bowling
- Yoga

Hours: Visit website or call for current offerings & hours.
Fees: Depends on activity; membership dues. Scholarships available.

Dexter Wellness Center
Website: www.dexterwellness.org
Address: 2810 Baker Road, Dexter MI 48130
Phone: (734) 580-2500
Activities: Offers free fitness assessment with membership, personalized exercise plans, group exercise classes, personal training and specialty programs. Members also have access to Chelsea and Manchester Wellness Centers. Some classes offered virtually.

- Gymnasium
- Aerobics
- Cycling
- Dance
- Kettleball
- Nia Fitness
- Personal training
- Pickleball
- Pilates
- Swimming pools (lap & warm-water)
- Tai Chi
- Yoga
- Zumba

Hours: Visit website or call for current offerings & hours.
Fees: Senior membership fees; non-members pay more for classes; scholarships available.

Jewish Community Center of Greater Ann Arbor
Website: www.jccannarbor.org
Address: 2935 Birch Hollow Drive, Ann Arbor MI 48108
Phone: (734) 971-0990 Ext. 140
Fax: (734) 677-0109
Email:-jcc@jccannarbor.org
Activities: Offered to include health and fitness as part of your day.

- Israeli dance
- Low impact exercise

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- Tai Chi for seniors
- Yoga and meditation
- Zumba

Hours: Visit website or call for current offerings & hours.
Fees: Senior membership fee.

Manchester Area Senior Citizens Council, Inc.
Website: www.facebook.com/groups/manchesterseniors/about/
Address: 410 City Road, (PO BOX 31) Manchester MI 48158
Phone: (517) 456-4962
Activities: Yoga and Movement through Music (Movin' and Groovin') offered weekly**.** Exercise from your chair**.** Yoga at The Manchester United Methodist Church Fellowship Hall; Movin' and Groovin' at Manchester Village Hall, 912 City Road.
Hours: Visit website or call for current offerings & hours.
Fees: Call for rates; some programs free.

Manchester Wellness Center
Website: sites.google.com/mcs.k12.mi.us/manchesterwellnesscenter
Address: 710 E. Main Street, Manchester MI 48158
Phone: (734) 428-0850
Activities: Offers free fitness assessment with membership, personalized exercise plans, group exercise classes, personal training and specialty programs. Members also have access to Dexter and Chelsea Wellness Centers.

- Abs 'n stretching
- Cycling & stretch
- Functional fitness
- Personal training
- Yoga
- Zumba

Hours: Visit website or call for current offerings & hours.
Fees: Senior membership fees; Silver Sneakers membership.

Michigan Medicine - Family Medicine - MDisability - Adaptive Sports
Website: medicine.umich.edu/dept/family-medicine/programs/mdisability/providing-adaptive-sports
Email: Adaptivesports@umich.edu
Services:

- Offers wheelchair basketball drop-in games for university students, faculty & staff and community members.
- Provides link to virtual program "Staying Fit While Staying Put"

Hours: Visit website or call for current offerings & hours.
Fees: No fee.

Milan Seniors for Healthy Living
Website milanseniors.org/activity-center/
Address: 45 Neckel Court MIlan MI 48160
Phone: (734) 508-6229
Fax: (734) 439-4315

Neysha Reviere
tswp.info@umich.edu
(734) 998-9353

Covid-19 may affect hours and services; contact agencies directly for current information.

Email: mshl@milanseniors.org
Activities:

- Exercise Room
- Enhance Fitness
- Yoga

Hours: Visit website or call for current offerings & hours.
Fees: Depends on activity. Membership dues.

Northfield Township Community [& Senior] Center
Website: twp-northfield.org/community_visitors/senior_center
Address: 9101 Main Street, Whitmore Lake MI 48189
Phone: (734) 449-2295
Fax: (734) 449-8410
Activities:

- Chair Yoga
- Chair exercise, dance and weights
- Dance
- Fitness class
- Line dancing

Hours: Visit website or call for current offerings & hours.
Fees: Yes.

Pittsfield Township Senior Center
Website: www.pittsfield-mi.gov/AdultSenior-Programs
Address: 701 W. Ellsworth Road, Ann Arbor, MI 48108 by appt. only
Phone: Office **(**734) 822-2117 Recreation (734) 395-3406
Email: seniors@pittsfield-mi.gov
Activities:

- Golf
- Tennis
- Cardio Drumming
- Senior Strong (Fitness)
- Morning Exercises
- Tai Chi

Hours: Visit website or call for current offerings & hours.
Fees: Resident/Non-Resident fees. Some free programs.

Saline Area Senior Center
Website: www.salineseniors.org
Address: 7190 N. Maple Road, Saline MI 48176
Phone: (734) 429-9274
Fax: (734) 429-1079
Activities:

- Balance
- Dance
- Drumming
- Hula Hooping
- Ping pong

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- Strength
- Tai Chi
- Yoga - chair and outdoor walking
- Zumba

Hours: Visit website or call for current offerings & hours.
Fees: Fitness Membership available monthly or yearly; dues vary depending on age and residency.

Saline Recreation Center
Website: www.cityofsaline.org/parks--recreation--recreation-center
Address: 1866 Woodland Drive, Saline MI 48176
Phone: (734) 429-3502
Fax: (734) 429-5208
Activities:

- Aerobics
- Aqua Zumba
- Barre
- Basketball leagues
- Cycling
- Fitness
- Jujitsu
- Personal training
- Pilates
- Racquetball leagues & courts
- Soccer leagues
- Softball leagues
- Swimming
- Tennis programs & courts
- TRX
- Volleyball - Indoor and sand leagues & courts
- Water Aerobics
- Water jogging
- Weightlifting
- Yoga
- Zumba

Hours: Visit website or call for current offerings & hours.
Fees: Reduced rates for Seniors / Senior Family payable monthly (facility use only), by 12-month contract or pre-paid annually. (Contract and pre-paid rates include facility use and land fitness classes with discounts for other classes and programs, including drop-in fees).

Silver Sneakers
Website: **www.silversneakers.com**
Services: Check facilities by zip code. Check eligibility for a health and fitness program designed for those 65+ which is included with many Medicare plans. Requires an email address to check eligibility. Virtual classes include:

- Body strength - Total or Upper
- Bodyweight boot camp
- BOOM Mind - mix of yoga, pilates & barre
- Cardio mix (some in English & Spanish / Español)

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- Cardio dance
- Circuit - upper body strength & low-impact cardio
- Classic - fall prevention, strength & endurance
- EnerChi - modified Tai Chi
- Fall prevention
- Stability
- Yoga
- Zumba

Hours: Visit website for current offerings & hours.
Fees: Free or low-cost with Medicare.

Turner Senior Wellness Program - Michigan Medicine
Website: michmed.org/tswp
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 998-9353
Fax: (734) 998-9340
Activities: Note: Some classes offered hybrid or virtually.

- Enhance fitness
- Move and Groove - chair dance
- Nia Fitness - chair exercises
- Posture-Balance-Strength
- Tai Chi
- Yoga
- Walking in place

Hours: Visit website or call for current hours.
Fees: Depends on activity. No membership dues.

University Of Michigan - School of Kinesiology - Lifetime Fitness - Community Programs
Website: www.kines.umich.edu/community-programs/lifetime-fitness
Address: Phone: (734) 764-1342
Fax: (734) 647-6375
Activities: Liability waiver required.

- Chair aerobics
- Chair yoga
- Strength, stretch & balance
- Zumba

Hours: Visit website or call for current offerings and hours.
Fees: Fee varies.

Washtenaw Community College - Health & Fitness Center
Website: www.wccfitness.org
Address: 4833 E. Huron River Drive, Ann Arbor MI 48105
Phone: (734) 975-9950
Activities:

- Aerobics
- Aquatics
- Cycling
- Dance

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- Massage therapy
- MyFitRx™ Pathways - requires doctor's Rx; does not require Health & Fitness Center membership but discounts for members. Fee for 8-week session including customized fitness plan & assessment. Areas of focus: medical fitness: cancer, cardiac, cognitive health, diabetes, fitness for surgery, functional fitness, orthopedic, pulmonary, transitional care, weight management
- Nutrition counseling
- Personal trainer
- Pilates
- Sit 'n Fit using chair or stability ball
- Strength
- Stepping
- Stretching
- Tai Chi
- Yoga
- Swimming
- Zumba
- Arthritis aquatics

Hours: Visit website or call for current offerings & hours.
Fees: Varies with activity; many free. Senior and senior couple monthly membership dues.

Washtenaw County - Parks & Recreation - Meri Lou Murray Recreation Center
Website: www.washtenaw.org/497/Meri-Lou-Murray-Recreation-Center (multiple languages)
Address: 2960 Washtenaw Avenue, Ann Arbor MI 48104
Phone: (734) 971-6355
Fax: (734) 971-209
Email: dsk@washtenaw.org (manager on duty)
Activities: Note: Some classes offered hybrid or virtually

- Exercise equipment, gymnasium, Indoor track, swimming pool
- Aerobics
- Aquatics classes
- Badminton
- Basketball
- Dance
- Pickleball
- Pilates
- Tai Chi
- Volleyball
- Yoga
- Zumba

Hours: Visit website or call for current offerings & hours.
Fees: Depends on activity. Senior rates available for day passes and membership dues.

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Covid-19 may affect hours and services; contact agencies directly for current information.

Ypsilanti Senior / Community Center
Website: ypsiseniorcenter.org
Address: 1015 N. Congress Street, Ypsilanti MI 48197
Phone: (734) 483-5014
Fax: (734) 480-0380
Activities: Exercise classes offered in cooperation with Washtenaw Community College.. Note: Some classes offered hybrid or virtually

- Ball exercise
- Chair exercise
- Line dance
- Tai Chi
- Yoga

Hours: Check online calendar or newsletter; or call for current offerings & hours.
Fees: No fee. No membership dues.

Ypsilanti Township - Community Center - 50 & Beyond
Website: ytown.org/50-beyond-programs
Address: 2025 E. Clark Road, Ypsilanti MI 48198
Phone: (734) 544-3838
Activities:

- Dance classes
- Enhance fitness
- Fall prevention
- Lifetime fitness
- Racketball
- Tai Chi
- Pickleball
- Walking indoors
- Yoga
- Zumba

Hours: Visit website or call for current offerings & hours.
Fees: Depends on activity; higher non-resident fee. Membership dues for residents, resident households, non-residents and non-resident households.

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Covid-19 may affect hours and services; contact agencies directly for current information.

SENIOR CENTERS - rev Sep 2021

All specific open hours replaced with the generic phrase
"Visit website or call for current hours."

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Ann Arbor Community Center
Website: annarbor-communitycenter.org/services-seniors/
Address: 625 N. Main Street, Ann Arbor MI 48104
Phone: (734) 662-3128
Hours: Visit website or call for current hours.

Ann Arbor Senior Center, Burns Park
Website: www.a2gov.org/senior
Address: 1320 Baldwin Avenue, Ann Arbor MI 48104
Phone: (734) 794-6250
Hours: Visit website or call for current hours.

Chelsea Senior Center
Website: www.chelseaseniors.org
Address: Washington Street Education Center, 512 E. Washington, Chelsea MI 48118
Phone: (734) 475-9242
Email: connected@chelseaseniors.org
Hours: Visit website or call for current hours.

Dexter Senior Center
Website: www.dexterseniors.org
Address: 7720 Ann Arbor Street, Dexter MI 48130-
Phone: (734) 426-7737
Hours: Visit website or call for current hours.

Jewish Community Center of Greater Ann Arbor
Website: www.jccannarbor.org
Address: 2935 Birch Hollow Drive, Ann Arbor MI 48108
Phone: (734) 971-0990
Fax: (734) 677-0109
Email: jcc@jccfed.org
Hours: Visit website or call for current hours.

Lincoln Golden Ages Senior Center
Website: www.lincolnk12.org/community-partners/lincoln-golden-ages/
Address: West Entrance of Brick Elementary, 8970 Whittaker Road, Ypsilanti MI 48197
Phone: (734) 483-8366
Email: LincolnGoldenAges@lincolnk12.org
Hours: Visit website or call for current hours.

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Covid-19 may affect hours and services; contact agencies directly for current information.

Milan Seniors for Healthy Living
Website: www.milanseniors.org
Address: 45 Neckel Court, MIlan MI 48160
Phone: (734) 508-6229
Fax: (734) 439-4315
Email: mshl@milanseniors.org
Hours: Visit website or call for current hours.

Northfield Township Community & Senior Center
Website: twp-northfield.org/community_visitors/senior_center
Address: 9101 Main Street, Whitmore Lake MI 48189
Phone: (734) 449-2295
Fax: (734) 449-8410
Hours: Visit website or call for current hours.

Pittsfield Township Senior Center
Website: www.pittsfield-mi.gov/AdultSenior-Programs
Address: 701 W. Ellsworth Road, Ann Arbor, MI 48108
Phone: (734) 822-2117
Email: seniors@pittsfield-mi.gov
Hours: Visit website or call for current hours.

Saline Area Senior Center
Website: www.salineseniors.org
Address: 7190 N. Maple Road, Saline MI 48176
Phone: (734) 429-9274
Fax: (734) 429-1079
Hours: Visit website or call for current hours.

South Lyon Center for Active Adults
Website: www.slcs.us/departments/center_for_active_adults
Address: South Lyon High School, Door #32, 1000 N. Lafayette (Pontiac Trail & Eleven Mile Road), South Lyon MI 48178
Phone: (248) 573-8175
Email: centerforactiveadults@slcs.us
Hours: Visit website or call for current hours.

Turner Senior Wellness Program - Michigan Medicine
Website: michmed.org/tswp
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 998-9353
Fax: (734) 998-9340
Email: tswp.info@umich.edu
Hours: Visit website or call for current hours.

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(734) 998-9353

Covid-19 may affect hours and services; contact agencies directly for current information.

Well Connected (aka Senior Center without Walls) and Well Connected Español - Covia
Website: covia.org/programs/well-connected
Toll Free (877) 797-7299
Email: coviaconnections@covia.org
Services: Free telephone and online activities for adults 60+ anywhere in the U.S. Activities are about 30-60 minutes long and led by presenters or facilitators. Spanish / Español-language programs. Also offers **Social Call,** a friendly visitor program with a mission to foster connections between volunteers and older adults throughout the US.
Hours: Call for hours
Fees: No fee.

Ypsilanti Senior / Community Center
Website: ypsiseniorcenter.org
Address: 1015 N. Congress, Ypsilanti MI 48197
Phone: (734) 483-5014
Fax: (734) 480-0380
Email: ypsilantiseniors@gmail.com
Hours: Visit website or call for current hours.

Ypsilanti Township - Community Center - 50 & Beyond Programs
Website: ytown.org/50-beyond-programs
Address: 2025 E. Clark Road, Ypsilanti MI 48198
Phone: (734) 544-3838
Fax: (734) 544-3888
Hours: Visit website or call for current hours.

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Covid-19 may affect hours and services; contact agencies directly for current information.

SUPPORT GROUPS - rev Oct 2021

- ***Addiction***
- ***Alzheimer's / Dementia / Memory Loss***
- ***Amputees***
- ***Arthritis***
- ***Cancer***
- ***Caregivers***
- ***Diabetes***
- ***Domestic and Sexual Abuse***
- ***Grandparents***
- ***Grief***
- ***Hearing Loss***
- ***Heart Disease***
- ***LGBTQ***
- ***Low Vision***
- ***Mental Health***
- ***Multiple Sclerosis***
- ***Osteoporosis***
- ***Parkinson's Disease***
- ***Pulmonary Disease***

National & Michigan Self Help Groups - Michigan Mental Health Networker
www.mhweb.org/miscellany/selfhelp.html#o

ADDICTION

Addiction Recovery Resources in Washtenaw County - Workit Health
Website: www.workithealth.com/blog/addiction-resources-washtenaw-county
Phone: (734) 292-4020
Services: Lists general resources, support groups in the county, online support groups, information for families of addicts, and addiction treatment.
Hours: 24 Hours
Fees: No fee.

Al-Anon / ACOA
Website: www.afgdistrict5.org al-anon.org (also Español and French)
Services: Program of recovery for family and friends of alcoholics, whether or not the alcoholic recognizes the existence of a drinking problem or seeks help. Hybrid and virtual meetings in Ann Arbor, Chelsea, Saline, Ypsilanti and surrounding communities.
Hours: Varies
Fees: Based on ability to pay.

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Alano Club, Washtenaw
Website: washtenawalano.club
Address: 995 N. Maple Road, Ann Arbor MI 48103
Phone: (734) 668-8138
Services: Support groups and services for alcoholics, substance users, or individuals suffering from any addictive habits. Contact for meeting locations, dates and times or look around for the current schedule.
Hours: Daily 8 am - 11:59 pm
Fees: No fee.

Alcoholics Anonymous, Huron Valley
Website: www.hvai.org aa.org (also Spanish / Español or French)
Address: 31 S. Huron Street, Ypsilanti MI 48197
Phone: Literature (734) 482-0707
Helpline: Support Groups (734) 482-5700
Email: professionals@hvai.org
Services: Support groups to help recovery from alcoholism. Locations and times for meetings — searchable online indicate whether virtual or in-person. Covers Ann Arbor, Chelsea, Dexter, Manchester, Milan, Saline, Ypsilanti and surrounding communities. Open to anyone who wants to stop drinking.
Hours: Tuesday - Friday 1 pm - 6 pm (office)
Fees: Based on ability to pay.

American Lung Association - Quit Smoking or Vaping Hotline
Website: www.lung.org/quit-smoking/ (also Español)
Toll Free: (800) LUNG-USA (586-5872)
TTY Toll Free: (800) 501-1068
Online Live Chat: Yes
Hours: Monday - Friday 7 am - 9 pm; weekends 9 am - 5 pm

Friends of Little House Recovery Center
Website: folhrc.wixsite.com/
Address: 802 N. River Street, Ypsilanti MI 48198
Email: folhrc@gmail.com
Services: Creates an environment of recovery for alcoholics, addicts and people with addictive personalities. Meeting rooms for 12 Step and recovery oriented programs like Alcoholics Anonymous, Narcotics Anonymous, Gamblers Anonymous, Overeaters Anonymous, and other programs. Has programs for LGBT, men-only, and women-only groups. Closed meetings.
Hours: Call for meeting information.
Fees: No fee.

Gambler's Anonymous
Website: www.gamblersanonymous.org/ga/
Address: Area 9 Intergroup, Gambler Anonymous, c/o Washtenaw Alano Club, 995 N. Maple Rd., Ann Arbor, MI 43103
Toll Free: Michigan Hotline (855) CALL-GA (222-5542)
Services: Website provides links to locate a closed, modified closed or open meeting or to talk with someone nearby and to virtual meetings by state. Also provides a link to the Gam-Anon page for

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family or friends which lists virtual meetings by day or time zone. Offers printed materials in English and Spanish / Español.
Hours: Varies
Fees: No fee

Jim Toy Community Center - Addiction Support Groups
Website: www.jimtoycenter.org
Address: 319 Braun Court, Ann Arbor MI 48104.
Phone: (734) 995-9867
Services: Offers activities and monthly support groups for gays/transgender/bisexual/lesbians. Call to confirm times and for more information.

- ***Because We Are Worth It (Sex Addicts Anonymous)*** 1st Tuesday 6:30 - 7:45 pm
- ***Sufficient Substitute (Alcoholics Anonymous)*** Saturdays 8 - 9 pm

Hours: See Groups Calendar
Fees: No fee.

Narcotics Anonymous, Washtenaw Area
Website: michigan-na.org/washtenaw-area or na.org
Toll Free: Michigan Hotline (800) 230-4085 Detroit Area Hotline (877) 338-1188
Services: Click on "Meetings" to find local support group meetings in Ann Arbor, Chelsea, Saline and Ypsilanti. Most physical locations are closed and meetings are virtual (October 2021). National website offers the basic text, Narcotics Anonymous in streaming and downloadable mp3 audio files in English, Arabic, Hebrew, Hungarian, Russian, Spanish / Español, and in Thai.
Hours: Varies
Fees: No fee

Greater Ann Arbor Area Overeaters Anonymous
Website: www.a2oa.org oa.org (multiple languages) oavirtualregion.org
Email: chair@a2oa.org
Services: Sponsors open, closed, special focus and special topics meetings in the Ann Arbor area and northwest Ohio in varied formats -- in person, phone, video/virtual, and hybrid. Special meetings for men, women, LGBTQ+ and people of color available in other locations.
Hours: Click on "Meetings" to find local support group meetings.
Fees: No fee

Nicotine Anonymous (NicA)
Website: nicotine-anonymous.org (multiple languages)
Toll Free: (877) TRY-NICA (879-6422)
Hours: 24 Hours
Services: Offers 12-step fellowship of men and women helping each other live nicotine-free lives. Use "Find Meeting" tab for face-to-face, phone, video, and Internet meetings or pen and email pals.
Fees: No fee.

SMART Recovery® (Self Management and Recovery Training)
Website: www.smartrecovery.org (also Español)
Phone: (734) 686-4974
Online Live Chat: 24 Hours

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Services: A mental health and educational program, focused on changing human behavior for any substance or activity addiction. Has online chat, forums and meetings in addition to in-person meetings. Use the SMARTfinder site to search for meetings by zip code. Can limit search results by day of week, type (online, in-person), distance, and tags – family & friends, women, LGBTQ, veterans, or Spanish (Español). Select videos featured on site; subscription available for newsletters, blog posts, podcasts, videos and invitations to special SMART Recovery events.
Hours: Call for hours
Fees: No fee

SmokeFree 60+
Website: 60plus.smokefree.gov women.smokefree.gov espanol.smokefree.gov
Phone: (877) 44U-Quit (National Cancer Institute quitline)
Online Live Chat: livehelp.cancer.gov LiveHelp-es.cancer.gov (Español)
Monday - Friday 9 am - 9 pm ET
Services: Provides free, accurate, evidence-based information and professional assistance to help support the immediate and long-term needs of older adults trying to quit smoking.
Hours: 24 Hours
Fees: No fee.

Turner Senior Wellness Program - Michigan Medicine - Staying Smoke Free
Website: michmed.org/tswp
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 998-9353
Services: Support group to help seniors who have quit smoking remain smoke-free.
Hours: 4th Thursdays 1:30 - 3 pm
Fees: No fee.

ALZHEIMER'S / DEMENTIA / MEMORY LOSS

Alzheimer's Association - Greater Michigan Chapter
Website: www.alz.org/gmc www.alz.org (also Spanish / Español)
Toll Free: Hotline (800) 272-3900
TTY: Hotline (866) 403-3073
Online Live Chat: Support Groups
Services: Support groups for people with Alzheimer's disease, their family members and care partners at various locations. Check www.communityresourcefinder.org (limit search by delivery method, audience, language) for current locations, times and contact information.
Recent caregiver support group locations:

- Chelsea Retirement Community, Crippen Bldg., 725 W Middle St, Chelsea MI 48118
- St. Joseph Mercy Hospital, Towsley Health Building, 5361 McAuley Drive, Ann Arbor 48106
- Brecon Village, ~~101~~ 200 Brecon Drive, Saline MI 48176
- Silver Maples, 100 Silver Maples Drive, Chelsea MI 48118 (with respite)
- Gilbert Residence, 203 S. Huron Street, Ypsilanti MI 48197

Hours: Hotlines available 24 Hours.
Fees: No fee.
Michigan Alzheimer's Disease Center - Catching Your Breath - Wellness Initiative

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Website: alzheimers.med.umich.edu/wellness-initiative/
Phone: (734) 615-8293
Services: Monthly programs for learning and practicing stress resilience skills for continued health, balance and well-being - for adults with cognitive loss and their care partners. Offered virtually, online and by phone. Registration required for some programs..
Hours: Vary; see schedule on web or call for information.
Fees: No fee for program; parking fee -- contact for assistance with this fee.

Michigan Lewy Body Dementia Support Groups
Website: alzheimers.med.umich.edu/lbd/
Phone: (734) 764-5137 call to confirm
Services: Click on Support Groups to find current virtual and in-person offerings for caregivers and family members of those diagnosed with LBD; separate meetings for those who have early diagnosis of LBD. Registration required.
Hours: 2nd Tuesday 2 - 3 pm (Caregivers), 3 - 4 pm (those with LBD). & 6 - 7 pm (Caregivers)
Fees: No fee.

Mitten Minds Support Group
Website: alzheimers.med.umich.edu/mitten-minds-support-group/
Services: For individuals with mild cognitive impairment or early-stage dementia. Registration required for each session
Hours: 3rd Tuesday, 3 - 4 pm
Fees: No fee.

AMPUTEES

Amputee Coalition - Virtual Support Groups
Website: www.amputee-coalition.org/support-groups-peer-support/virtual-support-group-meetings/
Services: Groups for amputees and families and for non-professional caregivers.
Hours: Thursdays 6, 7, 8 or 9 pm for amputees and families
2nd Wednesday 7 pm for non-professional caregivers
Fees: No fee.

Michigan Medicine - Orthotics and Prosthetics Center - U-CAN Amputee Support Group
Website: U-CAN-Amputee-Support-Group
Address: 2850 S. Industrial Hwy., Suite 400, Ann Arbor MI 48106
Phone: (734) 975-7432
Services: Support group for amputees and their families.
Hours: 1st Tuesday 5:30 - 7:30 pm
Fees: No fee. Donations accepted.

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ARTHRITIS

Arthritis Foundation - Michigan
Website: www.arthritis.org/local-offices/mi
Toll Free: (800) 283-7800 (national helpline)
Online Live Chat: Yes
Services: Chat group via Live Yes! Connect. Must create an account to join a group.
Hours: 24 Hours.
Fees: No fee.

National Osteoarthritis Foundation - Ann Arbor Support Group
Website: www.nof.org/patients/patient-support/nof-support-groups/
Email: NOFannarborMI@gmail.com
Services: Support group for osteoarthritis sufferers.
Hours: Email for hours
Fees: No fee.

Turner Senior Wellness Program - Michigan Medicine – Arthritis Support Group
Website: michmed.org/tswp
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 998-9353
Services: Support group for older adults with arthritis.
Hours: 3rd Friday 10 - 11:30 am
Fees: No fee.

CANCER

Cancer Support Community of Greater Ann Arbor - Support Groups
Website: www.cancersupportannarbor.org/programs/#supportgroups
Address: 2010 Hogback Road, Suite 3, Ann Arbor MI 48105
Phone: (734) 975-2500
Email: info@cancersupportannarbor.org
Services: Programs, education, and weekly/bi-weekly/monthly groups for people affected by cancer. Registration required for weekly support groups. Call for times and dates of specific cancer support groups which are listed online. Some of these include:

- *African American Fellowship*
- *Blood Cancer Group*
- *Breast Cancer Group*
- *Head and Neck Cancer*
- *Hereditary Colorectal Cancer Peer Group*
- *Life Beyond Cancer Survivorship Group*
- *Pride Cancer Support Group (LGBTQ+)*
- *Prostate Cancer Support Group*

Hours: Monday - Thursday 9 am - 5 pm & Friday 9 am - 12 pm
Fees: No fee.

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Michigan Medicine - Rogel Cancer Center - Support Groups
Website: www.rogelcancercenter.org/support
Address: 1500 E. Medical Center Drive, Ann Arbor MI 48109
Toll Free: **Cancer Answer Line**: (800) 865-1125
Email: CancerAnswerLine@med.umich.edu
Services: A variety of programs, education, and support groups for people affected by cancer. In-person groups have been replaced by virtual groups such as

- *Community and Creativity*
- *Meditation with Cancer*
- *Prostate Cancer*

Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.

St. Joseph Mercy Chelsea - Support Groups
Website:-www.stjoeshealth.org/health-and-wellness/classes-and-events/
Address:-775 S. Main Street, Chelsea MI 48118
Phone: (734) 593-6000
Services: Adults with cancer, family, friends and/or support people meet to discuss common concerns, learn coping techniques and share feelings.
Hours: Call for meeting information
Fees: No fee.

Turner Senior Wellness Program - Michigan Medicine – Cancer Support Group for Older Adults
Website: michmed.org/tswp
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 998-9353
Services: Support group for older adults with cancer.
Hours: 2nd Thursday 3 - 4 pm
Fees: No fee.

CAREGIVERS

*Ask at TSWP front desk for handout on **"Caregiver Internet Resources"***

Arbor Hospice - Grief Journey Program Support Groups - Grief After Dementia
Website: www.arborhospice.org/our-care-services/grief-care/
Address: 2366 Oak Valley Drive, Ann Arbor MI 48103
Phone: (734) 662-5999 RSVP (734) 794-5375
Services: Support for caregivers coping with the death of someone close.
Hours: 2nd Tuesdays 6:30 - 7:30 pm
Fees: No fee.

Jewish Family Services of Washtenaw County - Caregiver Conversations
Website: jfsannarbor.org/cares/
Address: 2245 S. State Street, Suite 200, Ann Arbor MI 48104
Phone: (734) 769-0209
Fax: (734) 769-0224

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Services: Monthly support group for adult caregivers provides information and peer support. Check the website or call for times and location.
Hours: Monday - Thursday 9 am - 5 pm; Friday 9 am - 3 pm
Fees: No fee.

Memory Cafes in Michigan
Website: www.memorycafedirectory.com/memory-cafes-in-michigan/
Phone: (734) 475-9242 Chelsea Senior Center (734) 649-6806 St. Joe's, Ypsilanti
(734) 483-5014 Ypsilanti Senior Center
Services: Enjoy a dementia-friendly outing with your loved one. Activities and conversation with other caregivers. Locations in Chelsea, Saline and Ypsilanti.
Hours: Call for information
Fees: No fee.

Milan Seniors for Healthy Living - Caregiver Support Group
Website: milanseniors.org/activity-center/
Address: 45 Neckel Court, MIlan MI 48160
Phone: (734**)** 508-6229
Fax: (734) 439-4315
Services: Serves those caring for a loved one.
Hours: 2nd Tuesday 12:30 pm
Fees: No fee

Turner Senior Wellness Program - Michigan Medicine
Website: michmed.org/tswp
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 998-9353
Services: Support groups for those caring for spouses, significant others or relatives.
- ***Caring for Your Mate****:* Information and support for people who are caring for their significant others. 4th Tuesday 1:30 - 3:30 pm
- ***Caring for Aging Relatives***: 2nd Wednesday 6 – 8 pm

Hours: Monday - Friday 9 am - 5 pm
Fees: No fee.

Veteran's Administration - Caregiver Support Line
Website: www.annarbor.va.gov/services/Caregiver_Support or
www.caregiver.va.gov/Care_Caregivers
Phone: (734) 222-7101 Support Coordinator
Toll Free: (855) 260-3274 24 Hour
Services: To help anyone who cares for a Veteran. VA's Caregiver Support Line has licensed caring professionals who will explain about assistance available from the VA and help caregivers access services and benefits including peer mentoring and online education.
Hours: Monday - Friday 8 am - 4:30 pm
Fees: No fee**.**

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DIABETES

St. Joseph Mercy Chelsea - Diabetes Share Group
Website: www.stjoeshealth.org/st-joseph-mercy-chelsea-diabetes-program
Address: 755 S. Main Street, Chelsea MI 48118
Phone: (734) 593-5280
Services: Free support group offered to area residents and their families who have diabetes.
Hours: Call for hours and location.
Fees: No fee.

Michigan Medicine - Diabetes Adult Support Groups
Website: www.uofmhealth.org/endocrinology-diabetes-and-metabolism/diabetes-support-groups
Phone: (734) 998-2475 (Type 1) (734) 998-9353 (Type 2)
Services: Support group to help adults with diabetes,

- *Type 1 Diabetes Adult Support Group*
- *Type 2 Diabetes Adult Support Group* - Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105

Hours: Type 1 - currently on hold; Type 2 - 2nd Saturday 9:30 - 11 am
Fees: No fee.

DOMESTIC VIOLENCE and SEXUAL ABUSE

Black Women Support Group
Website: www.safehousecenter.org/support-groups/
Address: SafeHouse Center, 4100 Clark Road, Ann Arbor MI
Phone: (734) 995-5444 24 Hour Helpline
Email: supportgroups@safehousecenter.org
Services: For black women survivors of sexual assault..
Hours: Wednesdays 6 - 7:30 pm via Zoom
Fees: No fee.

Domestic Violence Support Group
Website: www.safehousecenter.org/support-groups/
Address: SafeHouse Center, 4100 Clark Road, Ann Arbor MI
Phone: (734) 995-5444 24 Hour Helpline
Email: supportgroups@safehousecenter.org
Services: For female survivors of intimate partner domestic violence.
Hours: Thursdays 6 - 7:30 pm via Zoom
Fees: No fee.

LGBTQIA+ Support Group
Website: www.safehousecenter.org/support-groups/
Address: Corner Health Center, 47 N. Huron Street, Ypsillanti MI
Phone: (734) 973-0242 x 216
Email: supportgroups@safehousecenter.org**c**
Services: Open to lesbian, bisexual, gay, trans, questioning, and all queer survivors of sexual assault and/or intimate partner violence..

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Hours: Offered periodically; call for exact dates
Fees: No fee.

Esperanza y Empoderamiento (Hope and Empowerment) **(**Español**)**
Website: www.safehousecenter.org/support-groups/
Address: SafeHouse Center, 4100 Clark Road, Ann Arbor MI
Phone: (734) 995-5444 24 Hour Helpline
Email: supportgroups@safehousecenter.org
Services: Spanish / Español-speaking domestic violence / sexual assault support group.
Hours: Wednesdays 6 - 7:30 pm via Zoom
Fees: No fee.

Family Crisis Center of Washtenaw - Domestic Violence & Sexual Assault
Website: www.familycrisiscenterwashtenaw.org/programsservices (multiple languages)
Address: 2385 S. Huron Pkwy. Suite 2N, Ann Arbor MI 48104
Phone: (734) 660-7059
Services: Support meetings

- **Domestic Violence Survivors/Abusers Support Group**
- **Sexual Assault Survivors Support Group**

Hours: Call for information
Fees: Vary; call for information.

Men's Domestic Violence / Sexual Assault Support Group
Website: www.safehousecenter.org/supportgroups/
Address: SafeHouse Center, 4100 Clark Road, Ann Arbor MI
Phone: (734) 995-5444 24 Hour Helpline
Email: supportgroups@safehousecenter.org
Services: Domestic violence / sexual assault support group for men.
Hours: Tuesdays 6 - 7:30 pm via Zoom
Fees: No fee.

Michigan Coalition to End Domestic and Sexual Violence
Website: mcedsv.org
Phone: (517) 347-7000
Toll Free: (866) VOICEDV (864338) Domestic Violence Hotline
(855) VOICES4 (86474) Sexual Assault Hotline
TTY: (517) 898-5533 Domestic Violence (734) 381-8470 Sexual Violence
Online Live Chat: mcedsv.org/hotline-domestic-violence/hotline-chat/ Domestic Violence
mcedsv.org/hotline/hotline-chat/ Sexual Violence
Text: (877) 861-0222 Domestic Violence (866) 238-1454 Sexual Violence
Hours: 24 Hours for Hotline, TTY, Chat and Text.
Fees: No fee

Sexual Assault Support Group
Website: www.safehousecenter.org/support-groups/
Address: SafeHouse Center, 4100 Clark Road, Ann Arbor MI
Phone:
Email: www.safehousecenter.org/support-groups/

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Services: For female survivors of sexual assault.
Hours: Mondays, 6 - 7:30 pm via Zoom
Fees: No fee.

Spanish-Speaking Domestic Violence/Sexual Assault Support Group
Website: www.safehousecenter.org/support-groups/
Phone: (734) 995-5444 24 Hour Helpline
Email: supportgroups@safehousecenter.org
Services: For Spanish- / Español-speaking female survivors of domestic violence and/or sexual assault.
Hours: Wednesdays 6 - 7:30 pm via Zoom
Fees: No fee

GRANDPARENTS

Catholic Social Services of Washtenaw County - Senior Services Department - Grandparents Raising Grandchildren (GRG) (formerly ***GAP*****)**
Website: csswashtenaw.org/seniors/grandparents-raising-grandchildren/
Phone: (734) 971-9781 press 8
Services: Offers caregiving grandparents/relatives the opportunity to share their experiences, to understand the children's special needs and to learn how and where to seek community resources. The support group meets at various times and locations; call for information.
Hours: Monday - Wednesday 8 am – 4:30 pm
Fees: No fee.

GRIEF

Arbor Hospice - Grief Journey Program Support Groups
Website: www.arborhospice.org/our-care-services/grief-care/
Address: 2366 Oak Valley Drive, Ann Arbor MI 48103
Phone: (734) 662-5999
Toll Free: 24 Hours (888) 992-2273
Services: Support for those coping with the death of someone close. Click on "View Current Support Groups" for more information..

- *Adult Loss of a Child*
- *Adult Loss of a Parent*
- *Grief After Dementia - Caregivers*
- *Living On - in person or Zoom*
- *Loss of a Spouse or Partner*
- *Men Overcoming Loss - Zoom*

Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.

Family Crisis Center of Washtenaw - Grief/Loss
Website: www.familycrisiscenterwashtenaw.org/programsservices (multiple languages)
Address: 2385 S. Huron Pkwy. Suite 2N, Ann Arbor MI 48104

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Phone: (734) 660-7059
Services: Grief/loss support meetings.
Hours: Call for information
Fees: Vary; call for information.

GrieveWell.com
Website: grievewell.com
Address: American Red Cross Bldg., 4624 Packard Street, Ann Arbor MI 48108
Phone: (734) 975-0238
Email: info@grievewell.com
Services: This non-profit offers one-to-one peer counseling, workshops, community events, and online resources -- including podcasts -- for those experiencing grief.
Hours: Vary with service / event
Fees: No fee.

HEARING LOSS

Hearing Loss Association of America, Ann Arbor Chapter
Website: www.annarborcil.org/how-we-help/connecting-with-others/
Services: Monthly meetings offer socialization and education at the Ann Arbor Center for Independent Living (CIL), 3941 Research Park Drive, Ann Arbor MI. 48108;
Hours: 4th Tuesday 7 - pm
Fees: No fee; optional $15 annual membership fee for national association.

Hearing Loss D.A.T.A. Group
Website: none
Address: Pittsfield Charter Township Senior Center, 701 W. Ellsworth Road, Ann Arbor MI 48108
Services: This group is committed to offering emotional support, coping skills and an open forum to share both positive and negative experiences pertaining to hearing loss. Join anytime.
Facilitator: Tony Ferack.
Hours: Currently on hold (March 2022).
Fees: Senior Center membership fee, $5. Scholarships available.

Turner Senior Wellness Program - Michigan Medicine
Website: michmed.org/tswp
Address: Turner Senior Resource Center, 2501 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 998-9353
Fax: (734) 998-9340
Services: Quarterly hearing loss education programs. Call for more information.
Hours: Monday - Friday 9 am - 5 pm
Fees: No fee

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Covid-19 may affect hours and services; contact agencies directly for current information.

HEART DISEASE

Michigan Medicine - Frankel Cardiovascular Center
Website: **www.umcvc.org/cardiovascular-support-group**
Address: 5th Floor Boardroom (take elevators to 5 then follow signs), 1500 E. Medical Center Drive, Ann Arbor MI 48109
Phone: (734) 232-1559
Services: ***Cardiovascular Support Group*** offers patients and families affected by cardiac illness a space to learn, share and connect with one another. RSVP not required.
Hours: 1st Monday of most months, 5:30 - 7 pm **(**Currently on hold, March 2022.)
Fees: No fee.

St. Joseph Mercy Ann Arbor & Chelsea - Cardiac / Heart
Website: www.stjoeshealth.org/cardiovascular-care/prevention-and-wellness/
Address: 5301 McAuley Drive, Ypsilanti MI 48197
Phone: (734) 712-3456 (Ann Arbor) (734) 593-6000 (Chelsea)
Services: Call for information on dates & times**.** Registration needed to participate.

- ***Atrial Fibrillation Support Group:*** for people with cardiac rhythm disorders
- ***Heart to Heart*****:** for people with cardiovascular disease
- ***Heart Failure Support Group*****:** for patients who have heart failure and their families
- ***Partners at Heart*****:** for spouses and partners of patients with cardiovascular disease

Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.

St. Joseph Mercy Ann Arbor – Stroke Survivor & Caregiver Support Group
Website: www.annarborcil.org/how-we-help/connecting-with-others/
Address: AA Center for Independent Living, 3941 Research Park Drive, Ann Arbor MI 48108;
Phone: (734) 712-2830
Services: For stroke survivors and/or their caregivers, family and friends.
Hours: 3rd Wednesday 5:30 - 7:30 pm
Fees: No fee.

LGBTQ

Jim Toy Community Center - LGBTQ Support Groups
Website: www.jimtoycenter.org
Address: 319 Braun Court, Ann Arbor MI 48104
Phone: (734) 274-9551
Services: Offers activities and a monthly support group for older gays/transgender/bisexual/lesbians. Call to confirm times and for more information.

- ***Older Lesbians Organizing*** - 2nd Sunday 1 - 2:30 pm
- ***FTM A2-Ypsi*** **-** by and for trans men 16+, 3rd Monday 6 - 7 pm at Jim Toy CC and 1st Monday at Corner Health Center, 47 N. Huron Street, Ypsilanti MI 48197
- ***GBLT AA (Alcoholics Anonymous)*** **-** Saturdays 8 - 9 pm

Hours: Vary. Call for information or visit Groups Calendar
Fees: No fee.

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Covid-19 may affect hours and services; contact agencies directly for current information.

LGBT National Help Center - Senior Hotline
Website: www.glbthotline.org/senior.html
Toll Free: (888) 234-7243
Email: help@LGBThotline.org
Online Live Chat: Yes www.glbthotline.org/programs.html
Services: Provides telephone and chat peer-support, listening and affirmation about issues including isolation, relationship concerns, gender, bullying, workplace, and HIV/AIDS. Offers factual information and local resources for the senior community via the GLBTnearme.org national database.
Hours: Monday - Friday 4 pm - 12 midnight and Saturdays 12 pm - 5 pm
Fees: No fee

Michigan Medicine - Transgender Services - Support Groups
Website: www.uofmhealth.org/conditions-treatments/support-groups
Address: 2025 Traverwood Dr., Suite A1, Ann Arbor MI 48105
Phone: (734) 998-2150
Fax: (734) 998-2152
Email: genderservices@med.umich.edu
Services: All groups provide an accepting and inclusive space to find support and make connections with others. Participant interests direct the discussion.

- *Transgender and Gender Nonconforming Adult Support Group* - 1st Tuesday 6 – 8 pm
- *Parents of Gender Nonconforming People* - 2nd Tuesday 6:30 – 8 pm
- *Partners of Gender Nonconforming People* - 3rd Tuesday 6 – 7:30 pm

Fees: No fee. Registration requested.

PFLAG (Parents Families and Friends of Lesbians and Gays) Ann Arbor
Website: www.pflagaa.org
Address: meetings at St. Andrews Episcopal Church, 306 N. Division Street, Ann Arbor MI 48104 (enter off of Catherine Street)
Phone: (734) 741-0659
Toll Free: Affirmations (Metro Detroit) Help-line (800) 398-GAYS (4297)
Email: info@pflagaa.org
Services: Support and information group for those learning to deal with the reality of homosexuality and how to provide loving support. For gay, lesbian, bisexual and transgender children, family, and friends.
Hours: Third Sundays 2 - 4:30 pm; contact PFLAG.AnnArbor@gmail for Zoom link.
Fees: No fee.

SAGE (Services & Advocacy for GLBT Elders) Metro Detroit
Website: www.sagemetrodetroit.org/ or
Phone: (734) 681-0854 (734) 3353-1172 Friendly Caller Program
Email: info@sagemetrodetroit.org or friendlycallerprogram@sagemetrodetroit.org
Services: Provides training, information, advocacy and programming for the LGBT and supporting communities.

- ***Food Box Delivery*** - Boxes of healthy non-perishable food are delivered twice monthly. Sometimes have fresh produce and holiday meals.
- ***Friendly Caller Program*** - Matches older lesbian, gay, bi and trans (LGBT) adults with volunteers to maintain social connections through phone calls a few times a week. Callers and

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participants decide the time of calls based on their availability. The initial call is based on the availability listed on their respective applications.

- ***Tech Buddy Program*** - Provides assistance for navigating web services such as paying bills, sending money, finding an internet provider, using email, Zoom and social media platforms.
- ***Virtual Socials*** - currently delivered via Zoom

Hours: Monday - Friday 9 am - 5 pm
Fees: No fee.

LOW VISION

Michigan Medicine - Kellogg Eye Center - Living with Low Vision Support Group
Website: www.umkelloggeye.org/patient-resources/support-groups/living-with-low-vision-group
Address: 6th Floor Conference Room, 1000 Wall Street, Ann Arbor MI
Phone: 763-9468
Services: Features guest speaker and discussion.
Hours: 2nd Wednesday 1 - 3 pm
Fees: No fee.

Turner Senior Wellness Program - Michigan Medicine – Low Vision Support Group
Website: michmed.org/tswp
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 764-9353
Services: A gathering for education and social support.
Hours: 4th Wednesday 1 - 2:30 pm
Fees: No fee.

MENTAL HEALTH

988 Suicide and Crisis Lifeline
Website: 988lifeline.org 988lifeline.org/help-yourself/en-espanol
Toll Free or text: 988
Chat: 988lifeline.org/chat/
Services: Trained counselors are available to assess needs and connect callers with resources, and alert local emergency crisis teams, if necessary. Offers aid in Spanish / Español and resources for maternal mental health, Black mental health, Native Americans and Alaskan Natives and for those who are deaf, hard or hearing or who have hearing loss. Has specialized resources for individuals with neurodivergence, veterans, suicide attempt survivors, disaster survivors, loss survivors, LGBTQ+ individuals, and youth. Operates through the National Suicide Prevention Lifeline's network of more than 200 locally operated and funded crisis centers nationwide, including those in Michigan.
Hours: 24 Hours
Fees: No fee.

Ann Arbor Area ADD/ADHD Support Group
Website: www.meetup.com/AnnArbor-ADHD-ADD-Support/
Services: Support groups for parents and adults with Attention Deficit / Hyperactivity Disorder.

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Hours: 3rd Saturday 10 am. Must join the group to see location details.
Fees: No fee.

Clutterers Anonymous (CLA) - Ann Arbor
Website: htfwashtenaw.org/Clutterers_Anonymous.pdf
Address: Journey of Faith Church, 1900 Manchester, Ann Arbor MI 48104
Services: Welcomes anyone struggling with an obsessive, compulsive or addictive relationship with clutter.
Hours: Mondays 6 - 7:30 pm
Fees: No fee.

Family Crisis Center of Washtenaw - Suicide Prevention
Website: www.familycrisiscenterwashtenaw.org/programsservices (multiple languages)
Address: 2385 S. Huron Pkwy. Suite 2N, Ann Arbor MI 48104
Phone: (734) 660-7059
Services: Holds support meetings.
Hours: Call for information
Fees: Vary; call for information.

Institute on Aging - Friendship Line - Crisis Intervention & Emotional Support Hotline
Website: www.ioaging.org/services/all-inclusive-health-care/friendship-line
Toll Free: (800) 971-0016 (415) 750-4111 or (650) 424-1411
Services: Provides emotional support, elder abuse reporting, well-being checks, grief support, active suicide intervention, and information / referral for people 60+ and for adults living with disabilities. Targeted at the San Francisco Bay Area. Accredited by the American Association of Suicidology.
Hours: 24 hour
Fees: No fee.

Michigan Medicine - Comprehensive Eisenberg Family Depression Center - Depression and Bipolar Illness Support Groups
Website: www.depressioncenter.org/patient-resources/support-groups
Address: Rachel Upjohn Building, 4250 Plymouth Road, SPC 5763, Ann Arbor MI 48109
Services: Opportunities to share ideas for coping, link with community resources, develop a support network, learn about depression and bipolar illness, and discuss issues of stigma.

- Group for adults with depression and bipolar illness 18+ (On hold, March 2022)
- Group for family members 18+ (On hold, March 2022)
- Survivors of Suicide 18+ - Preregistration required. 8 sessions 2nd & 4th Mondays 6 - 8 pm. Location or Zoom link provided at registration. Contact survivors-of-suicide-group@umich.edu

Hours: Visit website or email for meeting information
Fees: No fee.

National Association on Mental Illness - Washtenaw County
Website: namiwc.org/about/mental-health-support-groups/
Services: Support group meetings are structured in ways that encourage full group participation. Registration required. All currently (March 2022) meeting via Zoom.

- ***Connection Recovery Support Group*** - open to anyone with a mental health condition who is 18+. 1st & 3rd Wednesdays 7 - 8:30 pm

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- ***Friends and Family*** - for adults who have a friend/family member with a mental health condition. 3rd Wednesday 7 - 8:30 & 4th Monday 6 – 8:30 pm.
- ***NAMI Faith Group*** - combines scripture lessons, educational topics and a sharing time to promote support and spirituality in mental health. Open to adults living with mental health challenges, and to anyone who wants to learn how to better support them. Inclusive and welcomes all religions and all people. 2nd & 4th Tuesday 7 – 8:30 pm.
- ***WCC Connection Recovery Support Group*** - For people who live with a mental health challenge. 1st & 3rd Thursday 3:30-5 pm.

Hours: See individual group information above
Fees: No Fee

Veterans Crisis Line
Website: www.veteranscrisisline.net
Toll Free: (800) 273-8255 press 1 (888) 628-9454 Spanish / Español
TTY Toll Free: 711 then 1 (800) 273-8225
Text: 838255
Online Live Chat: Yes
Services: Confidential support for veterans -- including national guard and reserves, and their family members and friends.
Hours: 24 Hours
Fees: No fee

MULTIPLE SCLEROSIS

Ann Arbor MS Support Group
Address: Ann Arbor Center for Independent Living (CIL), 3941 Research Park Drive, Ann Arbor MI 48108
Website: www.nationalmssociety.org/Chapters/MIG/Ann-Arbor-MS-Support-Group
Phone: Jody (734) 663-0785
Toll Free: (866) 673-7436 peer support counselor
Services: Contact before attending Ann Arbor meeting the first time. National MS Society also offers support through telephone peer counselors and online discussion and support groups.
Hours: Mondays 7 - 8:30 pm (except legal holidays) now meeting virtually
Fees: No fee.

National Multiple Sclerosis Society - Michigan Support Groups and Discussions NEW !!
Website: www.nationalmssociety.org/Chapters/MIG/Groups-and-Discussions
Services: In-person, phone and virtual meetings.
Hours: Check listing of groups for days and times.
Fees: No fee.

OSTEOPOROSIS

Bone Health and Osteoporosis Foundation (BHOF) - Osteoporosis Online Support Community
Website: www.bonehealthandosteoporosis.org/osteoporosis-online-support-community/

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Services: Brings people with and affected by osteoporosis together online to share experiences and provide support for one another. Must use an existing Apple, Google or Facebook account or create online account with email address.
Hours: 24 Hours
Fees: No fee.

PARKINSON'S DISEASE

Michigan Parkinson Foundation
Website: www.parkinsonsmi.org/support-groups-directory/86-washtenaw
www.parkinsonsmi.org/support-groups-map (virtual group information)
Address: St. Luke Lutheran Church, 4205 Washtenaw Avenue, Ann Arbor MI 48108 (Park in back and enter through nearest door.)
Phone: Helen (734) 678-8328
Email: Diana Diana45@comcast.net
Services: Support groups for people with PD and their families.
Hours: 2nd Sunday 2 pm
Fees: No fee.

PULMONARY DISEASE

Michigan Medicine - Division of Pulmonary & Critical Care Medicine - Support Groups
Website: www.uofmhealth.org/pulmonary-and-critical-care-medicine-support-groups
Address: Michigan Medicine Pulmonary Rehabilitation Center, Suite 14, Burlington Office Center, 325 E. Eisenhower Parkway, Ann Arbor MI 48108
Email: lzaremba@med.umich.edu (Lori Flint)
Services: Support group opportunities for those with lung diseases and their caregivers.

- *Better Breathers Club* - 4th Tuesday (May-October) 2:30 - 4 pm
  - (734) 647-7840 or (734) 998-9686 or betterbreathersclub@med.umich.edu
  - Please bring supplemental oxygen tank(s) as they will not be provided.
- *Harmonica Club* - Tuesdays 10 am (734) 998-8723 ask for club director
  - Participants must purchase their own harmonicas.
- *Quest for Breath Idiopathic Pulmonary Fibrosis Support (IPF) Support Group* - 1st Tuesday 2 - 3:30 pm (Meets on Second Level, Burlington Office Center)
  - Please bring supplemental oxygen tank(s) as they will not be provided.

St. Joseph Mercy Ann Arbor - Breathers Club
Website: www.stjoeshealth.org/respiratory-and-cardiopulmonary-care/
Address: Towsley Health Building, 5361 McAuley Dr., Ypsilanti MI 48197
Phone: (734) (734) 593-5470
Services: Educational and support programs that can help reduce the impact of lung disease and improve breathing.
Hours: Call for information.
Fees: No fee.

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TRANSPORTATION - rev April 2021

AARP Ride@50+℠ - Washtenaw County
Website: feonix.aarp.org/washtenaw (multiple languages)
Toll Free: (844) 900-4892
Services: Helps find and book transportation for essential trips, like medical appointments and grocery stores. Scheduled and on-demand rides available. Book online, via phone or with the Feonix app for Android or iOS.
Hours: Monday - Friday 8:30 am - 6 pm phone support

Ann Arbor Area Transportation Authority (AAATA) - The Ride
Website: www.theride.org
Address: 2700 S. Industrial, Ann Arbor MI 48104
Phone: General (734) 973-6500 normal business hours
Route/Schedule Information (734) 996-0400
A-Ride & Senior Gold Ride - GoldRide ID card (734) 973-6500
Flex Ride: (734) 794-0377 or My Mode Car
Holiday and Late Night Ride (734) 528-5432
Toll Free: myride2 (866) 977-9423 MyRide Mobility Management Service
Fax: (734) 973-6338
TTY: (734) 973-6997
Online Live Chat: Yes, limited hours
Services: The AAATA provides bus service seven days a week on 34 routes serving Ann Arbor, Pittsfield Township, Ypsilanti, Ypsilanti Township, limited areas of Superior Township (SH and WCC), Chelsea, and Dexter.

- **A-Ride**: Wheelchair accessible transportation for disabled people unable to ride fixed-route buses; advance reservations needed. Serves Ann Arbor and selected other locations (Pittsfield, Superior & Ypsilanti townships) for a low fare. 8 am - 5:30 pm weekdays; 8 am - 5 pm weekends.
- **Fare Deal:** 30-day discounted passes for fixed routes based on income, age (60-64) or disability.
- **Fixed-Route Bus Service**: 65+ free with GoldRide ID or discounts with Fare Deal card
- **GoldRide**: Seniors citizens 65+ with an ID card issued by AAATA can ride free on regular fixed routes.
- **Flex Ride**: A shared-ride transportation service providing connections to TheRide's fixed-route bus system and to other destinations in the greater Ann Arbor and Ypsilanti area. (734) 794-0377 or My Mode Car
- **Holiday and Late Night Ride**: late-night, door-to-door services in the City of Ann Arbor and downtown Ypsilanti by contract with local cab company. Call for fares. Reservations by phone (734) 528-5432 or via MyModeCar
- **Michigan Flyer-Air Ride**: In addition to airport service for Ann Arbor, Brighton and East Lansing, provides transportation between Ann Arbor and Brighton as well as Ann Arbor and East Lansing on select routes. Motor coaches are wheelchair accessible. 24-hour advance reservations are recommended. (517) 333-0400 or online.
- **myride2** Connects seniors & adults with disabilities to rides within Washtenaw and surrounding counties. Provides transportation coordination to transit dependent individuals

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within Washtenaw County and to select locations in surrounding counties. Monday - Friday 8:30 am - 11:30 am & 12:30 pm - 5:30 pm 8 am - 4 pm **Toll Free** (866) 977-9423 (855) myride2 (697-4332) multilingual. 24 hour advance scheduling is recommended. Responds within two (2) business days.

- **Senior Grocery Ride:** Provides weekly trips from select senior housing communities for $.75 cents each way per person. (734) 973-6500

Fees: Based on services used.

Ann Arbor Community Center - Senior Ride Assist
Website: annarbor-communitycenter.org/services-seniors/
Phone: (734) 662-3128
Services: *Programs impacted due to Covid-19. Call for information.*
Hours: Call and leave message.
Fees: No fee.

Care Management by Natalie
Website: caremanagementbynatalie.com
Phone: (734) 224-4144
Email: info@cmbynatalie.com
Services: Outpatient transportation and companionship services for taking people to medical procedures when the patient needs a companion (e.g., colonoscopy). In addition to accompanying and staying, they will pick up prescriptions, and communicate with family about instructions.
Hours: Call for hours.
Fees: Currently (October 2022) $38/hour.

Care Transport
Website: www.caretransport.us
Address: 4180 Packard Road, Ann Arbor MI 48108
Phone: (734) 216-4231 dispatch **(**734) 434-6786 office
Fax : (734) 434-6782
Email: info@caretransport.us
Services: Provides non-emergency transportation services by car, mInivan, or wheelchair vans for ambulatory and wheelchair-bound persons. Wheelchair vans are equipped with lifts and raised roofs.
Hours: 24 Hours; call to schedule during regular business hours.
Fees: Charge per mile or flat rate; call for details. Accepts major credit cards and some automobile accident insurances.

Chelsea Community Ride
Website: www.ridethewavebus.org
Phone: (734) 475-9494
Services: Provides a free business district shuttle which can 'flex' between scheduled pickup points along the route to provide stops at the businesses of choice. W.A.V.E. policies and traffic conditions are considered when passengers request 'flex' stops.
Hours: Services provided 7 days a week. Phone Monday – Friday 9 am – 5 pm for information.
Fees: Free for Chelsea residents.

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D2A^2 Connecting Detroit and Ann Arbor - Regional Transit Authority of Southeast Michigan
Website: d2a2.com (available in multiple languages)
Address: D2A2 Blake Transit Center, 328 S. 5th Avenue, AA MI 48104
D2A2 Grand Circus Park,1508 Park Avenue, Detroit MI 48226
Phone: (517) 333-0400
Email: info@michflyer.com
Services: Express bus service between Detroit and Ann Arbor sponsored by the RTA and AAATA (The Ride; operated by Michigan Flyer). Wheelchair lift reservations available.
Hours: See schedule for Monday - Friday and Saturday - Sunday hours.
Fees: Reduced fares for seniors and the disabled with proof of age (65+) or disability id card.

Freedom Road Transportation
Website: freedomroadtransportation.org
Phone: (248) 232-1259
Fax: (248) 232-1242
Email: info@freedomroadtransportation.org
Services: Provides a volunteer driver program for those in need of transportation..Provides monetary incentives for volunteer drivers.
Hours: Call for information.
Fees: No fee.

Health Plus Transportation
Website: www.healthplustransport.com (in multiple languages)
Address: 124 Pearl Street, Suite 403, (PO BOX 972054) Ypsilanti MI 48197
Phone: (734) 547-7813
Fax: (734) 547-8293
Email: info@healthplustransport.com
Services: Provides non-emergency 24 hour transportation via wheelchair vans, mInivans and sedans for medical needs.
Hours: Services provided 24 Hours. Phone Monday – Friday 8 am – 5 pm or make reservations on website. Need a minimum of 3 hours notice.
Fees: Call for fee. Accepts most insurances, workman's compensation and private pay.

Huron Valley Ambulance - Non-Emergency Transports
(formerly ***Wheelchair Vans*** (*formerly* ***HVA Mobility Transportation***)
Website: www.emergenthealth.org/schedule-a-transport/
Address: 1200 State Circle, Ann Arbor MI 48108
Phone: (734) 994-4111 dispatch
Toll Free: (800) 872-1111
Services: Provides non-emergency medically-necessary ambulance transport within in Washtenaw parts of Western Wayne counties.
Hours: Monday - Friday 6 am - 8 pm Saturday and after-hours pickup available by appointment.
Fees: Call for fee.

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JFS Transportation Services (formerly **CareVan)**
Website: www.jfsannarbor.org/programs-services/transportation-services
Address: 2245 S. State Street, Ann Arbor MI 48104
Phone: (734) 769-0209 ext. 305
Fax: (734) 769-0224
TTY: 711
Email: info@jfsannarbor.org
Services: Provides rides within the Ann Arbor and Ypsilanti area to medical appointments, shopping, grocery stores, work, errands, and special events. Must be a JFS client and make reservations by phone during business hours 30 days to a minimum of one day in advance. May make appointments for recurring events.
Hours: Office, Monday - Thursday; 9 am - 5 pm; Fridays 9 am - 3 pm
Fees: Call for rates. Fees may be adjusted by the JFS Fee Review Committee to accommodate those who are unable to pay the full fee.

Kettles VA Medical Center (VA *Ann Arbor*) **- Veterans Transportation Service**
Website: www.va.gov/ann-arbor-health-care/dav-vans-transportation-for-veterans/
Phone: (734) 222-7145
Services: Assists Veterans (both inpatients and outpatients) with transportation needs to appointments**.** Must schedule by 4 pm the day prior to an appointment. Available to qualified veterans, caregivers, family and guests.
Hours: 5:30 am - 6:30 pm dispatch or leave voicemail
Fees: No fee.

Manchester Area Senior Citizens Council, Inc.
Website: www.facebook.com/groups/manchesterseniors
Address: 410 City Road, (PO BOX 31) Manchester MI 48158
Phone: (734) 385-6308
Meals/Transportation
Email: mascc2019@yahoo.com
Services: Transportation is available to medical appointments and to meals. Meals available Tuesdays and Thursdays for adults age 55+.
Fees: Call for rates. Vouchers may be available from the Community Resource Center by calling (734) 428-7722 before scheduling an appointment.

MedSync Transportation & Services
Website: www.medsynctransportation.com
Address: 2035 Hogback Road, Suite 103, Ann Arbor MI 48105
Phone: (734) 646-8846 24 Hours
Fax: (877) 474-5065
Email: contact@medsts.com
Services: Provides non-emergency transportation for seniors, the disabled and those in wheelchairs in Ann Arbor, Metro Detroit, and Ypsilanti and extended transportation to the entire state of Michigan and neighboring states. Also has accompaniment service. Service for trips from 200-500 miles must be scheduled 36 hours In advance.
Hours: Service provided & phones answered 24 Hours, including federal holidays.

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Fees: Fees are flexible. Insurance accepted. Call for fares.

Michigan Transportation Services, Inc. (MTS)
Website: www.michigantransportation.com
Address: PO Box 1118, Novi MI 48375
Toll Free: (877) 777-7900
Fax: (517) 552-1194
Email: customerservice@michigantransportation.com
Services: Provides non-emergency transportation in Washtenaw and adjoining counties for ambulatory and non-ambulatory individuals in sedans and wheelchair vans. Local and long distance door-to-door services available. Guarantees transportation with 24 hour notice; same day requests may be fulfilled.
Hours: Office Monday – Friday 8 am – 5 pm; Transportation services available 24 Hours
Fees: Accepts most major insurances and worker's compensation plus private pay. Call for fees.

Milan Seniors for Healthy Living - Transportation
Website: milanseniors.org/home/transportation
Address: 45 Neckel Court MIlan MI 48160
Phone: (734) 508-6229
Text: (734) 508-2739
Fax: (734) 439-4315
Email: mshl@milanseniors.org
Services: Transportation services for persons 50+ in the 48160 zip code. Uses wheelchair accessible vehicles.
Hours: Monday - Friday 7:30 am - 4 pm; closed federal holidays and for extreme weather
Fees: Visit the website for the current fees.

myride2
Website: www.myride2.com (multiple languages)
Toll Free: (855) myride2 (697-4332) also multilingual
Services: Provides telephone support and online information on finding transportation resources, continuing to drive safely, and how to use public transportation to seniors and adults with disabilities. Serves Washtenaw and other southeast Michigan counties, Developed by Area Agency on Aging 1-B.
Hours: Monday - Friday 8 am - 4 pm Leave message for call back within two (2) business days
Fees: No charge for assistance; usual fees for transportation.

Partners in Care Concierge (PiCC) - Jewish Family Services ***Suspended due to COVID***
Website: jfspartnersincare.org
Address: 2245 S. State Street, Suite 200, Ann Arbor MI 48104
Phone: (734) 769-0209
Fax: (734) 769-0224
Email: partnersincare@jfsannarbor.org
Services: Medical appointment accompaniment service by and transportation with trained volunteer partners for older adults. Wheelchair accessible transportation provided.
Hours: Monday - Thursday 9 am - 5 pm; Fridays 9 am - 3 pm
Fees: Call for rates.

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People's Express (PEX)
Website: www.peoplesexpressmi.com
Address: 10 Jennings Road, Whitmore Lake MI 48189
Phone: (877) 214-6073 Reservation Line
Fax: (734) 449-0840
Services: Transports seniors or those with special needs door-to-door to locations within Washtenaw County that are not part of Ann Arbor Area Transit Authority (AAATA) fixed routes. Provides residents of greater Ann Arbor and Northern Washtenaw County with medical, work, educational, and personal rides. Grants are sometimes available for low income residents. Wheelchair accessible, aides ride free with the client. Must make reservations 3 days ahead. No weekend service. Call between the hours of 10 am - 7 pm for scheduling.
Hours: Monday – Friday 8 am - 5 pm; closed on select holidays.
Fees: Call for fee.

People's Express (PEX) - Saline
Website: peoplesexpressmi.com/transportation-services
Phone: (877) 214-6073 Reservation Line
Fax: (734) 449-0840
Services: Transports residents of Saline to locations within the City of Saline and to certain destinations in Ann Arbor and Ypsilanti. Must make reservations 30 hours ahead. No weekend service. Call between the hours of 10 am - 2 pm for scheduling.
Hours: Monday – Friday 8 am - 5 pm; closed on holidays.
Fees: The fare for seniors and persons with disabilities is $2.00 for one-way trips within the City and to select nearby destinations. Fares for out of town trips vary with the destination.

Reliable Home Care, LLC
Website: www.reliablecarea2.com/
Address: 2723 S. State Street, Suite 150, Ann Arbor MI 48104
Phone: (734) 395-7887 24 Hours
Email: rhcareinyourhome@aol.com
Services: Call for information.
Hours: Call 24 Hours for information.
Fees: Call for information.

Safeway Medical Transportation
Website: safeway-medical-transport.business.site
Address: 2111 Golfside Road, Ypsilanti MI 48197
Phone: (313) 312-4771
Services: Non-emergency services include one way, after hours, weekends and holidays. Serves Washtenaw, Jackson, Livingston, Oakland, Macomb, St. Clair, Wayne, Monroe & surrounding areas as requested. Has wheelchair transport, van services.
Hours: Monday - Friday 7 am - 8 pm ; Saturdays & Sundays 7 am - 5 pm (office)
Fees: Call for fees.

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There & Back Transportation
Website: www.thereandbacktransportation.com
Address: 1828 E. Michigan Avenue, Ypsilanti MI 48198
Phone: (734) 686-7300
Fax: (734) 905-7106
Email: thereandback60@gmail.com
Services: Provides non-emergency medical transportation and other transportation services including airport, casinos, business appointments, and special events. Offers wheelchair transport.
Hours: Monday - Friday 9 am - 5 pm Office
Fees: Call for fees.

Western-Washtenaw Area Value Express (WAVE)
Website: www.ridethewavebus.org
Phone: (734) 475-9494 Dispatch: 8 am - 4:15 pm
Services:

- Provides affordable transportation to everyone in need**.**
- Door-to-Door service in the Chelsea area and the Dexter school district. Call in advance for this service.
- ***Community Connector*** (inter-urban express route) goes to AAATA transfer stop at Meijer on Jackson/Zeeb Road in Ann Arbor. Wheelchair lifts or ramps are available. Hop-On ride service; no reservations needed.
- ***LifeLine Community Van Service*** is available to residents of western Washtenaw County. May be used for medical appointments, grocery shopping, pharmacy visits or general shopping. Reservations needed.

Hours: Door to door services: Monday – Friday 8 am – 4:30 pm; Community Connector Bus Service: call for schedule.
Fees: Dependent upon distance and service. Personal care attendants ride free. Discounts are available for those under 60, seniors, the disabled and students.

COMMERCIAL RIDE-SHARING & CAR-SHARING SERVICES

GoGoGrandparent
Website: GoGoGrandparent.com
Phone: (855) 464-6872 or (855) GoGo-USA 24 Hours
Services: Via the Transportation Network Companies, use Lyft or Uber via a touch-tone telephone or voice commands for rides up to 100 miles in any direction. Smartphone optional. Allows advanced and recurring scheduled reservations. Provides updates to designated person/s via text messages.
Hours: 24 Hours
Fees: Optional monthly membership fee. Concierge fee for members $0.27/minute in addition to Lyft or Uber fees. Cancellation and no-show fees apply. Up to 4 passengers at no additional cost.

Lyft
Website: www.lyft.com or ride.lyft.com or Android or iOS app
Services: Offers standard (up to 4 riders), economy/shared (4 riders), luxury (high-end vehicle seating 4) or extra seating (XL for 6 riders) options for rides up to 100 miles in the Ann Arbor area,

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including the airport. May schedule rides hours ahead of time and up to 7 days in advance. Riders must have an account with an email address and phone number. Some locations offer rentals of autos, bikes or scooters. Access Mode service sends an accessible vehicle to the user. Apps compatible with smartphone voice features.
Hours: 24 Hours.
Fees: Fees vary by level of service, distance, traffic and demand. Offers a monthly Smart Savings Plan subscription. Payment via the app only which can be linked to major credit cards, debit cards, prepaid cards and PayPal, Apple Pay or Google Pay, Venmo or checking account. Cancellation fees may apply.

MyModeCar.com
Website: mymodecar.com
Phone: (734) 707-9707
Services: Allows on demand and advanced reservations booking for transportation services in the Ann Arbor and Ypsilanti area. Uniformed drivers undergo background checks. Includes service to and from the airport (DTW) and medical transportation plus others.
Hours: 24 hour dispatch
Fees: Vary by destination. All major credit cards accepted.

Obi (formerly **Bellhop**)
Website: www.rideobi.com for information; must use Android or iOS app
Services: Smartphone app for comparing prices of ride sharing services including bikes and scooters (where available). Filter allows viewing of wheelchair accessible vehicles.
Hours: 24 Hours
Fees: No fee. Regular fees apply for using Lyft, Uber, etc.

RideGuru
Website: RideGuru or Android or iOS app
Services: Price comparison tool gives accurate fare estimates and ride hailing information for companies such as Uber and Lyft or a traditional taxi or limo service. Site has general information on ride sharing and a forum for users to exchange information.
Hours: 24 Hours
Fees: No fee. Regular fees apply for using Lyft, Uber, etc.

Turo
Website: turo.com
Services: Search this car sharing marketplace for the geographic area desired – home or away, for available rentals. Results can be sorted in various ways; and it's easy to browse by make, category, or destination. Three levels of insurance available, each with liability. 24/7 roadside assistance. Full refunds with 24 hour advance cancellation.
Hours: 24 Hours
Fees: As quoted by host.

Uber
Website: www.Uber.com or Android or iOS app (also Español)
Services: Matches riders with independent drivers for local rides with up to 2 extra stops. May schedule rides 5 minutes to 30 days ahead of time. Riders must have an account with an email address and phone number. Offers Assist vehicle options for those who require additional assistance

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such as seniors or the physically disabled. UberWav program offers Wheelchair Accessible Vehicles. App does not require audio and is easy to use by deaf passengers. Those with low vision should enable smartphone voice services or use the wireless braille display.
Hours: 24 Hours
Fees: Fees vary depending on duration, distance, time and demand. Payment via credit or debit card, Uber Cash balance, PayPal or Venmo. Cancellation fees may apply.

UpHail
Website: UpHail.com or via Android or iOS app
Services: A web tool or smartphone app which compares ride-sharing services Lyft, Uber and taxicabs (where each is available) and provides fare estimate and availability for residents of Dexter, Chelsea, Manchester, MIlan, and Saline as well as Ann Arbor and Ypsilanti. No registration or login required for using the web site. Clicking on "Book It" goes to Lyft or Uber websites where an account is needed.
Hours: 24 Hours
Fees: No fee. Regular fees apply for using Lyft, Uber, etc.

ZipCar
Website: ZipCar.com for information; must use Android or iOS app
Services: Access hourly, daily, weekly (14 day) car rentals available mostly on UM North and Central Campuses with a few locations downtown. Vehicle must be returned to home location. Booking available through website or smartphone app. Account and smartphone app required.
Hours: 24 Hours
Fees: $25 non-refundable application fee; monthly or yearly membership fee. Hourly or daily rates; $0.58 per mile after 180 included miles per 24 hours; complimentary gas card; insurance included for members ($1,000 deductible).

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VOLUNTEER AND EMPLOYMENT OPPORTUNITIES - rev February 2022

Center for Workforce Inclusion (formerly ***Senior Service America*****)**
Website: https://www.centerforworkforceinclusion.org
Address: 8403 Colesville Road, Suite 200, Silver Spring MD 20910
Note: Has an office in Michigan
Phone: (301) 578-8900
Email: contact@workforceinclusion.org
Services: The Center's Inclusion programs empower older workers and assist cities and employers, creating a wide-ranging positive economic impact. Programs exist to serve low-income, older job seekers with a focus on communities who have been traditionally underserved by workforce programs such as Veterans, women, and job seekers who were formerly incarcerated.
Hours: Regular business hours.
Fees: **?? JM emailed on 10/30 using webform**

Jewish Family Services of Washtenaw County
Website: jfsannarbor.org/programs-services-old/employment-economic-empowerment/
Address: 2245 S. State Street, Suite 200, Ann Arbor MI 48104
Phone: (734) 769-0209
Email: info@jfsannarbor.org
Services: Assists English and non-English speakers with employment searches, job readiness and resume preparation. Offers refugee assistance for employment and business development. Matched savings program available for educational / training goals.
Hours: Monday - Thursday 9 am - 5 pm; Fridays 9 am - 3 pm
Fees: Many services free, others based on ability to pay.

Michigan Works SE - Washtenaw Service Center (formerly ***E.T.C.S.*****)**
Website: Workshop Registration www.mwse.org
Address: 304 Harriet Street, Ypsilanti MI 48197
Phone: (734) 714-9814
Toll Free: (800) 285-WORK (9675)
TTY: 711
Services: Provides job search assistance; access to computers, copier, telephone and fax services. Website offers a jobs database, workshop registration, and a link to Adult Education information.
Hours: Mondays, Wednesdays, Thursdays and Friday: 8 am - 5 pm; Tuesdays 8 am- 7 pm
Fees: No fee.

National Experienced Workforce Solutions (NewSolutions) (formerly ***National Older Worker Career Center***)
Website: newsolutions.org
Address: 3811 N. Fairfax Drive, Suite 900, Arlington VA 22203
Phone: (703) 558-4200

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Services: This non-profit organization administers the Agriculture Conservation Experienced Services (ACES) Program for the Natural Resources Conservation Service (NRCS) and for U.S. Forest Service (USFS) of the U.S. Department of Agriculture: the Senior Environmental Employment (SEE) Program for the Environmental Protection Agency (EPA); Senior Community Service Employment Program (SCSEP) in partnership with the AARP Foundation for U.S. Department of Labor and the Experienced Service Program (ESP) for the Bureau of Land Management (BLM) and the National Park Service (NPS) and the Fish & Wildlife Services (FWS) of the U.S. Department of the Interior, as well as for the Economic Research Service (ERS), National Agricultural Statistics Service (NASS), and Agricultural Research Service (ARS) of the U.S. Department of Agriculture.
Hours: Normal business hours.
Fees: Call for fees.

RSVP (Retired and Senior Volunteer Program) - Catholic Social Services of Washtenaw County
Website: csswashtenaw.org/seniors/rsvp-senior-volunteer-program/
Address: Senior Center, 5361 McAuley Drive, PO Box 995, Ann Arbor MI 48106
Phone: (734) 971-9781 press 8
Email: rsvp@csswashtenaw.org
Services: Matches people 55+ with Washtenaw County non-profit agencies who need volunteers. Also known as AmeriCorps Seniors.
Hours: Call for hours.
Fees: No fee. Donations are welcome.

Senior Community Service Employment Program (SCSEP) - AARP Foundation
Website: www.aarp.org/aarp-foundation/our-work/income/scsep/
Address: 15100 Northline, Suite 157, Southgate MI 48195
Phone: (734) 281-2470
Toll Free: (855) 850-2525 (national)
Services: Program helps people 55+ who meet income guidelines find work at nonprofit and public agencies to improve work skills. Links to job-seeking tools, job sites, plus computer and typing tutorials. Must be registered with Michigan Works, have a current resume, and not be employed. Also links to Volunteer Opportunities (searchable by zip code), Experience Corps (tutoring K-3 students who are struggling to read) and the Tax Aide program. May also access via
Center for Workforce Inclusion
National Asian Pacific Center on Aging (NAPCA)
National Caucus and Center on Black Aged, Inc. (NCBA)
National Older Worker Career Center, Inc. (NOWCC)
Hours: Monday - Friday 9 am - 6 pm
Fees: No fee.

Senior Environmental Employment Program (SEEP) - Environmental Protection Agency
Website: www.epa.gov/careers/senior-environmental-employment-see-program
Services: Provides paid temporary, part-time and full-time positions. These are clerical, technical and professional positions, with benefits, for seniors 55+. Jobs are accessed via organizations that administer the SEE program:
- Center for Workforce Inclusion
- National Association for Hispanic Elderly (ANPPM)
- National Asian Pacific Center on Aging (NAPCA)
  National Caucus and Center on Black Aged, Inc. (NCBA)

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- National Older Worker Career Center, Inc. (NOWCC)

Volunteer Center - United Way of Washtenaw County
Website: www.volunteerwashtenaw.org
Address: 2305 Platt Road, Ann Arbor MI 48104
Phone: (734) 707-5381 (734) 971-8200 main line
Fax: (734) 971-6230
Email: volunteer@uwwashtenaw.orgw
Services: Potential volunteers can search by interest or specific words, browse by interest or type of service, or see agencies' volunteer needs.
Hours: Website 24 Hours Office Monday - Friday 8 am - 4:30 pm
Fees: No fee.

VolunteerMatch
Website: www.volunteermatch.org
Services: A database of opportunities available locally or virtually. Define skills and areas of interest to search. Create free account to save information for future searches.
Hours: 24 Hours
Fees: No fee.

Washtenaw County - Foster Grandparent Program
Website: www.washtenaw.org/782/Foster-Grandparent-Program (multiple languages)
Address: 415 W. Michigan Ave, PO Box 915, Ypsilanti, MI 48197
Phone: (734) 544-3040 Program Specialist
Services: Matches low-income adults 60+ with youth in various settings for 20 hours/week. The foster grandparent acts as role model, mentor and friend; s/he engages the youth in activities that develop literacy and provide emotional support. Volunteers receive a monthly stipend, transportation assistance, meals while on duty, and a free annual medical checkup.
Hours: Monday - Friday 8:30 am - 5 pm
Fees: No fee.

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